

August 2017 ACTIVITIES CALENDAR

5ROVER TRANSPORTATION AVAILABLE \$ 1.00 EACH WAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1 8:00 Breakfast 9-12 Scrabble & Games 9:30 Coffee Hour 9-2:30 Mah Jongg 1:00 Pinochle & Cards 1:00 <u>Grief Counseling</u></p>	<p>2 9-10 Stretch & Flex 9-12 Scrabble & Games 9:30-Coffee Hour 10:00 Blood Pressure 11-1 <u>Septa ID – Sponsored by Senator Dinniman</u> 1:00 National Coloring Book Day 1:00 Pinochle & Cards</p>	<p>3 8:00 Breakfast 9-12 Scrabble & Games 9:30 Coffee Hour 10-2PM Duplicate Bridge 12:45 LCR/ Maryanne 1:00 Pinochle & Cards</p>	<p>4 8:00 Breakfast 8-10 Blood Pressure 9-2:30 Scrabble & Games 9:30/10:30 Exer w/Mary 9:30 Coffee Hour 10:30 Friday Movie Series-West Wing 1:00 Pinochle & Cards 1:00 Bright Star Care Seminar-Nancy Hogan</p>
<p>7 9-10 Stretch & Flex 9:30/10:30 Exer w/Mary 9:30 Coffee Hour 9-12 Scrabble & Games 10:30 <u>Library Bingo w/Mark Pinto</u> 1:00 National Root Beer Float Day 1:00 Pinochle & Cards</p>	<p>8 8:00 Breakfast 9-12 Scrabble & Games 9:30 Coffee Hour 9-2:30 Mah Jongg 10:00 Art on Canvas 1:00 Pinochle & Cards</p>	<p>9 9-10 Stretch & Flex 9:30/10:30 Exer w/Mary 9-12 Scrabble & Games 9:30-Coffee Hour 1:00 Classical Homeopathy 1:00 Pinochle & Cards</p>	<p>10 8:00 Breakfast 9-12 Scrabble & Games 9:30 Coffee Hour 10-2PM Duplicate Bridge 10:00 Blood Pressure 12:45 LCR/W Maryanne 1:00 Pinochle & Cards</p>	<p>11 8:00 Breakfast 8-10 Blood Pressure 9-2:30 Scrabble & Games 9:30/10:30 Exer w/Mary 9:30 Coffee Hour 10:30 Friday Movie Series-West Wing 12:45 National Bowling Day Wii Bowling 1:00 Pinochle & Cards</p>
<p>14 9-10 Stretch & Flex 9:30/10:30 Exer w/Mary 9:30 Coffee Hour 9-12 Scrabble & Games 1:00 <u>Mill Grove -Owl Presentation</u> 1:00 Pinochle & Cards</p>	<p>15 8:00 Breakfast 9-12 Scrabble & Games 9-2:30 Mah Jongg 9:30 Coffee Hour 10:30- Movie Day- A Dog's Purpose 12:45 National Relaxation Day – Hand Massages 1:00 Pinochle & Cards</p>	<p>16 <u>AUGUST BIRTHDAY SOCIAL</u> 9-10 Stretch & Flex 9:30/10:30 Exer w/Mary 9-12 Scrabble & Games 9:30 Coffee Hour 10:00 Blood Pressure 10:30 Health Seminar with Linda 12:00 Birthday sponsored by Lisa Prince 12:45 <u>Entertainment by Dean Garofalo</u> 1:00 Pinochle & Cards</p>	<p>17 8:00 Breakfast 9-12 Scrabble & Games 9:30 Coffee Hour 10-2PM Duplicate Bridge 12:45 Phoenixville Care and Rehab Afternoon Games 1:00 Pinochle & Cards</p>	<p>18 8:00 Breakfast 8-10 Blood Pressure 9-2 :30 Scrabble & Games 9:30 Coffee Hour 9:30/10:30 Exer w/Mary 10:30 Friday Movie Series-West Wing 1:00 Optical Presentation – Cataracts and Macular Degeneration 1:00 Pinochle & Cards</p>
<p>21 9-10 Stretch & Flex 9:30/10:30 Exer w/Mary 9:30 Coffee Hour 9-12 Scrabble & Games 1:00 Skuylkill Heritage Center 1:00 Pinochle & Cards</p>	<p>22 8:00 Breakfast 9-10 <u>Current Events Forum with Gene Grubb</u> 9-12 Scrabble & Games 9-2:30 Mah Jongg 9:30 Coffee Hour 1:00 Pinochle & Cards</p>	<p>23 9-10 Stretch & Flex 9:30/10:30 Exer w/Mary 9-12 Scrabble & Games 9:30 Coffee Hour 12:30 Allergy Seminar 1:00 Trivia w/Rite Aid 1:00 Pinochle & Cards</p>	<p>24 8:00 Breakfast 9-12 Scrabble & Games 9:30 Coffee Hour 10:00 Blood Pressure 10-2PM Duplicate Bridge 12:45 LCR/ W Maryanne 1:00 Pinochle & Cards</p>	<p>25 8:00 Breakfast 8-10 Blood Pressure 9-2:30 Scrabble & Games 9:30/10:30 Exer w/Mary 9:30 Coffee Hour 10:30 Friday Movie Series-West Wing 1:00 Watermelon Carving 1:00 Pinochle & Cards</p>
<p>28 9-10 Stretch & Flex 9:30/10:30 Exer w/Mary 9:30 Coffee Hour 9-12 Scrabble & Games 1:00 Pinochle & Cards</p>	<p>29 8:00 Breakfast 9-12 Scrabble & Games 9-2:30 Mah Jongg 9:30 Coffee Hour 1:00 Pinochle & Cards 1:00 Game of Cards</p>	<p>30 9-10 Stretch & Flex 9:30/10:30 Exer w/Mary 9-12 Scrabble & Games 9:30 Coffee Hour 1:00 Pinochle & Cards</p>	<p>31 8:00 Breakfast 9-12 Scrabble & Games 9:30 Coffee Hour 10:00 Blood Pressure 10-2PM Duplicate Bridge 12:45 <u>Kara/Exton Senior Living</u> 1:00 Pinochle & Cards</p>	