

July 2017 ACTIVITIES CALENDAR

5ROVER TRANSPORTATION AVAILABLE \$ 1.00 EACH WAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>CENTER CLOSED (July 4th Holiday)</p>	<p>4</p> <p>CENTER CLOSED (July 4th Holiday)</p>	<p>5</p> <p>9-10 Stretch & Flex 9:30/10:30 Exer w/Mary 9-12 Scrabble & Games 9:30-Coffee Hour 11:00 <u>Senator Dinniman's Rep</u> 1:00 <u>Hospice Care Seminar</u> 1:00 Pinochle & Cards</p>	<p>6</p> <p>8:00 Breakfast 9-12 Scrabble & Cards 9:30 Coffee Hour 10-2PM Duplicate Bridge 12:45 LCR/ Maryanne 1:00 Pinochle & Cards</p>	<p>7</p> <p>8:00 Breakfast 8-10 Blood Pressure 9-2:30 Scrabble & Games 9:30 Coffee Hour 10:30 Friday Movie Series-Head Over Heels 1:00 Pinochle & Cards</p>
<p>10</p> <p>9-10 Stretch & Flex 9:30/10:30 Exer w/Mary 9:30 Coffee Hour 9-12 Scrabble & Games 12:30 Sun and Skin Protection 1:00 Bingo w/ Rite Aid 1:00 Pinochle & Cards</p>	<p>11</p> <p>8:00 Breakfast 9-12 Scrabble & Games 9:30 Coffee Hour 9-2:30 Mah Jongg 1:00 Pinochle & Cards 1:30 <u>Grief Counseling</u></p>	<p>12</p> <p>9-10 Stretch & Flex 9:30/10:30 Exer w/Mary 9-12 Scrabble & Games 9:30-Coffee Hour 10:00 <u>Trip Presentation - Collete Trip</u> 1:00 S'mores and Campfire Stories 1:00 Pinochle & Cards</p>	<p>13</p> <p>8:00 Breakfast 9-12 Scrabble & Cards 9:30 Coffee Hour 10-2PM Duplicate Bridge 10:00 Blood Pressure 12:45 LCR/W Maryanne 1:00 Bully Seminar 1:00 Pinochle & Cards</p>	<p>14</p> <p>8:00 Breakfast 8-10 Blood Pressure 9-2:30 Scrabble & Games 9:30/10:30 Exer w/Mary 9:30 Coffee Hour 12:45 Samaritans at Last Bird Feeder 1:00 Pinochle & Cards</p>
<p>17</p> <p>9-10 Stretch & Flex 9:30/10:30 Exer w/Mary 9:30 Coffee Hour 9-12 Scrabble & Games 1:00 Pinochle & Cards</p>	<p>18</p> <p>8:00 Breakfast 9-12 Scrabble & Games 9-2:30 Mah Jongg 9:30 Coffee Hour 10:30 Movie Day- Sully 1:00 Pinochle Party</p>	<p>19 <u>July Birthday Social</u></p> <p>9-10 Stretch & Flex 9:30/10:30 Exer w/Mary 9-12 Scrabble & Games 9:30 Coffee Hour 10:00 Blood Pressure 10:30 <u>Health Seminar with Linda from Penn Medicine</u> 12:00 Birthday sponsored by: Full Range PT and Rehab Services 12:45 <u>Entertainment by: Cindy McGrath</u> 1:00 Pinochle & Cards</p>	<p>20</p> <p>8:00 Breakfast 9-12 Scrabble & Cards 9:30 Coffee Hour 10-2PM Duplicate Bridge 12:45 LCR/W Maryanne 1:00 Pinochle & Cards</p>	<p>21</p> <p>8:00 Breakfast 8-10 Blood Pressure 9-2 :30 Scrabble & Games 9:30 Coffee Hour 9:30/10:30 Exer w/Mary 10:30 Friday Movie Series-Paper Clips 12:45 Pampered Chef Ice Cream Social 1:00 Pinochle & Cards</p>
<p>24</p> <p>9-10 Stretch & Flex 9:30/10:30 Exer w/Mary 9:30 Coffee Hour 9-12 Scrabble & Games 1:00 <u>Bingo w/Susan Knoble</u> 1:00 Pinochle & Cards</p>	<p>25</p> <p>8:00 Breakfast 9-10 <u>Current Events Forum with Gene Grubb</u> 9-12 Scrabble & Games 9-2:30 Mah Jongg 9:30 Coffee Hour 10:30 <u>Floral Arrangement</u> 1:00 Nickel Bingo 1:00 Pinochle & Cards</p>	<p>26</p> <p>9-10 Stretch & Flex 9:30/10:30 Exer w/Mary 9-12 Scrabble & Games 9:30 Coffee Hour 10:30 <u>Emergency Preparedness</u> 11:00 Presentation - <u>Rep from Rover</u> 1:00 Red, White, Blue sugar marshmallows 1:00 Pinochle & Cards</p>	<p>27</p> <p>8:00 Breakfast 9-12 Scrabble & Cards 9:30 Coffee Hour 10:00 Blood Pressure 10-2 Duplicate Bridge 12:45 <u>Kara/Exton Senior Living Activity</u> 1:00 Pinochle & Cards</p>	<p>28</p> <p>8:00 Breakfast 8-10 Blood Pressure 9-2:30 Scrabble & Games 9:30/10:30 Exer w/Mary 9:30 Coffee Hour 10:30 Friday Movie Series-Julie & Julia 1:00 Pinochle & Cards</p>
<p>31</p> <p>9-10 Stretch & Flex 9:30/10:30 Exer w/Mary 9:30 Coffee Hour 9-12 Scrabble & Games 10:30 Spa Lunch Prep Class 1:00 Pinochle & Cards 1:00 Wii Bowling</p>				