

June 6-10, 2022

Our Breakfast program re-started on Wednesday and participants enjoyed sausage and waffles with strawberries then ham and eggs on Thursday. Come join us from 8-9 on Tuesdays, Wednesdays and Thursdays. The community is invited, regardless of age. Reservations are not required. Donations are gratefully accepted.



Sally with volunteers Vivian Berger & Susan Schwartz.

As prices of groceries rise, it's frightening for those on fixed incomes. Join us this Thursday June 9 at 1 **SNAP for Seniors** – an information session on SNAP (Supplemental Nutrition Assistance Program), a government program that helps people buy food. Presented by the Coalition Against Hunger/SNAP Hotline. Preregister with Cari by calling 610-935-1515 ext. 24 or emailing cforeman@phoenixvilleseniorcenter.org.

Also this Tuesday Sally Sweeney our long time kitchen manager retires. Come give her your best wishes on Tuesday during breakfast. We wish her a long happy retirement, and thank her for her years of service. Her special touch made every participant feel special!

Lunch is served daily at noon. If you plan to have lunch at the Center, we need your reservation by Monday the week prior. If you would like to join us for any of the following meals, please make your reservation by Monday, June 6 at <https://community.copilot21.com/> or by calling 610-935-1515. If you would like to join us, but didn't make a reservation? No problem, call ahead to see if someone cancelled or bring a bag lunch. It's not all about the food, it is the friendships and connections made while eating your meal that are important.

June 13	14	15	16	17
Glazed Ham	Chicken Lo Mein	Chicken Cacciadore	Roast Beef Sand.	Barbequed Pulled Turkey

Check the schedule below, most activities are in-person, some are on Zoom (Z) or both-Hybrid (H). Click [HERE](#) for PASC Zoom classroom. For vaccinated participants, masks are optional.

June 6	7	8	9	10
8:45 Circuit Exercise	8:00 Breakfast	8:00 Breakfast	8:00 Breakfast	8:45 Circuit Exercise
9:30 Coffee Hour	9:00 Walking Group	8:45 Circuit Exercise	9:00 Walking Group	9:30 Coffee Hour
9:45 Chair Exercise (H)	9:30 Coffee Hour	9:30 Coffee Hour	9:30 Coffee Hour	9:45 Chair Exercise(H)
10:30 Board Games	10:00 Mahjong	9:45 Chair Exercise(H)	10:00 Duplicate Bridge	10:30 Board Games
12:00 Lunch	10:30 Coffee Hour(Z)	10:00 Fresh2You Mobile Market	10:30 Poker	10:45 Pickleball Class
1:00 Scrabble	10:30 Board Games	10:30 Board Games	10:30 Board Games	12:00 Lunch
1:00 Cash BINGO	11:00 Art on Canvas	12:00 Lunch	12:00 Lunch	12:45 Board Games
	12:00 Lunch	1:00 Pickleball Class	1:00 Social Stitchers	
	1:00 Pinochle	1:00 Watercolor Art Class	1:00 Pinochle	
	1:00 Yoga		1:00 Yoga	
			1:00 SNAP for Seniors	

Upcoming Programs – Save the Date

An Evening with Elvis–Join us Third Thursday–June 16 to be entertained by Elvis impersonator Jeff Krick, Jr. and feast on some Memphis BBQ. Entertainment begins at 5pm with meal of BBQ, coleslaw, potato salad, and baked beans following. Tickets \$15. Call 610-935-1515 x 29 or [CLICK HERE](#).

Vacation 50/50 – Get your tickets to win extra cash for your vacation. 1 for \$10, 3 for \$25. Winning ticket will be pulled at An Evening with Elvis on June 16. You do not have to be present to win. Call 610-935-1515 or [Click Here](#). The pot is now over \$2,500 with winner getting half, over \$1,250. Let's get the pot up to \$3,000 by buying your tickets this week.

Fresh to You Mobile Market returns on June 8th in our parking lot at 10 and continues weekly until late fall. Stop in at the Senior Center to get your application for **Senior Farmers Market Nutrition Program** which provides coupons to be used at select Farmer's Markets and Farm Stands or [click here](#).

Our monthly **Birthday Social** is on June 15 featuring **The Noteables**, a local chorus, with a very entertaining program! Call to join us for lunch and stay for the entertainment. The Noteables will begin at 1.