

June 27 - July 1, 2022



Did you notice our new signs in the parking lot? Don't worry, we don't expect you to pay to park when you come to the Senior Center. We added them to encourage all those who use our lot to access the restaurants and retail on Bridge Street to make a donation. These donations will be used towards maintaining the Center



Our volunteers are having a good time preparing the newsletter to mail. If you have time, we need help! Volunteers are needed to prep for breakfast and lunch, dining room hosts, gardening, prepare mailings, and more. Call Christine at 610-935-1515 for more information.

Lunch is served daily at noon. If you plan to have lunch at the Center, we need your reservation by Monday the week prior. If you would like to join us for any of the following meals, please make your reservation by Tuesday, July 5 at <https://community.copilot21.com/> or by calling 610-935-1515. If you would like to join us, but didn't make a reservation? No problem, call ahead to see if someone cancelled or bring a bag lunch. It's not all about the food, it is the friendships and connections made while eating your meal that are important.

July 4	5	6	7	8
Closed	Meatloaf with gravy	BBQ Chicken	Cheeseburger	Chicken Cordon Bleu

Check the schedule below, most activities are in-person, some are on Zoom (Z) or both-Hybrid (H). Click [HERE](#) for PASC Zoom classroom. For vaccinated participants, masks are optional.

27 8:45 Circuit Exercise 9:30 Coffee Hour 9:45 Chair Exercise 10:30 Board Games 12:00 Lunch 12:45 Fried Green Tomatoes (Movie) 1:00 Scrabble	28 8:00 Breakfast 9:00 Walking Group 9:30 Coffee Hour 10:00 Mahjong 10:30 Zoom Coffee Hour 10:30 Board Games 12:00 Lunch 12:45 Pinochle 1:00 Yoga	29 8:00 Breakfast 8:45 Circuit Exercise 9:30 Coffee Hour 9:45 Chair Exercise 10:00 Fresh2You Mobile Market 10:30 Board Games 11:00 Tower Health Talk 12:00 Lunch 1:00 Pickleball Class	30 8:00 Breakfast 9:00 Walking Group 9:30 Coffee Hour 10:00 Duplicate Bridge 10:30 Poker 12:00 Lunch 12:45 Pinochle 1:00 Yoga 1:00 Social Stitchers	1 8:45 Circuit Exercise 9:30 Coffee Hour 9:45 Chair Exercise 10:30 Scrabble 10:45 Gilded Age (TV Series) 12:00 Lunch 12:45 Board Games
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## Upcoming Programs – Save the Date

**Fresh to You Mobile Market sets up** in our parking lot at 10 on Wednesdays and continues weekly until late fall. Stop in at the Senior Center to get your application for **Senior Farmers Market Nutrition Program** which provides coupons to be used at select Farmer's Markets and Farm Stands or [click here](#).

**Have you watched HBO's Gilded Age?** Come watch an episode from the series every Friday morning starting June 10th at 10:45am. A young woman entering 1882 New York City's rigid social scene is drawn into the daily conflicts surrounding the nouveau riche Russell family.

June 29 at 1 pm come **learn to play pickleball** in our United Healthcare/Payton Agency gym. Its lots of fun! Games are held on Friday afternoons at the new Rec. Center, resuming July 8 at 1.

**Get your VIP card** now! Last year's card expires on June 30. Some benefits include discounts to shops, early bird tax sign up, and the Senior Center newsletter sent to you by mail or email. [Click here](#) to purchase and we will send them to you.

**Monday, July 4<sup>th</sup>** the Center is CLOSED. Enjoy your holiday!