

December 2021

**From the Desk of Executive
Director, Julie Gaudan**

Have you seen our early Christmas present? The Pennsylvania Department of Aging grant that paid for the awning, security cameras and parking lot lighting included this beautiful new sign. What a wonderful welcome as you return to the Center! Thank you to our Giving Tuesday volunteers for landscaping around the sign!

As we open our doors for some holiday activities, they are installing the HVAC in the basement. This system will include UV filtration and fresh air so we can safely use the lower level for activities. AARP Tax Aide volunteers will be able to use the space for tax preparation starting in February and Cari will now be able to schedule appointments in her office.

We are able to add activities because Phoenixville's rate of Covid-19 infection is low. Please continue to be vigilant. It is very easy to be exposed at holiday get-togethers especially after a long separation. 91% of cases are in unvaccinated folks. If you haven't been vaccinated or have any risks factors, (That's all of us at the center!) please be cautious, especially around folks who haven't been vaccinated. The center will host three more vaccine clinics onsite Tuesday Dec 7, 14 and 21. In the New Year, we will continue to help make appointments at the Covered Bridge Room at the Kimberton Fire Company.



“Wrapping” up the year! Join us 1:00 December 15th for a holiday singalong! Santa will make sure everyone gets cookies and cheer. There will be a recognition ceremony for our VIP Supporters at 11:45 that morning. We really appreciate those who stood by the center even when the doors were closed!

We hoped to have the kitchen renovation complete by now but have run into some snags. Preparations continue but we are still uncertain when actual construction will start. Regardless of the renovation status, congregate meals are back! We will have our first noon meal together on January 3rd. Because of the holidays, please make sure you preregister no later than Dec 23rd for January 3-7. If you are not comfortable eating at the Center, you can pick up a meal to take home. Our last drive thru food pick-up and home deliveries will be December 23rd.

Exercise classes are here at the center now with more coming in January. The Arthritis Foundation Chair Exercise will be held Monday, Wednesday Friday at 9:45 starting in January and we will add yoga at 8:45 Fridays. The last day for the videos on Channel 22 and 29 is Friday December 10. We hope you will join us in-person here at the Center!

No matter what holidays you and your families celebrate, the staff and board of the PASC wish you peace, love and joy. As we begin “A Shiny New Year!” in 2022, we can't wait to have you back! Come open our door. It may lead you to a place you never expected.

Julie



Senior Center is
Closed

Dec 24th

Dec 27th

Dec 31st



HOLIDAY FUN AT THE SENIOR CENTER



Come celebrate Holidays with the Senior Center on Monday November 29th at 11am with the showing of the holiday classic White Christmas starring Bing Crosby, Danny Kaye, Vera Ellen and Rosemary Clooney.

A successful song-and-dance team become romantically involved with a sister act and team up to save the failing Vermont inn of their former commanding general.



Christmas Card Crafting

Monday December 6th at 11am

Supplies will be provided and may differ. \$2 fee

Please call Christine at 610-935-1515 ext 29

December Crafting Class (Fee \$2)

Monday December 13th at 11am

Build a miniature Gingerbread House

Supplies will differ and are limited.

Call 610-935-1515 ext 29 to pre-register





Join in some Holiday fun at the Senior Center on

Wednesday December 22nd at 11am

for a showing of the holiday classic movie

"A Miracle on 34th Street"

In this movie, an old man going by the name of Kris Kringle (Edmund Gwenn) fills in for an intoxicated Santa in Macy's annual Thanksgiving Day parade. When Kringle surprises customers and employees alike by claiming that he really is Santa Claus, it leads to a court case to determine his mental health and, more importantly, his authenticity.



HOLIDAY SING-A-LONG
Wednesday December 15 at 1 PM
All are welcome to join us
For dessert and carols
Led by Lisa Vorel with a
Special visit from SANTA



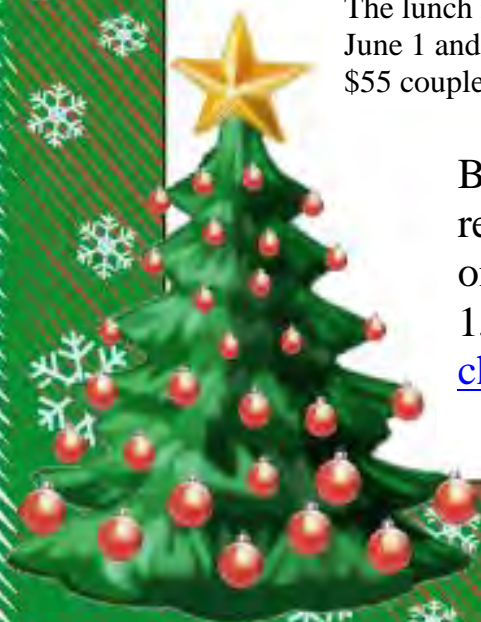
Are you a VIP at
The Phoenixville Area Senior Center?
Join us for a Holiday Luncheon
Wednesday, December 15
At Noon.

Meal catered by Foresta's Market

The lunch is a "special event" for those who paid for a VIP card between June 1 and December 6, 2021. VIP cards are still available \$30 individual, \$55 couple, including discounts and special events.

Because space is limited, please make your reservation for one or both activities by noon on Monday, December 6, by calling 610-935-1515 or emailing

christine@phoenixvilleseniorcenter.org.



In Person Events with the Senior Center.

Reservations and masks are required! Call 610-935-1515 ext 29

Please leave a message if there is no answer.



AARP returns to the Senior Center on
Wednesday December 8th at 12pm.

Lunch for all current Phoenixville Chapter AARP members. RSVP to the AARP Representative is required. Membership opportunities will be available after January 1st.



Exercise Classes from GOING Fit at the Senior Center

Stretch & Flex with Holly /Monday and Wednesdays at 8:45 am

Arthritis Foundation Chair Exercise with Deb /Fridays at 8:45 am

Space is limited. You **MUST** make a reservation by calling 610-935-1515 ext 29.

Masks are required to be worn until you reach your seat and when moving about the building.

You can still find the exercise classes on Xfinity Channel 22 and Verizon Channel 29 until December and on our website www.phoenixvilleseniorcenter.org/activities to try them out at anytime!

Stay tuned for new classes in the New Year!

Walking with the Senior Center at 9 am
Tuesdays outside at Black Rock Sanctuary

953 Black Rock Road, PA-113

Thursdays inside at Franklin Commons

400 Franklin Way, Phoenixville Park in the lot and meet inside the main entrance

In inclement weather on Tuesdays and as long as it is safe to drive, we will walk at Franklin Commons.



Social Stitchers Thursdays at 1pm

Bring in any current knitting, crocheting or stitching project you are working on and enjoy some company while you work!

Please reserve by calling 610-935-1515 ext 29. Space is limited.

Masks are required. We do not provide materials.





December Third Thursday

December 16th at 5pm

Painting with a Peppermint Twist

Come join the Senior Center and our resident artist, Marti Daly, as she guides us through painting a winter themed canvas.

Enjoy some hot chocolate and sweet treats with some great company.

BYOB if you would like!

Supplies are included for a \$10 fee.

\$5 for VIP Cardholders

Call Christine at 610-935-1515 ext 29

To reserve your space.

Coming soon! Valentine 50/50

1 for \$10 / \$25 for 3 Winner chosen 2/17/2022



Stay tuned for more information in January!

Book Club with Mark Pinto * Tuesday December 7th @ 10:30 am
We will be discussing November's book "Anxious People" by Frederik Back-
man. There will not be a book for December but we will continue Book Club in
January with the pick "A Week in Winter" by Maeve Binchy.
Book will be available December 7th

If you need a copy of the book or to register, please call 610-935-1515 ext 29 or



Pinochle every Tuesday and
Thursday @ 1pm

Reservations are required because space is limited.

Pre-register by calling 610-935-1515 ext 29.

Holiday CASH BINGO



Monday December 20th at 11am

\$5 fee to play 5 games. Win some cash!

Reservations are required call 610-935-1515 ext 29



Watercolor Art Class Wednesday December 1st at 1pm

Come to learn how to paint with watercolors with our amazing teacher
Marti Daly. Supplies not provided \$5 fee

Art on Canvas Tuesday December 7th at 1pm

Want to try a different medium other than watercolors? Try our new Art on Canvas class
with Marti. Supplies provided \$10 fee \$5 for VIP card Participants

Please pre-register by calling 610-935-1515 ext 29



VIRTUAL COFFEE HOUR

every Tuesday at 10:30 am

Link: <http://bit.ly/PSCzoom>



Play Mahjong

every Tuesday
at 11am

at the
Senior Center

Please call 610-935-1515 ext 29 to
register.

HONORING ALL WHO SERVED



Join us to thank you for your service to our country
Wednesday, December 8, 2021

9:00 AM

Speaker
and lite breakfast fare

Phoenixville
area senior center
FRIENDSHIP-LEARNING-ACTIVITY

153 Church Street, Phoenixville

RSVP to Christine@phoenixvilleseniorcenter.org or call 610-935-1515x29



Next Birthday Social will be Wednesday January 19th at 1pm

Join us for some music and a sweet treat.

Call 610-935-1515 ext 29 to reserve a spot.



**Please join us in wishing our
December Birthday Participants
a very Happy Birthday!**

DIXIE BARLOW	JULIE GAUDAN	SARAH MCBRIDE	RUTH COLE
GEORGE HARIG	KEN ADAMS	FIORA CLARK	THEODORE GALEONE
NANCY KAICKE	MICHAEL BURNETT	SYLVIA STEPHENSON	KATHRYN SARNAK
JENNETTE RANAGLIA	DONNA GAPPA	RONALD STRAESSER	BILL SZABO
NANCY BUCKWALTER	THOMAS GRIFFIN	SHARON DALY	FRANCESCA DEGIDEO
KATHLEEN PIERRE	KATHLEEN RILEY	JUDITH LYNCH	LYNN SEAY
KURT JEFFERIS	JEAN SCHWARTZ	CARMELA RIGGIN	CHRISTIANAHO ABOYEJI
CHERYL KANDRICK	MING WANG	DELIA DOUGHERTY	PETER BROWN
BILL WHITEHEAD	JOYCE WILT	MARGARET SZABO	FREDERICK MARKS
ESTELLE GLINKOSKY	CINDY CROWE	WILLIAM DEVER	MARY ALICE PHILLIPS
PHYLLIS KELLY	TAYLOR PARRY	BEN BENEDETTO	ROBERT FLEMING
KATHLEEN MAKOID	ELLEN BELLAMY	CARMELLA MCGEE	SUSAN SCHWARTZ
ELIZABETH RAO	RICHARD PANNELLA	BARBARA STOUCH	BERNADINE MOSES
EILEEN KUNTZ	ELAINE SCHMIDT	ARLENE COAR	
GAYLA STEWART	ROBERT WRIGHT	MICHELLE GIFFROY-ROSSI	
ANNA CALLAHAN	GAIL SCHAFER	GERALD ROTH	
RAY DINOI	AUDREY TUCKER	KATHRYN WELSH	
GERALD WHEATON	BARBARA CHAPAY	GERRY WHITE	
ROBERTA CAPPELLI	RAYMOND GOOD	JUDITH DORNHEIM	

Snow Closing



In an effort to simplify the notification for the closing of the Senior Center for bad weather please be advised that if Phoenixville Area School District has a delay or is closed, the Center will be closed. You can find information on school closings on major news programs. We will post an announcement of the closing of the Center on our Facebook page, Website or just call the Center in the morning for a recorded announcement.



Tax Season is Coming!

We will have a limited number of AARP tax appointments available this year. Like last year, you will schedule two appointments – one to drop off or scan your documents, and one a week later to sign your paperwork. To keep everyone safe, you will stay in your car for these appointments.

Phoenixville Senior Center VIP Supporters may call the center to schedule their appointments starting on Monday, December 13th.

All other Senior Center participants may call to schedule starting on Wednesday, January 5, 2021.

To schedule, please call Cari at 610-935-1515, ext 24. Please leave a clear message with your name, number, and the reason for your call, and she will call you to schedule as soon as she can. Not sure if you are a VIP Supporter? Call Cari and leave a clear message with your name, number, and reason for calling, and she will get back to you.

Want to become a VIP Supporter? Cards are \$30 for an individual, and \$55 for a couple.



“UNDER THE WILLOW TREE”

ONLINE GRIEF SUPPORT GROUP

hosted by Leigh Ann Pratt Bereavement Coordinator



What: “Under the Willow Tree” is a grief support group offered virtually by Willow Tree Hospice. This is a safe place to share, grow, and socialize with other adults going through bereavement. Through discussion and special guest speakers, we'll offer not only an opportunity to learn from each other, but we hope to equip you with tools to aide in the grief process, reduce stress, and create new friendships. The virtual setting is unique. We ask we can see your face (aka use video) to help make the connection more personal, if possible.

When: WEEKLY-- Thursdays 7-8pm Length of meeting will vary from 30-60 min depending on attendees and length of sharing. You do not have to attend weekly, but it will be offered weekly.

Where: Microsoft Teams online Cost: NONE

You must email to pre-register: Leighann.pratt@amedisys.com and a link will be sent to you.

Covid 19 Vaccine Information / Only clinic in December is on the 14th

Chester County Health Department is hosting vaccination clinics at PASC Tuesdays through the end of 2021. They are offering Moderna's first, second, third doses and booster. You can make an appointment by calling Chester County at 610-344-6225 or following this link: <https://www.chesco.org/4822/COVID19Vaccine>. Call the center at 610-935-1515 if you have trouble making an appointment. Contact your health care provider if you have any questions.

If you need a Pfizer booster, Pfizer third dose or J&J third dose please use the website <https://www.chesco.org/4822/COVID19Vaccine> or call 610-344-6225 to schedule an appointment at the Government Services building in West Chester or contact your local pharmacy. Gateway Pharmacy is offering vaccination clinics on Tuesdays and Fridays. Call 610-933-2609 for an appointment.



Normal blood pressure is vital to life. Without the pressure that forces our blood to flow around the circulatory system, no oxygen or nutrients would be delivered through our arteries to the tissues and organs

Join the Senior Center and Tower Health as they present a health talk roundtable entitled **"Do You Know: Understanding the Highs and Lows of Blood Pressure"**

On Wednesday December 15th at 11am at the Phoenixville Senior Center

Please call Christine at 610-935-1515 ext 29 to reserve your space as they are limited.

On **Wednesday December 15th 9:30 to 11:30** the Senior Center will host a representative from Senator Carolyn Comitta's office. Services they can help with are **New** Septa Passes, property tax/rent rebate, unclaimed property and much more. Please call the center at 610-933-1515 ext 29 if you plan to come.

Senator
**Carolyn
Comitta**

**Need a Copy of Your
Vaccination Records?**

**Request a Copy From the
Pennsylvania Dept. of Health**



Email

RA-DHPASIS@PA.GOV



Or Call

877-774-4748



Senior Tech Group

Mondays at 1 and 7 PM

They are Currently Gathering **Online**.

SeniorTechGroup.com Everyone Welcome

No matter what operating system your computers, tablets, or phone uses, or if you are thinking about getting involved with some new tech or making a change, this is the place for you.

To join the online program, subscribe to Senior Tech groups mailing list at bit.ly/STGlist

You'll receive weekly email instructions for participating in **online gatherings**, special programs, timely tech news, and security alerts. We'll never SPAM your inbox.

INFORMATION AND ASSISTANCE

In these challenging times, there is assistance available for those who need it. If you need help, please leave a message for Cari at the center 610-935-1515 ext 24 or send her an email at cforeman@phoenixvilleseniorcenter.org.

Here is a list of some of the available programs with their gross monthly income limits for a one-person household and asset/resource limits where applicable:

PACE/PACENET – helps to save money on prescription medication costs (PACE: \$1,208/PACENET: \$2,292)

LIS/Extra Help with Medicare Part D – helps with monthly premiums, annual deductibles, and co-payments (\$1,595, assets: \$13,110)

Medicare Savings Program – helps pay Medicare premiums, deductibles, coinsurance, and copayments depending on level of assistance (\$1,436, assets: \$7,860)

Medical Assistance – Medicaid for those with Medicare (1,063, assets: \$2,000)

SNAP – supplemental nutrition assistance (\$1,041, assets: \$3,500) ****EVERYONE who gets SNAP is getting extra benefits, called “emergency allotments” (EAs), in April 2021 and can spend them without worry. EAs are to help with food costs during the pandemic.***

Senior Food Box – supplemental canned and dry goods (\$1,595)

Property Tax / Rent Rebate help

LIHEAP (Low-Income Home Energy Assistance Program) – helps with heating costs

THE APPRISE PROGRAM

IS NOW PA MEDI!

Same Program,
Same Services
for Pennsylvania's
Medicare Beneficiaries,
now with a New Name.



Emergency Rent and Utility Assistance for

County Residents

The rent and utility grants are available to individuals and families in Chester County who are obligated to pay rent and who:

1. Qualify for unemployment or have experienced a reduction in household income, incurred significant costs, or experienced a financial hardship due to COVID-19
2. Demonstrate a risk of experiencing homelessness or housing instability
3. Have a household income at or below 80 percent of the area median - family of 1 = \$54,150 and family of 4 = \$77,300. (Amount may be subject to change.)

To apply for funding, residents should **call 211** and request rent and utility assistance. Three housing organizations – Friends Association, the Housing Authority of Chester County, and Open Hearth, Inc., will work with the applicants, to process payments to landlords and utility providers.

February 2022						
◀ January						March ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Groundhog Day	3	4	5
6 Super Bowl	7					
13	14 Valentine's Day	15				
20	21	22	23	24	25	26 Phoenixville Area Senior Center BINGO
27	28	Saturday, February 26, 2022 Kimberton Fire Company Doors open at 1 Games start at 2 Tickets are limited 15 games/5 specials - Tickets \$25.00 Click Here				

Mon		Tue		Wed		Thu		Fri	
	29		30		1		2		3
8:45am - Stretch and Flex 11am - Holiday Movie		Giving Tuesday 10am - Garland making		8:45am - Stretch and Flex 1pm - Watercolor class		9am - Walking group 10am - Duplicate Bridge 1pm - Pinochle 1pm - Social Stitchers		8:45am - Chair exercise 10am - Food distribution	
8:45am - Stretch and Flex 11am - Holiday Card Craft	6	9am - Walking group 10:30am - Book Club 10:30am - Zoom Coffee 11am - Mahjong 1pm - Art on Canvas 1pm - Pinochle	7	8:45am - Stretch and Flex 9am - Veterans Breakfast 12pm - AARP Meeting	8	9am - Walking group 10am - Duplicate Bridge 1pm - Pinochle 1pm - Social Stitchers	9	8:45am - Chair exercise 10am - Food distribution	10
8:45am - Stretch and Flex 11am - Gingerbread craft	13	9am - Walking group 10:30am - Zoom Coffee 11am - Mahjong 1pm - Pinochle	14	8:45am - Stretch and Flex 9:30am - PA sen Comitta 11am - Tower Health Talk 12pm - Holiday VIP Party 1pm - Holiday Sing a long	15	9am - Walking group 10am - Duplicate Bridge 1pm - Pinochle 1pm - Social Stitchers 5pm - Third Thursday	16	8:45am - Chair exercise 10am - Food distribution	17
8:45am - Stretch and Flex 11am - Christmas Bingo	20	9am - Walking group 10:30am - Zoom Coffee 11am - Mahjong 1pm - Pinochle	21	8:45am - Stretch and Flex 11am - Holiday Movie	22	9am - Walking group 10am - Duplicate Bridge 1pm - Food Distribution	23	Center Closed	24
Center Closed	27	9am - Walking group 10:30am - Zoom Coffee 11am - Mahjong 1pm - Pinochle	28	8:45am - Stretch and Flex	29	9am - Walking group 10am - Duplicate Bridge	30	Center Closed	31

Phoenixville area senior center FRIENDSHIP-LEARNING-ACTIVITY

2020-21 SUPPORTER VIP CARD includes the following benefits:

Newsletters – emailed or mailed to your home
Free access to Information & Assistance / APPRISE Counselors
Early Bird Registration for taxes and other high demand programs
Breakfast, Lunch & Emergency Meals
Caring and Compassionate Friends
Discount rates for Senior Center Travel
Invitations to Cardholder Special Events
Advocacy to Local municipalities and Pennsylvania State Department of Aging
Discount rates on classes
Innovative programs
Silver Sneakers Exercise Classes

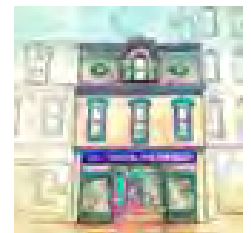
FEE \$30 individual \$55 Couple

With more to come, our Discount Partners include:

All Kinds of Fast
Belle Haven
Boston Market
Cameron Peters Floral Design
Chikara Sushi
Ellie's Choice
Gateway Pharmacy
Infinitos
Nest Home Decor
Uncle B's BBQ Shack



Ellie's Choice



How Scrip Works

Buy Gift Card

Buy a gift card from over 750 brands from the Phoenixville Area Senior Center.

Earn Funds

The rebate on the gift card immediately goes to funding the center’s initiatives

Spend Gift Card

You use the gift card on your every- day shopping or give it as a gift.

Retailer	Amount	Quantity	Total
Example: Target	\$25	2	\$50
Total			

Name: _____

Phone: _____

Please Contact Christine at 610-935-1515 ext 29 for a current list of participating retailers or go to this website for participating vendors and offers
<https://www.shop withscrip.com/>
Order forms due no later than December 10th for Christmas to receive your cards before the Holidays

Phoenixville Area Senior Center
153 Church Street
Phoenixville, PA 19460
610-935-1515
www.phoenixvilleseniorcenter.org
Electronic Service Requested

NONPROFIT ORG
US POSTAGE PAID
Southeastern, PA
Permit No.609

**The Senior Center provides a meeting place for persons over 60 years of age living in the following areas:
Spring City, Phoenixville, East and West Vincent, East and West Pikeland, Charlestown and Schuylkill
Townships and the surrounding areas.**

The Phoenixville Senior Center is supported by:
Chester County Department of Aging Services
Fundraising Events

Various Foundations
The generosity of individual donors



United Way
of Chester County



The Pennsylvania Council on the Arts, a state agency

Senior Adult Activity Center of Phoenixville Area is a 501(c)3 charitable organization, contributions to which are tax-deductible as permitted by law. The official registration and financial information of Senior Adult Activity Center of Phoenixville Area may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.