

October 24-28, 2022



Oktoberfest was great – the food, the music by Luken’s Band, the friends, just a wonderful evening! Would you like to get together for dinner with friends more often? We are starting a Supper Club. The Center will arrange a \$30 dinner at a local restaurant one weeknight a month. The first will be held on Tuesday, November 8<sup>th</sup> at Iron Hill Brewery and will include soup or salad, entrée, dessert and non-alcoholic beverages. Pre-registration with the Center is required.

Travel Club is back!!! The first trip with Boscov’s Travel is to American Music Theatre with lunch at the Hershey Restaurant is Tuesday, November 29. The Motor coach leaves from Coventry Mall. See Christine to pre-register and pick up the registration forms. Look for a Travel Preview Party coming up in December for Trips in 2023.

**Meals** - Breakfast is served Mon. at 8:30, Tues.-Thurs. from 8-9. Daily Coffee Hour is at 9:30-10:30. Lunch is served weekdays at noon. If you plan to have lunch at the Center Oct 31-Nov.4, please make a reservation by Monday October 24 at <https://community.copilot21.com/> or by calling 610-935-1515. Didn’t make a reservation? Call to see if someone canceled, or bring a bagged lunch.

October	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Oct 24-28	Continental	Creamed chip beef	Eggs to Order	French Toast Bake	
Lunch Oct 24-28	Chick Lo Mein	Roast Beef	Chick, Cheesesteak	Grilled Cheese	Penne Pasta
Alt Oct 24-28	Flatbread pizza	Chicken Salad	Ham Sand.	Chef Salad	Egg Salad
Lunch Oct 31-Nov 4	Pepper Steak	Shrimp Scampi	Crispy Chicken Sand	Enchilada Casserole	Beef and Broccoli
Alt Oct 31-Nov 4	Harvest Salad	Quiche	Egg Salad	Chef Salad	Ham & Cheese

On Monday, come to Celebrate Diwali and learn about this important Hindu Holiday. Three programs might interest you. Tower Health Talk focuses on memory. Don’t forget, they meet Wednesday at 11. We are offering AARP Smart Drivertek – learn about the latest high tech safety features in your car, Wed. at 1. Finally, Grief Support continues on Wed. at 2, in-person with Willow Tree. Start now for help getting you through the holidays.

<p>24 8:45 Circuit Exercise 9:30 Coffee Hour 9:45 Chair Exercise 10:30 Board Games 1:00 Pickleball @ Rec Center 1:00 Diwali Celebration 1:00 Digital Skills Ready@50+ Class (Chrome Essentials)</p>	<p>25 9:00 Walk with Ease 9:30 Coffee Hour 10:00 Uncharted (movie) 10:00 Mahjong 12:45 Pinochle 1:00 Yoga</p>	<p>26 8:45 Circuit Exercise 9:00 Walk with Ease 9:30 Coffee Hour 9:45 Chair Exercise 10:00 Fresh2You 10:00 BP Checks 10:30 Board Games 11:00 Tower Health Talk 1:00 Watercolor Art Class 1:00 Pickleball @ Rec Ctr 1:00pm AARP Smart Drivertek 2:00 Grief Support</p>	<p>27 8:30 BP Checks 9:00 Walk with Ease 9:30 Coffee Hour 10:00 Mobile Notary 10:00 Duplicate Bridge 12:45 Pinochle 1:00 Yoga 1:00 Social Stitchers</p>	<p>28 8:45 Circuit Exercise 9:30 Coffee Hour 9:45 Chair Exercise 10:30 Scrabble 12:45pm Board Games 1:00pm Pickleball @ Rec Center 1:00pm Digital Skills Ready@50+ Class (Chrome Essentials)</p>
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### Upcoming and On-going Programs

**Get your VIP card** now! Last year’s card expired on June 30. Some benefits include discounts to shops, early bird tax sign up, and the Senior Center newsletter sent to you by mail or email. [Click here](#) to purchase.

**Annual Bag Bingo** – November 12, 1-4, Kimberton Fire Company \$25 now/\$35 at the door or \$175 for a table of 8. More information soon. [Click here](#) for tickets