

July 4- July 8, 2022



The Phoenixville Area Senior Center will be closed on Monday July 4 to celebrate Independence Day.



We offer Duplicate Bridge every Thursday morning. Call to play with this fun group!

Lunch is served daily at noon. If you plan to have lunch at the Center, we need your reservation by Monday the week prior. If you would like to join us for any of the following meals, please make your reservation by Tuesday, July 5 at <https://community.copilot21.com/> or by calling 610-935-1515. If you would like to join us, but didn't make a reservation? No problem, call ahead to see if someone cancelled or bring a bag lunch. It's not all about the food, it is the friendships and connections made while eating your meal that are important.

July 11	12	13	14	15
Baked Tilapia	Country Fried Steak	Roast Turkey	Penne Pasta	Glazed Ham

Check the schedule below, most activities are in-person, some are on Zoom (Z) or both-Hybrid (H). Click [HERE](#) for PASC Zoom classroom. For vaccinated participants, masks are optional.

July 4	5	6	7	8
Center Closed	8:00 Breakfast 9:00 Walking Group 9:30 Coffee Hour 10:00 Mahjong 10:30 Coffee Hour (Z) 10:30 Board Games 12:45 Pinochle 1:00 Yoga	8:00 Breakfast 8:45 Circuit Exercise 9:30 Coffee Hour 9:45 Chair Exercise (H) 10:00 Fresh2You Mobile Market 10:30 Board Games 10:30 Pickleball Open Play 12:00 AARP Meeting	8:00 Breakfast 9:00 Walking Group 9:30 Pinochle 101 9:30 Coffee Hour 10:00 Duplicate Bridge 10:30 Poker 12:45 Pinochle 1:00 Social Stitchers 1:00 Yoga	8:45 Circuit Exercise 9:30 Coffee Hour 9:30 The Blob (movie) 9:45 Chair Exercise (H) 10:30 Scrabble 12:45 Board Games 1:00 Pickleball @ Rec Center

### Upcoming Programs – Save the Date

**Fresh to You Mobile Market sets up** in our parking lot at 10 on Wednesdays and continues weekly until late fall. Stop in at the Senior Center to get your application for **Senior Farmers Market Nutrition Program** which provides coupons to be used at select Farmer's Markets and Farm Stands or [click here](#).

As we **learn to play pickleball**, our United Healthcare/Payton Agency gym is open for practice Wednesdays at 10:30. Games are held on Friday afternoons at the new Rec. Center, resuming July 8 at 1.

**Get your VIP card** now! Last year's card expires on June 30. Some benefits include discounts to shops, early bird tax sign up, and the Senior Center newsletter sent to you by mail or email. [Click here](#) to purchase and we will mail them.

Want to **learn to play Pinochle**. Join us on Thursdays at 9:30 for those who need a refresher or are new to the card game.

I hope you know that the movie "The Blob" was partially filmed in Phoenixville. Blobfest is scheduled for July 8-10, so we are showing the movie **The Blob** on Friday July 8 at 9:30

Our Walking group meets on Tuesdays at 9 at Black Rock Sanctuary and on Thursdays at Charlestown Park. All are welcome!