

OCTOBER 2017 ACTIVITIES CALENDAR

ROVER TRANSPORTATION AVAILABLE \$ 1.00 EACH WAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 9-10 Stretch & Flex 9:30 and 10:30 Exer w/Mary 9:30 Coffee Hour 9-12 Scrabble & Games 10:30 Funny Stories w/Mark Pinto 12:45 Trivia w/Rite Aid 1:00 Pinochle & Cards</p>	<p>3 8:00 Breakfast 9-12 Scrabble & Games 9:30 Coffee Hour 9-2:30 Mah Jongg 12:45 Senior Stitchers 1:00 Pinochle & Cards 1:30 <u>Grief Counseling</u></p>	<p>4 9:00 Current Events w/Gene Grubbs 9-10 Stretch & Flex 9-12 Scrabble & Games 9:30 and 10:30 Exer w/Mary 9:30 Coffee Hour 9-2:30 Mah Jongg 10:00 Blood Pressure 11-12 Senator Dinniman's Rep 1:00 Pinochle & Cards</p>	<p>5 8:00 Breakfast 9-12 Scrabble & Games 9:30 Coffee Hour 10-2PM Duplicate Bridge 10:00 Blood Pressure 10:00 Rick Steves' Germany & Scandinavia Part 1 12:45 LCR/W Maryanne 1:00 Pinochle & Cards</p>	<p>6 8:00 Breakfast 8-10 Blood Pressure 9-2:30 Scrabble & Games 9:30 Coffee Hour 9:30 and 10:30 Exer w/Mary 9:45 Friday Movie Series-O Brother, Where Art Thou? 10:00 Art Class 1:00 Pinochle & Cards 1:00 Choir</p>
<p>9 9-10 Stretch & Flex 9:30 and 10:30 Exer w/Mary 9:30 Coffee Hour 9-12 Scrabble & Games 12:45 Balance & Vertigo Presentation - Valley Forge Towers Physical Therapy 1:00 Pinochle & Cards</p>	<p>10 8:00 Breakfast 9-12 Scrabble & Games 9:30 Coffee Hour 9-2:30 Mah Jongg 10:00 Art on Canvas 12:45 Bingo w/Jose from Samaritan's at Last 1:00 Pinochle & Cards</p>	<p>11 9-10 Stretch & Flex 9:00 Current Events w/Gene Grubbs 9:30 and 10:30 Exer w/Mary 9-12 Scrabble & Games 9:30-Coffee Hour 1:00 Pinochle & Cards</p>	<p>12 8:00 Breakfast 9-12 Scrabble & Games 9:30 Coffee Hour 10-2PM Duplicate Bridge 10:00 Blood Pressure 10:00 Rick Steves' Germany & Scandinavia Part 2 12:45 LCR/W Maryanne 1:00 Pinochle & Cards</p>	<p>13 8:00 Breakfast 8-10 Blood Pressure 9-2:30 Scrabble & Games 9:30 and 10:30 Exer w/Mary 9:30 Coffee Hour 9:45 Friday Movie Series-The Patriot 10:00 Art Class 12:45 The Myth of Hospice 1:00 Pinochle & Cards 1:00 Choir</p>
<p>16 9-10 Stretch & Flex 9:30 and 10:30 Exer w/Mary 9:30 Coffee Hour 9-12 Scrabble & Games 1:00 Pinochle & Cards</p>	<p>17 8:00 Breakfast 9-12 Scrabble & Games 9-2:30 Mah Jongg 9:30 Coffee Hour 10:30 Movie Day-Hidden Figures 12:45 Senior Stitchers 1:00 Pinochle Party</p>	<p>18 OCTOBER BIRTHDAY SOCIAL 9:00 Current Events w/Gene Grubbs 9-10 Stretch & Flex 9:30 and 10:30 Exer w/Mary 9-12 Scrabble & Games 9:30 Coffee Hour 10:00 Blood Pressure 12:45 Live Entertainment-Singer J.T. Trinacria 1:00 Pinochle & Cards</p>	<p>19 CENTER CLOSED SPACHETTI DINNER</p>	<p>20 8:00 Breakfast 8-10 Blood Pressure 9-2:30 Scrabble & Games 9:30 Coffee Hour 9:30 and 10:30 Exer w/Mary 9:45 Friday Movie Series-Runaway Jury 10:00 Art Class 1:00 Pinochle & Cards 1:00 Choir</p>
<p>23 9-10 Stretch & Flex 9:30 and 10:30 Exer w/Mary 9:30 Coffee Hour 9-12 Scrabble & Games 1:00 Pinochle & Cards</p>	<p>24 8:00 Breakfast 9-12 Scrabble & Games 9-2:30 Mah Jongg 9:30 Coffee Hour 1:00 Nickel Bingo 1:00 Pinochle & Cards</p>	<p>25 9:00 Current Events w/Gene Grubbs 9-10 Stretch & Flex 9:30 and 10:30 Exer w/Mary 9-12 Scrabble & Games 9:30 Coffee Hour 12:45 Halloween Craft 1:00 Pinochle & Cards</p>	<p>26 8:00 Breakfast 9-12 Scrabble & Games 9:30 Coffee Hour 10:00 Blood Pressure 10-2 Duplicate Bridge 12:45 LCR w/Maryanne 1:00 Pinochle & Cards</p>	<p>27 OKTOBERFEST 8:00 Breakfast 8-10 Blood Pressure 9-2:30 Scrabble & Games 9:30 and 10:30 Exer w/Mary 9:30 Coffee Hour 9:45 Friday Movie Series-The Man in the Iron Mask 10:00 Art Class 12:45 Lukens Band 1:00 Pinochle & Cards 1:00 Choir</p>
<p>30 9-10 Stretch & Flex 9:30 and 10:30 Exer w/Mary 9:30 Coffee Hour 9-12 Scrabble & Games 1:00 Pinochle & Cards 1:00 Wii Bowling</p>	<p>31 8:00 Breakfast 9-12 Scrabble & Games 9-2:30 Mah Jongg 9:30 Coffee Hour 12:45 Halloween Table Treat & Costume Contest 1:00 Pinochle & Cards</p>			