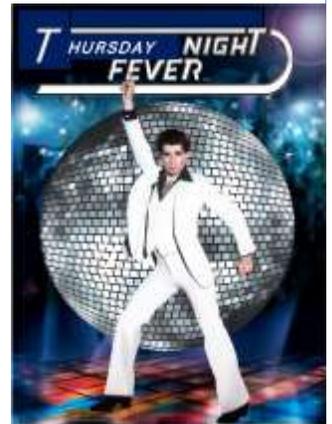


August 15-19, 2022

Our Covid scare from 2 weeks ago is over and everyone is well. We are back to normal operations. Although the CDC has reduced quarantine restrictions, we ask that you evaluate your risk and wear a mask for a couple more days.

Our Third Thursday event is Thursday Night Fever on August 18 beginning at 5 pm. Join us for a Spaghetti Dinner followed by a 70's style Dance Party. We will learn a line dance, give prizes to the best 70's dressers, and disco the night away with DJ Tom Dalton. \$15 per person \$13 with VIP card. Call Christine at 610-935-1515 or Click [HERE](#) for tickets. We have a limited number of seats, so call ahead to reserve your space.



Birthday Social is Wednesday August 17 with entertainment by Crescendo Phoenixville. Help celebrate our August Birthdays with a group of budding musicians. Didn't order lunch? Call ahead to see if we have extra, or bring a bagged lunch.

Breakfast is served Tues, Wed. & Thurs. from 8-9. Lunch is served daily at noon. If you plan to have lunch at the Center, we need your reservation by Monday the week prior. If you would like to join us for any of the following meals, please make your reservation by Monday, August 15 at <https://community.copilot21.com/> or by calling 610-935-1515. If you would like to join us, but didn't make a reservation? No problem, call ahead to see if someone cancelled or bring a bag lunch.

August 22	23	24	25	26
Oven Roasted Chicken	Sausage with Peppers & Onions	Swedish Meatballs	Chef Salad	Chicken Pesto

Check the schedule below, most activities are in-person, some are on Zoom (Z) or both-Hybrid (H). Click [HERE](#) for PASC Zoom classroom. For vaccinated participants, masks are optional.

15 8:45 Circuit Exercise 9:30 Coffee Hour 9:45 Chair Exercise (H) 10:30 Board Games 10:30 Cash BINGO 10:45 Pickleball Open Play 1:00 Yahtzee 1:00 Digital Skills Ready@50+ Class (Video Chat)	16 9:00 Walking Group 9:30 Coffee Hour 10:00 Persuasion (movie) 10:00 Mahjong 10:30 Coffee Hour (Z) 10:30 Board Games 12:45 Pinochle 1:00 Yoga	17 8:45 Circuit Exercise 9:30 Coffee Hour 9:30 Representative for St.Sen. Comitta 9:45 Chair Exercise(H) 10:00am Fresh2You Mobile Market 10:30 Board Games 10:45 Pickleball Open Play 12:00 Birthday Social	18 8:30 Blood Pressure Checks 9:00 Walking Group 9:30 Coffee Hour 10:00 Bridge 10:30 Poker 12:45 Pinochle 1:00 Yoga 1:00 Social Stitchers 5:00 Thursday Night Fever	19 8:45 Circuit Exercise 9:30 Coffee Hour 9:45 Chair Exercise (H) 10:30 Scrabble 10:45 Firefly Lane (TV Series) 12:45 Board Games 1:00 Pickleball @ Rec Center
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Upcoming and On-going Programs

Get your VIP card now! Last year's card expired on June 30. Some benefits include discounts to shops, early bird tax sign up, and the Senior Center newsletter sent to you by mail or email. [Click here](#) to purchase and we will mail them to you. All proceeds help keep our programs running at the Center, please support the Senior Center.

Fresh to You Mobile Market sets up in our parking lot at 10 on Wednesdays. **Senior Farmers Market Nutrition Program** which provides coupons to be used at select Farmer's Markets [click here](#).

As we **learn to play pickleball**, our United Healthcare/Payton Agency gym is open for practice Mondays & Wednesdays at 10:30. Games are held on Friday at 1 at the new Rec. Center. Expanding to Mon, Wed, & Fri 1-3 in September.

Third Thursday in September is our Annual Health Fair. Join us September 16 from 3-5. Free

Annual Bag Bingo – November 12, 1-4, Kimberton Fire Company \$25 now/\$35 at the door. More information soon.

September is National Senior Center month. Watch for the newsletter and website for new activities and special events.