

October 31-Nov.4, 2022



Happy Halloween-Be Safe!!!

Trick or Treat!!! Last year the staff and our dedicated volunteers dressed as construction workers for Halloween. What will this year's theme be? Will you dress for our costume party on Monday afternoon? It will be a howling good time! And How about those Phillies!!! Julian McCracken will add an extra Monday Morning Sports Desk to discuss the Phillies and Eagles at 9 AM. Come grab a cup of coffee and join the discussion. Don't forget to wear your red!!!

AARP Phoenixville meets at noon Wednesday. They have a presentation on Freedom's Foundation after lunch. Book Club is Monday at 2. Tuesday, Nov. 1 Harmony Cares will be in at 10 to discuss Home Care Services. Also this Friday come play Cash Bingo for \$5 for 5 games.

Looking ahead Supper Club starts Nov. 8 at Iron Hill. We need payment by Nov. 7. We are offering our first trip with Boscov's Travel to American Music Theatre with lunch at the Hershey Restaurant, Tuesday, November 29, leaving from Coventry Mall. See Christine to pre-register and pick up the registration forms.

October	Monday	Tuesday	Wednesday	Thursday	Friday
Bkfst Oct 31-Nov. 4	Continental	Creamed chip beef	Eggs to Order	French Toast Bake	
Lunch Oct 31-Nov 4	Pepper Steak	Shrimp Scampi	Crispy Chicken Sand	Enchilada Casserole	Beef and Broccoli
Alt Oct 31-Nov. 4	Harvest Salad	Quiche	Egg Salad	Chef Salad	Ham & Cheese
Lunch Nov. 7-11	Salisbury Steak	Center Closed	Baked Ziti	Ham & Swiss on Rye	General Tso Chick
Alt Nov 7-11	Chicken salad		Cubano	Tuna Salad	Flatbread Pizza

Meals - Breakfast is served Mon. at 8:30, Tues.-Thurs. from 8-9. Daily Coffee Hour is at 9:30-10:30. Lunch is served weekdays at noon. If you plan to have lunch at the Center Nov.7-11, please make a reservation by Monday October 31 at <https://community.copilot21.com/> or by calling 610-935-1515. Didn't make a reservation? Call to see if someone canceled, or bring a bagged lunch.

<p>31 8:45 Circuit Exercise 9:30 Coffee Hour 9:45 Chair Exercise 10:30 Board Games 1:00 Halloween Party 1:00 Digital Skills Ready@50+ Class (Chrome Essentials) 1:00 Pickleball @ Rec Center 2:00 Book Club w/ Mark Pinto</p>	<p>Nov. 1 9:00 Walking Group 9:30 Coffee Hour 10:00 Mahjong 10:00 Harmony Cares Primary Care Home Services Presentation 12:45 Pinochle 1:00pm Yoga</p>	<p>2 8:45 Circuit Exercise 9:30 Coffee Hour 9:45 Chair Exercise 10:00 Fresh2You Mobile Market 10:30 Board Games 12:00pm AARP Meeting 1:00pm Pickleball @ Rec Center</p>	<p>3 8:30 Blood Pressure Checks 9:00 Walking Group 9:30 Coffee Hour 10:00 Duplicate Bridge 12:45 Pinochle 1:00 Social Stitchers 1:00 Yoga</p>	<p>4 8:45 Circuit Exercise 9:30 Coffee Hour 9:45 Chair Exercise 10:30 Scrabble 12:45 Board Games 1:00 Cash BINGO 1:00 Digital Skills Ready@50+ Class (Chrome Essentials) 1:00 Pickleball @ Rec Center</p>
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Upcoming and On-going Programs

Get your VIP card now! Last year's card expired on June 30. Some benefits include discounts to shops, early bird tax sign up, and the Senior Center newsletter sent to you by mail or email. [Click here](#) to purchase.

Annual Bag Bingo – November 12, 1-4, Kimberton Fire Company \$25 now/\$35 at the door or \$175 for a table of 8. More information soon. [Click here](#) for tickets