

June 2018 ACTIVITIES CALENDAR

ROVER TRANSPORTATION AVAILABLE \$1.00 EACH WAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>LUNCH RESERVATIONS REQUIRED AT LEAST ONE WEEK IN ADVANCE. CALL 610-935-1515 OR VISIT THE CENTER. Lunch served at noon daily. Coffee & tea service at 11:45 am.</p>				<p>1 8:00 Breakfast 8-9 Indoor Walking 8-10 Blood Pressure 9-12 Scrabble 9:30 & 10:30 Exercise w/Mary 9:30 Coffee Hour 1:00 Games 1:00 <u>Fun w/Patty from Sarah Care</u></p>
<p>4 8-9 Indoor Walking 9-10 Stretch & Flex 9-12 Games 9:30 & 10:30 Exercise w/Mary 9:30 Coffee Hour 1:00 Cards 1:00 <u>Grandfamilies Support Group</u> 1:00 Bingo</p>	<p>5 8:00 Breakfast 9-12 Scrabble 9:30 Coffee Hour 9:30-11 Club 21-Blackjack 9:30-2 Mah Jongg 1:00 Pinochle Party 1:00 Yoga w/Jana 1:30 <u>Grief Support Group</u></p>	<p>6 8-9 Indoor Walking 9-10 Stretch & Flex 9-12 Games 9:30 & 10:30 Exercise w/Mary 9:30-Coffee Hour 10:00 Blood Pressure 11:00 Sen. Dinniman's representative 12:00 <u>AARP</u> 1:00 Pinochle & Cards</p>	<p>7 8:00 Breakfast 9-12 Scrabble 9:30 Coffee Hour 10-2PM Duplicate Bridge 12:45 Guitar Music with Michael 1:00 Pinochle & Cards</p>	<p>8 8:00 Breakfast 8-9 Indoor Walking 8-10 Blood Pressure 9-12 Scrabble 9:30 & 10:30 Exercise w/Mary 9:30 Coffee Hour 1:00 Games 1:00 Rover Listening Session w/Jim Oughton</p>
<p>11 8-9 Indoor Walking 9-10 Stretch & Flex 9-12 Games 9:30 & 10:30 Exercise w/Mary 9:30 Coffee Hour 1:00 Cards 1:00 Wii Wheel of Fortune</p>	<p>12 8:00 Breakfast 9-12 Scrabble 9:15 <u>Welcome Wagon</u> 9:30 Coffee Hour 9:30-11 Club 21-Blackjack 9:30-2 Mah Jongg 1:00 Pinochle w/AARP 1:00 Yoga w/Jana 1:00 <u>Bingo w/Heather from SILC</u></p>	<p>13 8-9 Indoor Walking 9-10 Stretch & Flex 9-12 Games 9:30 & 10:30 Exercise w/Mary 9:30 Coffee Hour 10:30 Mark Pinto w/Phoenixville Library 1:00 Pinochle & Cards 1:00 <u>Container Gardening Demonstration w/Donna from The Relaxed Gardener</u></p>	<p>14 8:00 <u>Breakfast - With First Responders</u> 9-12 Scrabble 9:30 Coffee Hour 10-2 Duplicate Bridge 10:00 Blood Pressure 12:45 LCR/W Maryanne 1:00 Pinochle & Cards</p>	<p>15 8:00 Breakfast 8-9 Indoor Walking 8-10 Blood Pressure 9-12 Scrabble 9:30 & 10:30 Exercise w/Mary 9:30 Coffee Hour 12:45 <u>Father's Day Celebration</u> 1:00 Games</p>
<p>18 8-9 Indoor Walking 9-10 Stretch & Flex 9-12 Games 9:30 & 10:30 Exercise w/Mary 9:30 Coffee Hour 1:00 Cards 1:00 Nickel Bingo</p>	<p>19 8:00 Breakfast 9-12 Scrabble 9:30 Coffee Hour 9:30-11 Club 21-Blackjack 9:30-2 Mah Jongg 10:30 <u>Movie: Murder on the Orient Express (2017)</u> 1:00 Pinochle w/AARP 1:00 Yoga w/Jana</p>	<p>20 BIRTHDAY SOCIAL 8-9 Indoor Walking 9-10 Stretch & Flex 9-12 Games 9:30 & 10:30 Exercise w/Mary 9:30 Coffee Hour 10:00 Blood Pressure Noon Birthday Lunch – 50/50 Drawing 12:45 <u>Entertainment: Sweet Life Music</u> 1:00 Pinochle & Cards</p>	<p>21 8:00 Breakfast 9-12 Scrabble 9:30 Coffee Hour 10-2 Duplicate Bridge 12:45 LCR/W Maryanne 1:00 Pinochle & Cards</p>	<p>22 8:00 Breakfast 8-9 Indoor Walking 8-10 Blood Pressure 9-12 Scrabble 9:30 & 10:30 Exercise w/Mary 9:30 Coffee Hour 11:30 Lunch 12:15 <u>Noteables Singing Group Performance</u> 1:00 Games</p>
<p>25 8-9 Indoor Walking 9-10 Stretch & Flex 9-12 Games 9:30 & 10:30 Exercise w/Mary 9:30 Coffee Hour 1:00 Cards 1:00 The Great British Baking Show</p>	<p>26 8:00 Breakfast 9-12 Scrabble 9:30 Coffee Hour 9:30-11 Club 21-Blackjack 9:30-2 Mah Jongg 1:00 Pinochle w/AARP 1:00 Yoga w/Jana 1:00 <u>Seminar: Preventing Eye Disease & Damage</u></p>	<p>27 8-9 Indoor Walking 9-10 Stretch & Flex 9-12 Games 9:30 & 10:30 Exercise w/Mary 9:30 Coffee Hour 1:00 Pinochle & Cards 1:00 <u>Brain Games & Dessert w/Lori from Brandywine Living @ Upper Providence</u></p>	<p>28 8:00 Breakfast 9-12 Scrabble 9:30 Coffee Hour 10-2 Duplicate Bridge 10:00 Blood Pressure 12:45 LCR/W Maryanne 1:00 Pinochle & Cards</p>	<p>29 8:00 Breakfast 8-9 Indoor Walking 8-10 Blood Pressure 9-12 Scrabble 9:30 & 10:30 Exercise w/Mary 9:30 Coffee Hour 1:00 Games 1:00 <u>Games & Dessert w/Susan from Shannondell</u></p>

ACTIVITY SCHEDULE IS SUBJECT TO CHANGE DUE TO UNFORESEEN CIRCUMSTANCES. WHEN IN DOUBT, CALL THE CENTER AT 610-935-1515.