

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>1-Aug</p> <p>Chicken Parmesan 1/2c. Rotini Pasta 1c. Tossed Salad w/tomato Italian Bread 1/2c. Sliced Peaches</p> <p>Alt: Tuna Salad</p>	<p>2-Aug</p> <p>Swiss Steak w/Gravy 1/2c. Mashed Potatoes 1/2c. Sliced Carrots White Bread Sugar Cookie</p> <p>Alt: Chicken Salad</p>	<p>3-Aug</p> <p>Club Sandwich (Ham, Turkey, Cheese) Lettuce, Slice Tomato 1 c. Creamy Cauliflower Soup w/crackers 2- White Bread & Fresh Fruit</p> <p>Alt: Cottage Cheese</p>	<p>4-Aug</p> <p>Potato Crusted Fish 1/2c. Macaroni & Cheese 1/2c. Stewed Tomatoes Wheat Bread 1/2c. Pineapples & Oranges</p> <p>Alt: Ham and Cheese</p>	
<p>7-Aug</p> <p>Baked Lemon Pepper Chicken Thigh w/gravy 1/2c. Wild Rice 1/2c. Lima Beans Wheat Bread 1/2c. Apricots</p> <p>Alt: Tuna Salad</p>	<p>8-Aug</p> <p>Meatball Sandwich w/sauce & cheese 1/2c. Seasoned Redskins 1/2c. Mixed Bean Medley Sub Roll Brownie</p> <p>Alt: Egg Salad</p>	<p>9-Aug</p> <p>Roasted Turkey w/gravy 1/2c. Mashed Potatoes 1/2c. Peas & Carrots Wheat Bread 1/2c. Vanilla Ice Cream</p> <p>Alt: Liverwurst</p>	<p>10-Aug</p> <p>Chef Salad (Ham, Turkey, Cheese, & Egg) 1 c. Wedding Soup w/crackers Breadstick 1/2c. Sliced Pears</p> <p>Alt: Grilled Cheese</p>	<p>11-Aug</p> <p>BBQ Beef Ribette 1/2c. Sweet Potato Bites 1/2c. Mixed Vegetables Buttermilk Biscuit Fresh Fruit</p> <p>Alt: Cottage Cheese</p>
<p>14-Aug</p> <p>Crab Cake 1/2c. Buttered Noodles 1/2c. Italian Beans Wheat Bread 1/2c. Pineapple Tidbits</p> <p>Alt: Chef Salad</p>	<p>15-Aug</p> <p>Hot Roast Beef Dinner w/Gravy 1/2c. Whipped Potatoes 1/2 c. Mixed Vegetables White Bread 1/2c. Applesauce</p> <p>Alt: Grilled Cheese</p>	<p>16-Aug</p> <p>August Birthdays Chicken Florentine 1/2c. Penne Pasta 1 c. Tossed Salad w/tomato Breadstick Birthday Cake & Ice Cream</p> <p>Alt: Egg Salad</p>	<p>17-Aug</p> <p>Baked Sweet Sausage w/Peppers & Sauce 1/2c. Parsley Potatoes 1/2c. Green Beans Sub Roll Sugar Cookie</p> <p>Alt: Turkey and Cheese</p>	<p>18-Aug</p> <p>Salisbury Steak w/gravy Baked Potato 1/2c. Coleslaw Wheat Bread 1/2c. Mixed Fruit Salad</p> <p>Alt: Liverwurst</p>
<p>21-Aug</p> <p>Kielbasa w/2 T. Sauerkraut 1/2c. Mashed Potatoes 1/2c. Sweet Corn Hotdog Roll Brownie</p> <p>Alt: Grilled Chese</p>	<p>22-Aug</p> <p>Southwestern Chicken Wrap (Chicken, Cheese, Pimento, Mayo, lettuce, tomato) 1 c. Vegetable Barley Soup Tortilla Shell/Wrap 1/2c. Apricots</p> <p>Alt: Liverwurst</p>	<p>23-Aug</p> <p>Breaded Lemon Pepper Pollock 1/2c. Blended Rice Pilaf 1/2c. Sweet & Sour Coleslaw White Bread 1/2c. Diced Peaches</p> <p>Alt: Turkey and Cheese</p>	<p>24-Aug</p> <p>Meatloaf w/gravy 1/2c. Mashed Potatoes 1/2c. Peas & Carrots Wheat Bread 1/2c. Sherbet</p> <p>Alt: Egg Salad</p>	<p>25-Aug</p> <p>Spaghetti & Meatballs(3) 1/2c. Pasta w/sauce 1 c. Tossed Salad w/tomato Italian Bread 1/2c. Blushed Pears</p> <p>Alt: Tuna Salad</p>
<p>28-Aug</p> <p>Chicken Marsala 1/2c. Garlic & Parmesan Pasta 1/2c. Crinkle Cut Carrots White Bread 1/2c. Pineapple Delight</p> <p>Alt: Ham and Cheese</p>	<p>29-Aug</p> <p>Cheeseburger w/lettuce & tomato 1 c. Creamy Potato Soup Hamburger Roll 1/2c. Applesauce</p> <p>Alt: Cottage Cheese</p>	<p>30-Aug</p> <p>BBQ Chicken Breast Oven Roasted Potatoes 1/2c. Coleslaw Wheat Bread Mixed Fruit Salad</p> <p>Alt: Tuna Salad</p>	<p>31-Aug</p> <p>Baked Ham Slice w/fruit Sauce 1/2c. Mashed Potatoes w/Chives 1/2c. Summer Beet Salad Wheat Bread 1/2c. Chocolate Pudding</p> <p>Alt: Chef Salad</p>	 <p>*All Menus Subject to Change</p>