

August 22-26, 2022

We had another great week at the Center with more fun planned for the Fall. Our Birthday Social with Crescendo Phoenixville was a hit on Wednesday followed by our Thursday Night Fever on Thursday. As we prepare for Fall and National Senior Center month in September, we hope you will be excited about all the activities and opportunities available to you.



Celebrating August Birthdays with lunch, cake & ice cream. Students from Crescendo Phoenixville entertained us. What talent!!!



Breakfast is served Tues, Wed. & Thurs. from 8-9. Lunch is served daily at noon. If you plan to have lunch at the Center, we need your reservation by Monday the week prior. If you would like to join us for any of the following meals, please make your reservation by Monday, August 22 at <https://community.copilot21.com/> or by calling 610-935-1515. If you would like to join us, but didn't make a reservation? No problem, call ahead to see if someone cancelled or bring a bag lunch

August 29	30	31	1	2
Fish Patty Sandwich	Pulled Turkey BBQ	Philly Cheesesteak	Meatloaf	Roasted Chicken

Check the schedule below, most activities are in-person, some are on Zoom (Z) or both-Hybrid (H). Click [HERE](#) for PASC Zoom classroom. For vaccinated participants, masks are optional.

<p>22 8:45 Circuit Exercise 9:30 Coffee Hour 9:45 Chair Exercise(H) 10:30 Board Games 10:30 August Craft 10:45 Pickleball Play 1:00pm Yahtzee 1:00pm Digital Skills Ready@50+(Finding Info Online)</p>	<p>23 9:00 Walking Group 9:30 Coffee Hour 10:00 Mahjong 10:30 Coffee Hour (Z) 10:30 Board Games 12:45 Pinochle 1:00 Yoga</p>	<p>24 8:45 Circuit Exercise 9:30 Coffee Hour 9:45 Chair Exercise (H) 10:00 Fresh2You 10:00 Blood Pressure ✓ 10:30 Board Games 10:45 Pickleball Open 12-2:00 Birthday Social 1:00 Digital Skills Ready@50+(Gmail Tips & Tricks) 1:00 Watercolor Art Class</p>	<p>25 8:30 Blood Pressure ✓'s 9:00 Walking Group 9:30 Coffee Hour 9:30 Representative for State Rep. Shusterman 10:00 Duplicate Bridge 10:30 Poker 12:45 Pinochle 1:00 Yoga 1:00 Social Stitchers</p>	<p>26 8:45 Circuit Exercise 9:30 Coffee Hour 9:45 Chair Exercise (H) 10:30 Scrabble 10:45 Firefly Lane (TV Series) 12:00 Lunch 12:45 Board Games 1:00 Pickleball @ Rec Center</p>
--	--	--	---	---

Upcoming and On-going Programs

Get your VIP card now! Last year's card expired on June 30. Some benefits include discounts to shops, early bird tax sign up, and the Senior Center newsletter sent to you by mail or email. [Click here](#) to purchase.

Fresh to You Mobile Market sets up in our parking lot at 10 on Wednesdays.

[As](#) we learn to play pickleball, our United Healthcare/Payton Agency gym is open for practice Mondays & Wednesdays at 10:30. Games are held on Friday at 1 at the new Rec. Center. Expanding to Mon, Wed, & Fri 1-3 in September.

Third Thursday in September is our Annual Health Fair. Join us September 16 from 3-5. Free

Annual Bag Bingo – November 12, 1-4, Kimberton Fire Company \$25 now/\$35 at the door. More information soon.

September is National Senior Center month. Watch for the newsletter and website for new activities and special events. The Senior Adult Activity Center of Phoenixville Area is a 501(c)3 charitable organization, contributions to which are tax-deductible as permitted by law. The official registration and financial information of Senior Adult Activity Center of Phoenixville Area may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement for this contribution.