

April 2018 ACTIVITIES CALENDAR

ROVER TRANSPORTATION AVAILABLE \$1.00 EACH WAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 9-10 Stretch &amp; Flex 9-2:30 Games 9:30 &amp; 10:30 Exercise w/Mary 9:30 Coffee Hour 12:45 <u>Bingo &amp; Discussion w/Rite Aid- "Head Cold vs. Seasonal Allergies"</u> 1:00 Cards</p>	<p>3 8:00 Breakfast 9-2:30 Games 9-2:30 Mah Jongg 9:30 Coffee Hour 9:30-11 Club 21-Blackjack 12:45 Senior Stitchers 1:00 Pinochle Party w/AARP 1:00 <u>Yoga w/Jana</u> 1:30 <u>Grief Support Group</u></p>	<p>4 9-10 Stretch &amp; Flex 9-2:30 Games 9:30 &amp; 10:30 Exercise w/Mary 9:30-Coffee Hour 10:00 Blood Pressure 11:00 <u>Sen. Dinniman's representative</u> 12:00 <u>AARP Luncheon</u></p>	<p>5 8:00 Breakfast 9-2:30 Games 9:30 Coffee Hour 10-2PM Duplicate Bridge 12:45 LCR/W Maryanne 1:00 Pinochle &amp; Cards</p>	<p>6 8:00 Breakfast 8-10 Blood Pressure 9-2:30 Games 9:30 &amp; 10:30 Exercise w/Mary 9:30 Coffee Hour 10:00 <u>Art Class w/Martin</u> 10:15 <u>Mark Pinto w/Phoenixville Library</u> 12:45 <u>Bingo &amp; Discussion w/Walgreens</u></p>
<p>9 9-10 Stretch &amp; Flex 9-2:30 Games 9:30 &amp; 10:30 Exercise w/Mary 9:30 Coffee Hour 1:00 Cards 1:00 Senior Service Project – Volunteer Thank You Cards</p>	<p>10 8:00 Breakfast 9-2:30 Games 9-2:30 Mah Jongg 9:30 Coffee Hour 9:30-11 Club 21-Blackjack 10:00 <u>Art on Canvas w/Amy</u> 1:00 Pinochle Party w/AARP 1:00 <u>Yoga w/Jana</u> 1:00 <u>Seminar: Senior Scam Alert</u></p>	<p>11 9-10 Stretch &amp; Flex 9-2:30 Games 9:30 &amp; 10:30 Exercise w/Mary 9:30-Coffee Hour 1:00 Pinochle &amp; Cards 1:00 <u>Seminar: Hospice 101 w/Seasons Hospice &amp; Palliative Care</u></p>	<p>12 8:00 Breakfast 9-2:30 Games 9:30 Coffee Hour 10-2PM Duplicate Bridge 10:00 Blood Pressure 12:45 LCR/W Maryanne 1:00 Pinochle &amp; Cards</p>	<p>13 8:00 Breakfast 8-10 Blood Pressure 9-2:30 Scrabble &amp; Games 9:30 &amp; 10:30 Exercise w/Mary 9:30 Coffee Hour 10:00 <u>Art Class w/Martin</u> 1:00 <u>Discussion: Trip Down Memory Lane w/Patty from SarahCare</u></p>
<p>16 9-10 Stretch &amp; Flex 9-2:30 Games 9:30 &amp; 10:30 Exercise w/Mary 9:30 Coffee Hour 1:00 Cards 1:00 Current Events with Gene Grubbs</p>	<p>17 8:00 Breakfast 9-2:30 Games 9-2:30 Mah Jongg 9:30 Coffee Hour 9:30-11 Club 21-Blackjack 10:30 Movie-"The Greatest Showman" 12:45 Senior Stitchers 1:00 Pinochle Party w/AARP 1:00 <u>Yoga w/Jana</u></p>	<p>18 <b>BIRTHDAY SOCIAL</b> 9-10 Stretch &amp; Flex 9-2:30 Games 9:30 &amp; 10:30 Exercise w/Mary 9:30 Coffee Hour 10:00 Blood Pressure Noon Birthday Lunch 12:45 <u>Entertainment: Dean Garofolo as Johnny Cash</u> 1:00 Pinochle &amp; Cards</p>	<p>19 8:00 Breakfast 9-2:30 Games 9:30 Coffee Hour 10-2PM Duplicate Bridge 12:45 <u>Vanguard School Student Dance Performance</u> 1:00 Pinochle &amp; Cards</p>	<p>20 8:00 Breakfast 8-10 Blood Pressure 9-2:30 Scrabble &amp; Games 9:30 &amp; 10:30 Exercise w/Mary 9:30 Coffee Hour 10:00 <u>Art Class w/Martin</u> 1:00 <u>Rover Presentation w/Jim Oughton</u></p>
<p>23 9-10 Stretch &amp; Flex 9-2:30 Games 9:30 &amp; 10:30 Exercise w/Mary 9:30 Coffee Hour 1:00 Cards 1:00 Spring Pinterest Craft – Painted Flower Pot</p>	<p>24 8:00 Breakfast 9-2:30 Games 9-2:30 Mah Jongg 9:30 Coffee Hour 9:30-11 Club 21-Blackjack 1:00 Pinochle Party w/AARP 1:00 <u>Yoga w/Jana</u> 1:00 <u>Choral Performance w/Church Farm County School students</u></p>	<p>25 9-10 Stretch &amp; Flex 9-2:30 Games 9:30 &amp; 10:30 Exercise w/Mary 9:30 Coffee Hour 1:00 Pinochle &amp; Cards 1:00 <u>Seminar: Senior Eye Health w/Vision Corps</u></p>	<p>26 8:00 Breakfast 9-2:30 Games 9:30 Coffee Hour 10-2 Duplicate Bridge 10:00 Blood Pressure 12:45 LCR/W Maryanne 1:00 Pinochle &amp; Cards</p>	<p>27 <b>CENTER CLOSED FOR VOLUNTEER LUNCH</b></p>
<p>30 9-10 Stretch &amp; Flex 9-2:30 Games 9:30 &amp; 10:30 Exercise w/Mary 9:30 Coffee Hour 1:00 Cards 1:00 Nickel Bingo</p>	<p>LUNCH RESERVATIONS REQUIRED AT LEAST ONE WEEK IN ADVANCE. CALL 610-935-1515 OR VISIT THE CENTER.</p>			

ACTIVITY SCHEDULE IS SUBJECT TO CHANGE DUE TO UNFORESEEN CIRCUMSTANCES. WHEN IN DOUBT, CALL THE CENTER AT 610-935-1515.