





From the Desk of Executive Director, Julie Gaudan

We have a busy month ahead of us. Next thing you know it will be 2023! Join us on October 20 for Oktoberfest! Our Chromebooks arrived so computer classes will be hands on! AARP Safe Driving class starts October 10th.

We are considering a Supper Club. We are looking at a local restaurant on the first Thursday of every month for a special prix fixe menu just for us. If you are interested, please leave a message for Christine at 610-935-1515 ext 29.

Please check with your health care provider to see what vaccinations you need. I just got my dTAP for tetanus, diphtheria and pertussis (whooping cough). If you weren't able to join us for our COVID vaccination clinic, contact your local pharmacy. I will be getting my flu shot this month. If your provider recommends them, vaccinations are always a good idea!

Many of us received the Emergency Planning Information for Limerick. It looks a little different now. If you no longer drive or would have trouble evacuating, please fill out the card

below. This is important enough that I am using the front page to share it. If you still have the original, you may mail it as directed. If you don't, clip this form out, complete it and mail it to:

Constellation Energy Corp. 34148 Lake RD Oswego, NY 13126-9907

Julíe

 Deaf or hard of hearing (difficult to hear outdoor warning sirens or other emergency notifications)? Yes Difficulty evacuating in an emergency? Yes Without any personal means of transportation to evacuate in an emergency? Yes Number of people in household?
 3. Without any personal means of transportation to evacuate in an emergency? Yes 4. Number of people in household?
 4. Number of people in household?
 5. Require medical attention for known condition if evacuated from your home? Yes 6. Without access to emergency alert messaging (no smart phone, television, or radio)? Yes
6. Without access to emergency alert messaging (no smart phone, television, or radio)? Yes 🗋
Yes 🗋
Name:
Address (No P.O. Boxes):
City, State, Zip:
Municipality: County:
Telephone Number:

Like sports? Want to talk sports with other like minded people?

Join our bi-monthly

Monday Morning Sports Desk



On October 3rd and 17th at 9am

Fall Craft Day

Monday Oct 17th at 10am

Let's try something new! Wool Felting Pumpkins

Led by one of our own participants, Tish will teach us how to make this adorable pumpkin using wool and needles. Fee \$5. Space is limited!

610-395-1515 ext 29

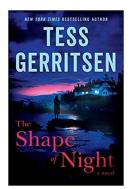


Ornament Craft

October 21st at 10am

Every year the Senior Center sends in homemade ornaments to be displayed on the Capital Tree in Harrisburg. Help us make one to send in and a couple for yourselves.

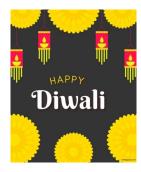




Book Club with Mark Pinto Monday October 31th at 2pm "The Shape of Night" by Tess Gerritsen A woman trying to outrun her past is drawn to a coastal village in Maine—and to a string of unsolved murders.

If you need a copy of the book or to register, please call 610-935-1515 ext 29

Come Celebrate the October holidays with us!



October 24th—Diwali at 1pm

Diwali is a festival of lights and one of the major festivals celebrated by Hindus, Jains, Sikhs, and some Buddhists. The festival usually lasts five days and is celebrated during the Hindu lunisolar month Kartika.

Try a sweet treat and listen to beautiful music to celebrate Diwali.

October 31st—Halloween at 1pm

The tradition originated with the ancient Celtic festival of <u>Samhain</u>, when people would light bonfires and wear costumes to ward off ghosts.



Come in costume and get a treat! If you would like to join us for lunch, please register the Monday before the week of the event.



Spencer (2021)Tuesday October 11th at 10am

Spencer is about Princess Diana's existential crisis during the Christmas of 1991, as she considers divorcing Prince Charles and leaving the British royal

family.

Starring Kristen Stewart, Jack Farthing

Uncharted (2022) Tuesday October 25th at 10am

Treasure hunter Victor "Sully" Sullivan recruits street-smart Nathan Drake to help him recover a 500-year-old lost fortune amassed by explorer Magellan. Starring Tom Holland, Mark Walhberg, Antonio Banderas



The Senior Center is looking for volunteers!

Volunteers: Breakfast/Lunch time kitchen help/prep (Mon-Fri)

Bagging bread/produce (Mon or Thurs mornings)

Volunteers will have criminal background checks and need to be fully vaccinated.

Please call 610-935-1515 x29 for more information



Tower Health/Phoenixville Hospital comes to the Senior Center

Wednesday October 26th at 11am

As they present a roundtable lecture on "Steps to a Better Memory"

Get some great tips on how to help improve your memory.

If you would like to have lunch that day, please make your reservation by October 17th

Grief Support 10/26@2pm

Grief is a deep experience of pain, sorrow and sadness, resulting from loss. This mourning process effects us emotionally, intellectually, physically and spiritually, and can last for days, months, years or even a lifetime



Please register with Christine @ 610-935-1515 ext 29

Meditation with Linda Dieffenbach

Monday October 10th at 1pm

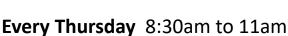


Blood Pressure Checks

Wednesday 10/12 & 10/26



10am to 11am





Taste It with the Chester County Food Bank

Please join Jenn from the CCFB on **October 18th at 10:00am** when she will lead a cooking demonstration featuring local,

seasonal produce. Please bring your thoughts and ideas (and your appetite)! We look forward to seeing you then.

Stop by the CCFB Fresh2You truck every Wednesday from 10 to 12:30 right in the Senior Center parking lot.

You can also pick up fresh produce on Thursdays at the Center starting at 10am.

AARP Smart Driver Course is coming to Phoenixville Senior Center

on October 10 and 12 from 11:00 – 3:30

The course is based on the latest driver safety research and insights. Take the course to learn evidence-based safe driving strategies and refresh your knowledge of the latest rules and hazards of the road. After course completion, you may be eligible for a multi-year auto insurance discount (check with your insurance company).

The AARP Smart Driver Course will:

· Refresh your driving skills

 \cdot Teach you the new rules of the road



· Discuss techniques for handling left turns, right-of-way, and roundabouts

 \cdot Explain research-based strategies to help keep you and your loved ones safe behind the wheel

Plus, there are no tests to pass.

The 8-hour course is offered on October 10 & 12 from 11:00 - 3:30.

Cost of the course is \$20.00 for AARP members and \$25.00 for non-members, payable by check or money order to AARP Smart Driver Course.

Only 25 seats are available, so call 610-935-1515 ext 29 to register.



SMART DRIVERTEK

OCTOBER 26TH AT 1PM

Join our 90-minute workshop to learn all about the latest high-tech safety features in your current car, or what technology to look for when shopping for a new car. The safety benefits of blind spot warning systems, forward collision warnings and more.

Join us on the last Wednesday of each month for our two exercise classes (Circuit @ 8:45 and Classic @ 9:45)when Holly leads us in getting out some energy banging away with drumsticks!



Like to play Pickleball? Want to learn how to play? Participants have multiple chances to learn/play.



Lessons with Joel at the Rec Center: \$3 fee

Wednesday October 5th and Friday 21st at 1pm

Play At the Rec Center (501 Franklin Ave): \$3 fee

Mondays, Wednesdays and Fridays at 1pm

At the Senior Center:

Open play most Monday and Wednesday at 10:45am

Rec Center is located at 501 Franklin Ave Phoenixville

Equipment will be provided. Call 610 –935-1515 ext 29 to let us know you are playing.



DSR@50+ Virtual Classes From Senior Planet

Did you miss one of our Digital Skills classes at the Senior Center? Some of the classes are now online too.

Protecting Your Personal Info Online /Cloud Storage / Google Workspace / Using Social Media for Job Searches / Affordable Home Internet

If you are interested in trying out these classes, please email Christine@phoenixvilleseniorcenter.org to register and you will be sent the link to the online classes. **Workshop Refreshers**

Monday October 3rd—Personal Information Protection

Learn tips for staying safe in cyberspace, like safe browsing and how to recognize online scams.

Monday October 10th— Gmail Tips and Tricks

Learn about important features like spellcheck, formatting emails, searching your inbox, adding a signature, and attaching files.

**Prerequisite for Chrome Essentials Course

Hands on Tech Course—Chrome Essentials

5 weeks/2 times per week

Every Monday and Friday from October 17th to November 18th at 1pm

This 5 week course will cover the essentials on how to use Chromebook, a laptop that is great for beginners who just want to use the internet. At the end of the course, you'll have a foundation for using the device to navigate the internet and learn to send and receive emails

You are required to attend every session.

<u>Pre-registration is required.</u> Register by calling 610-935-1515

Classes limited to 14 participants

If you would like to have lunch with us before the lecture, please register on the Monday a week before the program date. Call 610-935-1515 to register.

Please note that some of the classes/lectures/workshops require an email

address. Gmail is preferred. If you need help setting up a Gmail account please call Senior Planet Hotline (844)410-0268



Third Thursday

October 20th at 5pm

Tickets \$15 per person

\$13 for VIP cardholders

Join us for live music and dancing with the Lukens Band

and a great meal with your choice of Bratwurst or hotdog along with sauerkraut, German Potato salad, beverage and dessert.

To purchase tickets go to www.phoenixvilleseniorcenter.org or

https://bit.ly/PASCOKT

To choose Bratwurst or hotdog, call 610-935-1515 ext 29

or email christine@phoenixvilleseniorcenter.org



2022 HOLIDAY CASH 50/50

The prize will be drawn on Thursday, October 20, 2021 at 6 pm

during our Oktoberfest Celebration

this fundraiser is designed to award the winner extra cash to purchase holiday gifts and goodies while supporting the Senior Center. 50% of the ticket sales goes to one winner. The other 50% goes to programs and activities at the Phoenixville Area Senior Center. Oh what a gift!

Tickets 1 for \$10 or 3 for \$25,

Just mail your payment and stubs. Call 610-935-1515 for more tickets <u>CLICK HERE</u> or scan the QR code to purchase tickets online.



AARP CHAPTER 713

October 2022



PRESIDENT'S MESSAGE:

As our Chapter recovers to where it was in 2019, it really needs to grow. Please share with your friend and families the good times we have here. 2022 is officially "bring a friend" year! .

~Chuck Benz, President

"Act as if what you do makes a difference, because it does"

CALENDAR OF EVENTS/SPEAKERS

Oct 5 General Meeting 12:15 PM Mary Fuller. PACS

Oct 19 Board Meeting 10:00 PM Presbyterian Church

Nov 2 General Meeting 12:15 PM Meal of Honor Grove

UPCOMING PROGRAMS Don't miss the October 5th meeting where you will have the opportunity to meet and hear Mary Fuller from the all new Phoenixville Area Community Services. In November our own Julian McCracken will give a presentation of the Medal of Honor Grove at the Freedoms Foundation.

SUNSHINE AND SYMPATHY If you know one of our members or families who needs a pick me up, please call Kathy Tauber at 610 935 7075.

MEMBERSHIP The Board of Directors has set the dues for 2022 at \$9, no increase! Our membership dues cover the 2022 calendar year. You must present a National AARP card for 2021-22.

For 2022, dues will be collected at the April and May meetings or at the first meeting you attend in 2022.

OPPORTUNITIES TO HELP YOUR CHAPTER: Do you have a suggestion for an interesting program or speaker? Call Chuck @ 610 316 4102.

REDNER'S TAPE PROGRAM Arlene Griffin- Save your Redner's tapes! Reminder from Redners: Each receipt must be complete and include the 1% Save-a-Tape notation at the bottom of the receipt.

DID YOU KNOW that we have a Facebook page? Search Phoenixville AARP and you will find us!





Designer BAG



Benefiting Phoenixville Area Senior Center

Saturday November 12, 2022

Doors open at 1:00 pm * First game at 2:00

Kimberton Fire Company

2276 Kimberton Rd.



Tickets \$25 / \$30 at door

Price includes 15 games, Door prizes. Special games, Additional cards, Silent Auction, 50/50 Raffle, & snacks additional

\$175 Table of 8

For tickets or more information, Call 610-935-1515, scan QR code, Or go to <u>https://bit.ly/PASCBingo</u> Come celebrate our October Birthdays on October 19th

B-I.

Lunch at 12pm Entertainment at 1pm with singer Ken Ertman

Register on Copilot at the Center or call 610-935-1515 to reserve lunch by 10/10



Please join us in wishing our September Birthday Participants a very Happy Birthday!

RTHD

Linda Adamski Thomas Allred Dennis Beck Ida Bilodeau Marie Boettger Jean Bovell Alicia Cherry Shirley Cox Joan Detwiler Norris Ditterline Jeffrey Dore Gerald Dwyer Barbara Filipiak Elwood Frederick Brenda French George Gadsen Judith Gaul Tana Gazillo

Peg Groening William Hall **Della Hicks** Nadine Hoepfl Joyce Hollis **Gretchen Hyneckeal** Robert John Shirley Kaser Harold Katz Jack Keeny Eva Kondas Nancy Lapella Carol Lapenna **Betty Luckett** Ed Maksimoski Gail Malcolm Catherine Massaro Mary Matta

Marie McCormick Julian McCracken Susan Menkowitz **Regina Mosteller** Linda Ottaviano Mariane Peffall Anne Post Rose Ann Powell Adrienne Selinger Sandra Sosiak **Virginia Stewart** Jan Swarr Robyn Unruh Jerry Weiss Elwood Wilson **Charles Young** Peggy Zesotarski

Weekly Programs at the Senior Center in person and on Zoom

Silver Sneakers Circuit—Intermediate \$2/free for Silver Sneakers Participants Monday , Wednesday & Friday 8:45am This standing class alternates upper-body strength work with low-impact cardio * Don't need Silver Sneakers to join.	Coffee Hour Every day from 9:30am to 10:30am Come for the coffee, stay for a class!
Silver Sneakers Classic –Beginner \$2/ free for Silver Sneakers participants Monday, Wednesday & Friday 9:45am This workout includes fall prevention drills and exercises to improve strength and endurance. A chair and handheld weights or tubing are used. * Don't need Silver Sneakers to join.	Library every day/all day Take a book and bring it back when finished Puzzles available all day in the library! Games available for play at 10:30 every day & 12:45pm every Fri
Silver Sneakers Yoga \$2/ free for Silver Sneakers Participants Tuesday and Thursday 1pm Move through seated and standing yoga poses to in-	Scrabble Every Friday at 10:30
crease flexibility, balance and range of motion. A chair is used to meet a variety of fitness levels. * Don't need Silver Sneakers to join. Walking with Ease Tuesdays Wednesdays and Thursdays at 9am	Yahtzee Every Monday at 1pm Duplicate Bridge Thursdays at 10am
Tues & Weds outside at Black Rock Sanctuary 953 Black Rock Road, PA-113 Thursdays outside at Charlestown Park 100 Academic Way In inclement weather on Tuesdays and Thursdays we will walk at Franklin Commons. 400 Franklin Way, Mahjong	Social Stitchers Thursdays at 1pm Bring your own project to work on. Pinochle
Every Tuesday at 10am	Tuesdays and Thursdays at 12:45pm
<i>Mahjong</i> is fun and enormously popular, a classic Chinese game of strategy, skill, and summation.	<i>Pinochle</i> is a trick-taking, Ace-Ten card game played with a 48-card deck.

October Activities

Monday	Tuesday	Wednesday	Thursday	Friday
		Weekly Events		
8:30am Cont'l Breakfast 8:45am Circuit Exercise 9:30am Coffee Hour 9:45am Chair Exercise 10:30am Board Games 10:45am Pickleball Open Play 12:00pm Lunch 1:00pm Pickleball @ Rec Center 3 9:00am Sports Desk	8:00am Breakfast 9:00am Walk with Ease 9:30am Coffee Hour 10:00am Mahjong 12:00pm Lunch 1:00pm Yoga 12:45pm Pinochle	8:00am Breakfast 8:45am Circuit Exercise 9:00am Walk with Ease 9:30am Coffee Hour 9:45am Chair Exercise 10:00 Fresh2You Market 10:30am Board Games 10:45am Pickleball Open Play 12:00pm Lunch 1:00pm Pickleball @ Rec Center 5 12:00pm AARP Meeting	8:00am Breakfast 8:30am Blood Pressure 9:00am Walk with Ease 9:30am Coffee Hour 10:00am Duplicate Bridge 12:00pm Lunch 12:45pm Pinochle 1:00pm Yoga 1:00pm Social Stitchers	8:45am Circuit Exercise 9:30am Coffee Hour 9:45am Chair Exercise 10:30am Scrabble 12:00pm Lunch 12:45pm Board Games 1:00pm Pickleball @ Rec Center
1:00pm Digital Skills (Personal Info Protection)		1:00pm Pickleball Class @ Rec Center		
10 10:00am Mobile Notary 11:00am AARP Safe Driving Class 1:00pm Digital Skills (Gmail) 1:00pm Meditation with Linda	11 10:00am SeniorLAW Center 10:00am Spencer (movie) 12:00pm 90th Birthday Celebration	12 10:00am Blood Pressure 11:00am AARP Safe Driving Class 1:00pm Art Class 2:30pm Medicare Update	13	14
17 9:00am Sports Desk 10:00am October Craft 1:00pm Digital Skills (Chrome Essentials) 1:00pm Cash BINGO	18 10:00am Taste It Demo 10:30am Art on Canvas	State Sen. Comitta	20 5:00pm Oktoberfest 6:00pm Holiday 50/50 Drawing	21 10am Ornament Craft 1:00pm Digital Skills (Chrome Essentials) 1:00pm Pickleball Class @ Rec Center
24 1:00pm Diwali Celebration 1:00pm Digital Skills (Chrome Essentials)	25 10:00am Uncharted (movie)	26 8:45am Circuit Drumming 8:45am Classic Drumming 10:00am Blood Pressure 1:00pm Driver's Tech Class 11:00am Tower Health Talk 1:00pm Art Class 2:00pm Grief Support		28 1:00pm Digital Skills (Chrome Essentials)
31 1:00pm Halloween Celebration 1:00pm Digital Skills (Chrome Essentials) 2:00pm Book Club	November 1 10:00 Harmony Cares Presentation			

October Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
B: Continental Breakfast	B: Pancakes & Bacon	B: Assorted Quiche & Hashbrowns	B: Breakfast Sandwiches & Hashbrowns	
* * *	* * *	* * *	* * *	* * *
L: Meatloaf w/ Gravy	L: Fish Filet Sandwich	L: Rotisserie Seasoned Chicken	L: Pulled BBQ Pork	L: Chicken Stuffed w/ Broccoli & Cheese
* * *	* * *	* * *	* * *	* * *
Alt: Tuna Salad	Alt: Chicken Caesar Salad	Alt: BLT	Alt: Turkey Sandwich	Alt: Reuben
10	11	12	13	14
B: Continental Breakfast	B: Frittatas	B: Baked French Toast & Sausage	B: Huevos Rancheros & Fried Potatoes	
* * *	* * *	* * *	* * *	* * *
L: Meatball Florentine Bake	L: Chicken Marsala	L: Buffet Ham	L: Lasagna	L: Beef Stroganoff
* * *	* * *	* * *	* * *	* * *
Alt: Ham Sandwich	Alt: Taco Tuesday	Alt: Sesame Noodle	Alt: Tuna Salad	Alt: Chicken Salad
17	18	19	20	21
B: Continental Breakfast	B: Eggs Benedict	B: Waffles & Sausage	B: Scrambled Eggs, Bacon & Hashbrowns	
* * *	* * *	* * *	* * *	* * *
L: Grilled Chicken Alfredo	L: Kielbasa & Sauerkraut	L: Chef Salad	L: Veal Parmesan Sandwich	L: Swedish Meatballs
* * *	* * *	* * *	* * *	* * *
Alt: BLT	Alt: Tuna Salad	Alt: Cubano	Alt: No Alternative	Alt: Turkey Sandwich
24	25	26	27	28
B: Continental Breakfast	B: Cream Chipped Beef & Biscuits	B: Eggs to Order	B: Baked French Toast & Sausage	
* * *	* * *	* * *	* * *	* * *
L: Chicken Lo Mein	L: Roast Beef Au Jus	L: Chicken Cheeseteak Hoagie	L: Grilled Cheese	L: Baked Penne Pasta w/ Meatballs
* * *	* * *	* * *	* * *	* * *
Alt: Flatbread Pizza	Alt: Chicken Salad	Alt: Ham Sandwich	Alt: Chef Salad	Alt: Egg Salad
31				
B: Continental Breakfast				
* * *				
L: Pepper Steak				
* * *				
Alt: Harvest Salad				

Breakfast (Tuesday, Wednesday, and Thursday) begins at 8am Continental Breakfast (Monday) begins at 8:30am Lunch begins at 12pm Alternative Lunch Cost: \$2

Monthly Programs at the Senior Center

Please see calendar for exact days and times

Watercolor Art Class	Cash BINGO
Learn watercolor techniques with our artist Marti Supplies needed: Watercolor paper, brushes, watercolor paint, paint mixing pallet \$5 fee	Come play BINGO every month at the Center and win some money if you are lucky. \$5 to play 5 games
Art on Canvas Marti guides the class in a painting with acrylics Supplies are provided Fee: \$10/ \$5 VIP Supporter	Senior AW Center Protecting the Rights of Older Pennsylvanians will be holding a legal services intake clinic at the Phoenixville Senior Center Second Tuesday of every month FROM 10:00 AM UNTIL NOON.
Representatives from Senator Comitta's of- fice provide help with new/renew SEPTA Passes, property tax/rent rebate, unclaimed property and much more. Rep available every third Wednesday of each month from 9:30a to 11:30a	MELISSA SHUSTERMAN STATE REPRESENTATIVE Representatives from Melissa Shusterman's office provide help with new/renew SEPTA Passes, property tax/rent rebate, unclaimed property and much more. Call the office at 484-200-8260



Mobile Notary Services

October 10th and October 27th from 10am to 12pm

There will be a fee for services.

Please call 610-935-1515 for pricing and to reserve a date.

Save the date on your calendar!

Harmony Cares is coming to the

Senior Center for a presentation



on November 1st @ 10am. Stay tuned for details!

*Formally Visiting Physicians Association



Medicare's Annual Open Enrollment Period (AOEP)

October 15 – December 7

AOEP is for those who are already on Medicare. During this time, you can review and make changes to your Medicare Prescription Drug Plan (Part D) or Medicare Advantage Plan (Part C). These changes will be effective January 1, 2022. When evaluating your plans, check for changes to benefits, network areas and providers, the formulary, copays, drug tiers, and/or premiums. Any of these changes could put you at risk for additional medical expenses in the future.

If you would like assistance in reviewing your options, PA MEDI is ready to assist you. PA MEDI is Pennsylvania's statewide program of free insurance consultation under the auspices of the Chester County Department of Aging Services and the State Health Insurance Assistance Program (SHIP). PA MEDI counseling is FREE, unbiased, personalized, and confidential.

Please call Cari at 610-935-1515 ext. 24 for info or to schedule an appointment.



Medicare Update for Annual Open Enrollment

Fine Tune Your Medicare for 2023

Wednesday, October 12th, 2:30-4:00pm

This event is for people who have Medicare, want to review the basics of Medicare and see what changes they can make for the upcoming year to prepare for the Medicare Annual Open Enrollment Period (AOEP) from October 15th – December 7th. There will be time for questions and answers after the presentation, and the chance to schedule follow up appointments. This presentation is presented by Chester County PA MEDI counselors. PA MEDI, formerly known as APPRISE, is a free, confidential, and unbiased health insurance counseling program designed to help all Pennsylvanians with Medicare. PA MEDI counselors are specially trained staff and volunteers who can answer your questions and provide you with objective, easy-to-understand information about Medicare.

The presentation will be in-person, at the Phoenixville Senior Center. Please contact Cari to register at **cforeman@phoenixvilleseniorcenter.org** or 610-935-1515 ext. 24

Upcoming Changes to Medicare Prescription Drug Costs <u>Expansion of No-Cost Vaccines</u>

 \cdot In 2023, you will be able to receive all recommended vaccines without any cost-sharing. This includes the shingles vaccine.

Part D Out-of-Pocket Cost Caps

 \cdot In 2023, insulin costs will be capped at \$35/month with no deductible.

 \cdot In 2024, out-of-pocket costs for prescription drugs will be capped at the catastrophic threshold (\$7,050 in 2022)

 \cdot In 2025, out-of-pocket costs for prescription drugs will be capped at \$2,000 per year AND you will have the option to spread those costs throughout the year.

Expansion of Extra Help Program

• In 2024, those with yearly income below 150% FPL (\$20,385 in 2022) will qualify for full Extra Help. If you currently have a partial subsidy, you will qualify for the full subsidy.

90+ Birthday Luncheon Tuesday October 11th at 12pm

Join the Senior Center and Phoenixville's Mayor Peter Urscheler as we celebrate our participants who are 90 plus years. Please register yourself and a guest for lunch by October 3rd.



Phoenixville Area Senior Center 2022 Annual Sponsors





Phoenixville Federal Bank & Trust

Payton Rency



United Healthcare/The Payton Agency

Fox Rothschild, LLC

Bronze Sponsors



Gateway Pharmacy



www.owmlaw.com (610) 323-2800

OWM Law

Aging Resources

In these challenging times, there is assistance available for those who need it. If you need help, please leave a message for Cari at the center 610-935-1515 ext 24 or send her an email at cforeman@phoenixvilleseniorcenter.org.

Here is a list of some of the available programs with their gross monthly income limits for a one-person household and asset/resource limits where applicable:

PACE/PACENET – helps to save money on prescription medication costs (PACE: \$1,208/PACENET: \$2,792)

LIS/Extra Help with Medicare Part D – helps with monthly premiums, annual deductibles, and co-payments (\$1,719, assets: \$15,510)

Medicare Savings Program – helps pay Medicare premiums, deductibles, coinsurance, and copayments depending on level of assistance (\$1,549, assets: \$8,4000)

Medical Assistance – Medicaid for those with Medicare (\$1,153, assets: \$2,000)

SNAP – Supplemental Nutrition Assistance (\$2,147 for seniors)

Senior Food Box – supplemental canned and dry goods (\$2095)

Property Tax / Rent Rebate help

LIHEAP/LIHWAP -(1 person - \$19,320; 2 people - \$26,130)



Henry's Helping Paws

The Henry's Helping Paws Program provides food for the pets of senior citizens which helps to keep pets and owners together longer.

If you are interested in participating in the program, please call 610-935-1515 ext 29 and pick up an application at the Senior **Center**

Property Tax/Rent Rebate Program Application

Deadline Extended to Dec. 31, 2022

You can file your rebate applications online by visiting <u>mypath.pa.gov</u> or by contacting Cari at 610-935-1515 ext 24 for help.

Phoenixville Area Senior Center 153 Church Street Phoenixville, PA 19460 610-935-1515 www.phoenixvilleseniorcenter.org Electronic Service Requested NONPROFIT ORG US POSTAGE PAID Southeastern, PA Permit No.609

The Senior Center provides a meeting place for persons over 60 years of age living in the following areas: Spring City, Phoenixville, East and West Vincent, East and West Pikeland, Charlestown and Schuylkill Townships and the surrounding areas.

The Phoenixville Senior Center is supported by:

Chester County Department of Aging Services Fundraising Events



United Way of Chester County Various Foundations The generosity of individual donors



The Pennsylvania Council on the Arts, a state agency

Senior Adult Activity Center of Phoenixville Area is a 501(c)3 charitable organization, contributions to which are taxdeductible as permitted by law. The official registration and financial information of Senior Adult Activity Center of Phoenixville Area may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.