

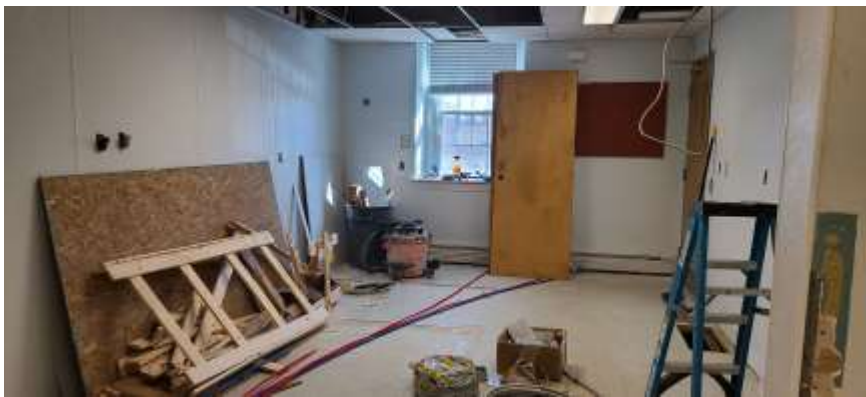
# THIS WEEK AT THE CENTER

March 7-11 2022



The kitchen renovation is in full swing. The coffee bar is noticeable in the dining room. There are lots of pipes and wire for the plumbing and electrical work. Blue prints seem to be everywhere! Please be careful as you enter the dining room, and please use the front doors. You may save a few steps by entering a side door, but you may also encounter a ladder, 2x4 or other construction materials. We have a large clear aisle in the dining room from the front door to the elevator. Please use it.

With all that going on, we still packaged all the food for the drive thru on Friday, hosted AARP Phoenixville Chapter, 7 exercise classes, Bridge, Pinochle, Social Stitchers, prepared tax returns, distributed Eat Fresh boxes, hosted Virtual Coffee hour, and more. Who said the Center isn't open? You can find all of our activities on our website [www.phoenixvilleseniorcenter.org](http://www.phoenixvilleseniorcenter.org). Click "Activities" to see the offerings.



We are doing our best to keep everyone safe, but we need your help! **DO NOT ENTER THE CENTER** if you have cold symptoms, sore throat, cough, sneezing, runny nose, aches, fever, stomach upset or were exposed to someone with Covid!

Our exercise classes, and some others are offered in-person and on Zoom! Click [HERE](#) for PASC Zoom classroom.

Monday March 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11
8:45am Silver Sneakers Circuit 9:45am Silver Sneakers Classic 12:30pm Stay Fit Zoom	9:00am Walk w/ the Center 10:00am Mahjong 10:30am Zoom Coffee Hour 1:00pm Pinochle 1:00pm Silver Sneakers Yoga	8:45am Silver Sneakers Circuit 9:45am Silver Sneakers Classic 10:30am Wondrium Zoom 1:00pm Watercolor Class	9:00am Walk w/ the Center 10:00am Duplicate Bridge 10:30am Qigong Zoom 1:00pm Social Stitchers 1:00pm Pinochle	8:45am Silver Sneakers Yoga 9:45am Silver Sneakers Classic 11:00am Food Pick Up

Marti Daly, a Phoenixville artist, is offering a **Water color Art Class on Wednesday at 1**. The paintings the participants create in her class are beautiful works of art that anyone can do with a little help from the teacher. Why not try?

Our next event is our **Irish Wake** – March 17 - Join us on Third Thursday for a night of all things Irish – song, dance, bagpipes, music, and lots of jokes! Talk to experts about end-of-life planning for you or your loved ones. \$20 Meal includes Shepherd's Pie, Irish soda bread, Sly Fox's Softly Falling Darkness Oatmeal stout or other beverage. [Click here](#) for tickets.

**AARP Foundation/Tax-Aid** appointments are still available. Please call 610-935-1515 x 24 and leave a message for Cari who will return your call to schedule 2 drive thru appointments. The center is open for activities. Please proceed slowly through our parking lots! Tax preparers and Seniors attending activities are in the lots! Parking on the firehouse side of the building is for taxes only. All participants joining us for activities should enter the parking lot on the Clinic side of the building.