

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 LUNCH RESERVATIONS REQUIRED ONE WEEK IN ADVANCE. CALL 610-935-1515 OR VISIT THE CENTER.</p>	<p>2 8:00 Breakfast 9:00 Walk Aerobics 9-12 Scrabble & Games 9-2:30 Mah Jongg 9:30 Coffee Hour 9:30-11 Club 21-Blackjack 12:00 Lunch 12:45 Senior Stitchers 1:00 Pinochle & Cards 1:30 <u>Grief Support Group</u></p>	<p>3 9-10 Stretch & Flex 9:30 & 10:30 Exercise w/Mary 9-12 Scrabble & Games 9:30-Coffee Hour 10:00 Blood Pressure 11:00 <u>Sen Dinniman's representative</u> 12:00 Lunch - AARP 1:00 Pinochle & Cards 1:00 <u>Bingo w/Heather from Senior Independent Living Companions</u></p>	<p>4 8:00 Breakfast 9-12 Scrabble & Games 9-12 Basic Pinochle Lessons 9:30 Coffee Hour 10-2PM Duplicate Bridge 12:00 Lunch 12:45 LCR/W Maryanne 1:00 Games</p>	<p>5 8:00 Breakfast 8-10 Blood Pressure 9-2:30 Scrabble & Games 9:30 & 10:30 Exercise w/Mary 9:30 Coffee Hour 10:00 <u>Art Class w/Martin</u> 10:15 <u>Mark Pinto w/Phoenixville Library</u> 12:00 Lunch 1:00 Games 1:00 Choir Rehearsal</p>
<p>8 9-10 Stretch & Flex 9-12 Scrabble & Games 9:30 & 10:30 Exercise w/Mary 9:30 Coffee Hour 12:00 Lunch 12:15 Monday Matinee: "Paris Can Wait" (Lunch served upstairs during movie) 1:00 Games</p>	<p>9 8:00 Breakfast 9:00 <u>Current Events w/Gene Grubbs</u> 9:00 Walk Aerobics 9-2:30 Mah Jongg 9-12 Scrabble & Games 9:30 Coffee Hour 9:30-11 Club 21-Blackjack 10:00 <u>Art on Canvas</u> 12:00 Lunch 1:00 Pinochle & Cards 1:00 <u>Bingo w/Chestnut Knoll</u> DEADLINE TO SIGN UP FOR LUNCH ON MOVIE DAY JAN 16</p>	<p>10 9-10 Stretch & Flex 9:30 & 10:30 Exercise w/Mary 9-12 Scrabble & Games 9:30-Coffee Hour 12:00 Lunch 1:00 Pinochle & Cards 1:00 Mason Jar Craft w/Tana TODAY IS THE DEADLINE TO RESERVE LUNCH FOR THE JAN 17 BIRTHDAY SOCIAL</p>	<p>11 8:00 Breakfast 9-12 Scrabble & Games 9-12 Basic Pinochle Lessons 9:30 Coffee Hour 10:00 Blood Pressure 10-2PM Duplicate Bridge 12:00 Lunch 12:45 LCR/W Maryanne 1:00 Games</p>	<p>12 8:00 Breakfast 8-10 Blood Pressure 9-2:30 Scrabble & Games 9:30 & 10:30 Exercise w/Mary 9:30 Coffee Hour 10:00 <u>Art Class w/Martin</u> 12:00 Lunch 1:00 Games 1:00 Choir Rehearsal 1:00 <u>Seminar: Domestic Violence & Elder Abuse w/Domestic Violence Center of Chester County</u></p>
<p>15 9-10 Stretch & Flex 9-12 Scrabble & Games 9:30 & 10:30 Exercise w/Mary 9:30 Coffee Hour 11:00 Celebration of Martin Luther King 12:00 Lunch 12:15 Monday Matinee: Selma (Lunch served upstairs during movie) 1:00 Games</p>	<p>16 8:00 Breakfast 9:00 Walk Aerobics 9-12 Scrabble & Games 9-2:30 Mah Jongg 9:30 Coffee Hour 9:30-11 Club 21-Blackjack 10:30 Movie-"The Shack" 12:45 Senior Stitchers 1:00 Pinochle Party 1:00 <u>Seminar: When to Call 911 w/local EMS officials</u></p>	<p>17 BIRTHDAY SOCIAL 9-10 Stretch & Flex 9:30 & 10:30 Exercise w/Mary 9-12 Scrabble & Games 9:30 Coffee Hour 10:00 Blood Pressure Noon Birthday Lunch 12:45 <u>Entertainment: Sweet Life Music</u> 1:00 Pinochle & Cards</p>	<p>18 8:00 Breakfast 9-12 Scrabble & Games 9-12 Basic Pinochle Lessons 9:30 Coffee Hour 10-2PM Duplicate Bridge 12:45 LCR/W Maryanne 1:00 Games</p>	<p>19 8:00 Breakfast 8-10 Blood Pressure 9:00 <u>Seminar: Estate Planning w/Beth Rondinelli, Esq.</u> 9-2:30 Scrabble & Games 9:30 & 10:30 Exercise w/Mary 9:30 Coffee Hour 10:00 <u>Art Class w/Martin</u> 1:00 Games 1:00 Choir Rehearsal</p>
<p>22 9-10 Stretch & Flex 9-12 Scrabble & Games 9:30 & 10:30 Exercise w/Mary 9:30 Coffee Hour 12:00 Lunch 12:15 Monday Matinee: Beatriz at Dinner (Lunch served upstairs during movie) 1:00 Games</p>	<p>23 8:00 Breakfast 9:00 Walk Aerobics 9-12 Scrabble & Games 9-2:30 Mah Jongg 9:30 Coffee Hour 9:30-11 Club 21-Blackjack 1:00 Pinochle & Cards</p>	<p>24 9-10 Stretch & Flex 9:30 & 10:30 Exercise w/Mary 9-12 Scrabble & Games 9:30 Coffee Hour 12:45 <u>Seminar: Preventing Financial Exploitation w/Senior LAW Center</u> 1:00 Pinochle & Cards</p>	<p>25 ROBBIE BURNS DAY 8:00 Breakfast w/local Clergy 9-12 Scrabble & Games 9-12 Basic Pinochle Lessons 9:30 Coffee Hour 10:00 Blood Pressure 10-2 Duplicate Bridge 12:45 LCR/W Maryanne 1:00 Games</p>	<p>26 8:00 Breakfast 8-10 Blood Pressure 9-2:30 Scrabble & Games 9:30 & 10:30 Exercise w/Mary 9:30 Coffee Hour 10:00 <u>Art Class w/Martin</u> 1:00 Games 1:00 Choir Rehearsal</p>
<p>29 9-10 Stretch & Flex 9-12 Scrabble & Games 9:30 & 10:30 Exercise w/Mary 9:30 Coffee Hour 12:00 Lunch 12:00 Monday Matinee: Battle of the Sexes (Lunch served upstairs during movie) 1:00 Games</p>	<p>30 8:00 Breakfast 9:00 <u>Current Events w/Gene Grubbs</u> 9:00 Walk Aerobics 9-12 Scrabble & Games 9-2:30 Mah Jongg 9:30 Coffee Hour 9:30-11 Club 21-Blackjack 1:00 Nickel Bingo 1:00 Pinochle & Cards</p>	<p>31 9-10 Stretch & Flex 9:30 & 10:30 Exercise w/Mary 9-12 Scrabble & Games 9:30 Coffee Hour 1:00 Pinochle & Cards 1:00 <u>Seminar: Digital Talking Book Machine w/Chester Co. Association for the Blind and Visually Impaired</u></p>		