






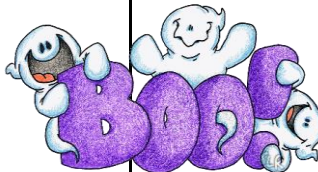


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>3 oz Roasted Pork Loin w/2 oz Gravy 1/2c. Whipped Potatoes w/chives 1/2c. Sliced Carrots White Bread Spice Cake w/ Icing</p>  <p>Alt: Egg Salad</p>	<p>3</p> <p>Baked Ziti(3/4c.) w/Meatballs (3) Marinara Sauce &1oz Cheese Topping 1 c. Caesar Salad Italian Bread 1/2c. Tropical Fruit Salad</p>  <p>Alt: Chef Salad</p>	<p>4</p> <p>Breaded Chicken Cutlet-1 1/2c. Au Gratin Potatoes 1/2c. Sweet Peas Wheat Bread 1/2c. Mandarin Oranges</p> <p>Alt: Tuna Salad</p>	<p>5</p> <p>Mushroom Swiss Burger- 1 1 c. Creamy Cauliflower Soup w/Crackers Hamburger Roll Fresh Seasonal Fruit</p>  <p>Alt: Chicken Salad</p>	<p>6</p> <p>Baked Salmon 3oz w/1 oz Teriyaki Glaze 1/2c. Brown Rice 1/2c. Broccoli White Bread 1/2c. Pineapple Tidbits</p> <p>Alt: Ham and Cheese</p>
<p>9</p> <p>Swedish Turkey Sweeties (8) w/2 oz Gravy 1/2c. Butter Bowties 1/2c. Broccoli & Carrots Wheat Bread Fresh Seasonal Fruit</p>  <p>Alt: Turkey and Cheese</p>	<p>10</p> <p>BBQ Beef Ribette 1/2c. Cheesy Hashbrowns 1/2c. Green Beans White Bread 1/2c. Sliced Peaches</p> <p>Alt: Liverwurst</p>	<p>11</p> <p>Baked Ham w/Raisin Sauce 1/2c. Whipped Sweet Potatoes 1/2c. Cauliflower White Bread 1/2c. Mixed Fruit Salad</p> <p>Alt: Cottage Cheese</p>	<p>12</p> <p>Chicken Philly Pita w/onions, peppers, cheese 1 c. Creamy Potato Soup w/Crackers Pita Bread 1/2c. Blushed Pears</p>  <p>Alt: Grilled Cheese</p>	<p>13</p> <p>Breaded Lemon Pepper Pollock 1/2c. Wild Rice 1/2c. Creamy Coleslaw Wheat Bread 1/2c. Applesauce</p> <p>Alt: Egg Salad</p>
<p>16</p> <p>Pocupine Ball-4oz w/2 oz tomato Sauce 1/2c. Garlic Whipped Potatoes 1/2c. Corn Dinner Roll 1/2c. Cinnamon Apples</p> <p>Alt: Grilled Cheese</p>	<p>17</p> <p>BBQ Chicken Breast- 3oz pc 1/2c. Scalloped Potatoes 1/2c. Sweet & Sour Coleslaw Wheat Bread Brownie</p>  <p>Alt: Chef Salad</p>	<p><u>October Birthdays 18</u></p> <p>Beef Brasciole-1 w/gravy 1/2c. Mashed Potatoes 1/2c. Coin Carrots White Bread</p> <p>Birthday Cake & Ice Cream Alt: Egg Salad</p>	<p>19</p> <p>CENTER CLOSED SPAGHETTI DINNER</p>	<p>20</p> <p>Breaded Fish Sandwich w/cheese 1/2c. Macaroni & Cheese 1/2c. Stewed Tomatoes Hamburger Roll 1/2c. Sliced Pears</p> <p>Alt: Turkey and Cheese</p>
<p>23</p> <p>Burgundy Beef w/Mushrooms-1/2c. over 1/2c. Egg Noodles 1/2c. Broccoli & Carrots Wheat Bread 1/2c. Mixed Fruit Salad</p> <p>Alt: Ham and Cheese</p>	<p>24</p> <p>1 c. Chicken & White Bean Chili 1 c.Tossed Salad w/Tomato & Dressing 1/2c. Baked Potato Biscuit Mandarin Oranges</p> <p>Alt: Egg Salad</p>	<p>25</p> <p>Pizza Burger- 1/2c. 1/2c. Baked Sweet Potato Bites 1/2c. Creamy Coleslaw Hamburger Roll 1/2c. Sherbet</p> <p>Alt: Liverwurst</p>	<p>26</p> <p>Center Cut Pork Chop- 3oz sl w/2 oz Gravy 1/2c. Whipped Potatoes w/Chives 1/2c. Braised Red Cabbage White Bread 1/2c. Apple Cranberry Crisp</p> <p>Alt: Chef Salad</p>	<p>27</p> <p>OKTOBERFEST Bratwurst OR Frankfurter German Potato Salad Green Beans Black Forest Cake Birch Beer COST - \$5.00 Make reservation by Oct 20th</p>
<p>30</p> <p>3 oz Pot Roast w/1 oz Gravy 1/2c. Baked Potato 1/2c. Sliced Carrots Italian Bread Sugar Cookie</p>  <p>Alt: Liverwurst</p>	<p>31</p> <p>Ghostly Chili 1 c. 1/2c. Ant & Finger Salad 4 oz Hocu Pocus Juice Moldy Biscuit Spooky Pumpkin Potion</p>  <p>Alt: Tuna Salad</p>			<p>*Menu Subject to Change*</p>