

October 10-14, 2022



The Senior Center is open on Columbus Day on Monday, but the Rec Center is closed. Therefore, Pickleball scheduled on Monday is cancelled. Also this week: Our 90+ extra special Birthday party is on Tuesday October 11 at noon. Have questions about Medicare? Join us for an update Tuesday at 2:30. Save \$\$\$ on you insurance with AARP's Smart Drivers course Mon. & Wed. 11-3:30. Also, remember meditation with Linda Monday at 1.

Order your tickets for **Oktoberfest on October 20** at 5:00 by Fri. Oct. 14. For \$15 or \$13 if you have our VIP card, [Click](#) for tickets. Holiday 50/50 will be pulled at 6. Winning pot is over \$1,200. Click [HERE](#), 1 for \$10 or 3 for \$25.

Meals - Breakfast is served Mon. at 8:30, Tues.-Thurs. from 8-9. Lunch is served weekdays at noon. If you plan to have lunch at the Center Oct 17-21, please make a reservation by Monday October 10 at <https://community.copilot21.com/> or by calling 610-935-1515. Didn't make a reservation, call to see if someone canceled or bring a bagged lunch.

October	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Oct 10-14	Continental	Frittatas	French toast casserole	Eggs with toppings	
Lunch Oct10-14	Meatball Florentine	Chicken Marsala	Buffet Ham	Lasagna	Beef Stroganoff
Alt. Oct. 10-14	Ham Sand.	Taco Tuesday	Sesame Noodles	Tuna Salad	Chicken Salad
Lunch Oct17-21	Chick. Alfredo	Kielbasa & Sauerkraut	Chef Salad	Veal Parm Sand	Swedish Meatball
Alt. Oct. 17-21	BLT	Tuna Salad	Cubano	No Alt.	Turkey Sand

Sign up for our **5 week, hands on, computer class** every Mon and Fri from Oct. 17 to Nov. 18. You will learn to use a Chromebook laptop, navigate the internet, send & receive email, and more. Preregistration required. Class limited to 14 participants. Call Christine 610-935-1515.

<p>10 8:45 Circuit Exercise 9:30 Coffee Hour 9:45 Chair Exercise 10:00 Mobile Notary 10:30 Board Games 11:00 AARP Smart Driver Course 1:00 Digital Skills Ready@50+ Class (Gmail Tips and Tricks) 1:00 Meditation with Linda</p>	<p>11 9:00 Walk with Ease 9:30 Coffee Hour 10:00 Mahjong 10:00 SeniorLAW Center 10:00 Spencer (movie) 12:45 Pinochle 1:00 Yoga</p>	<p>12 8:45 Circuit Exercise 9:00 Walk with Ease 9:30 Coffee Hour 9:45 Chair Exercise 10:00 Fresh2You Mobile Market 10:00 BP Checks 10:30 Board Games 11:00 AARP Smart Driver Course 1:00 Watercolor Art Class 1:00 Pickleball @ Rec Center 2:30 Medicare Update</p>	<p>13 8:30 Blood Pressure Checks 9:00 Walk with Ease 9:30 Coffee Hour 10:00 Duplicate Bridge 12:45 Pinochle 1:00 Social Stitchers 1:00 Yoga</p>	<p>14 8:45 Circuit Exercise 9:30 Coffee Hour 9:45 Chair Exercise 10:30 Scrabble 12:45 Board Games 1:00 Pickleball @ Rec Center</p>
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Upcoming and On-going Programs

Get your VIP card now! Last year's card expired on June 30. Some benefits include discounts to shops, early bird tax sign up, and the Senior Center newsletter sent to you by mail or email. [Click here](#) to purchase.

Holiday 50/50 tickets are available now. Click [HERE](#), 1 for \$10 or 3 for \$25. Drawing at Oktoberfest. Pot is over \$1,000.

Annual Bag Bingo – November 12, 1-4, Kimberton Fire Company \$25 now/\$35 at the door or \$175 for a table of 8. More information soon. [Click here](#) for tickets

The Senior Adult Activity Center of Phoenixville Area is a 501(c)3 charitable organization, contributions to which are tax-deductible as permitted by law. The official registration and financial information of Senior Adult Activity Center of Phoenixville Area may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement for this contribution.