



**From the Desk of Executive Director, Julie Gaudan**

I am not sure how November rolled around so quickly! If you have been reading mail, watching television, or listening to radio, you are aware of the General Election on Tuesday, November 8th. The Center is a polling place so we will be closed November 8th. Please make a plan to get out and vote. ROVER can take you to your polling place, but you need to make a reservation as soon as possible if you will need a ride. Fare is \$1.00 each way.

Center Closed  
11/8  
Election Day  
11/24 & 11/25  
Thanksgiving  
Center Closes early  
11/23@1pm

Winter is almost upon us! If Phoenixville Area School District is closed or delayed, we will NOT be open. If PASD closes early, the Center will close as well. COVID had many unforeseen side effects and schools using “virtual snow days” is one of them. There may be a few rare occasions that we open even if the school district has called a “virtual snow day”. If there is any doubt, do NOT risk it, do NOT come in. You can check the website, our Facebook page, and our phone message. Stay safe!

Please be alert in our parking lot and take your time. Remember that until tax season, the firehouse side of the building is available for parking. We ask that you enter via the west driveway by the old firehouse, proceed behind the building to the east parking lot. This will minimize congestion. Expect to see new signage soon marking the east driveway nearest The Clinic as  
**EXIT ONLY.**

The holidays can be difficult; Willow Tree Hospice offers a monthly grief support group in person at the Center the last Wednesday of each month.

The Center will close after lunch on Wednesday, November 23rd and reopen on Monday, November 28th for the Thanksgiving Holiday. We are so grateful for your participation at the Center.

*Julie*

# #GIVING TUESDAY

## Tuesday November 29th

GivingTuesday was created in 2012 as a simple idea: a day that encourages people to do good. Since then, it has grown into a global movement that inspires hundreds of millions of people to give, collaborate, and celebrate generosity.

Join the movement and give – whether it's some of your time, a donation, or the power of your voice in your local community.



It's a simple idea: whether it's making someone smile, helping a neighbor or stranger, showing up for an issue or people we care about, or giving some of what we have to those who need help, every act of generosity counts and everyone has something to give.

The Senior Center is looking for volunteers to help us prepare the Center for the holidays, complete some projects, and help us spread the word about all that we are doing in the community. We need painters, decorators, crafters, and some cheerleaders.

Please call **610-935-1515** and let us know you are willing to help.



Christmas Card Craft with Suzette

Monday November 7th at 10am

Supplies included

\$5 Fee for 4 cards

## Thanksgiving Turkey Craft

Monday November 14th

at 10am

Please register by 11/10

Space is Limited—Fee \$3



Community Health Education & Outreach Department Phoenixville Hospital

## HEALTHY SENIORS - NOVEMBER HEALTH EDUCATION PROGRAM

What: **Aching Feet**

When: **Tuesday, November 15<sup>th</sup> at 10:30 AM**

Where: **Phoenixville Area Senior Center  
153 Church Street, Phoenixville**

Program presenter, Dr. Matt Rementer specializes in all podiatry areas including bunions, hammertoes, total ankle replacement & flat foot reconstruction.

To register, go to: <https://phoenixville.towerhealth.org/classes-events/>



Tower Health/Phoenixville Hospital comes to the Senior Center

### **Wednesday November 30th at 11am**

As they present a roundtable lecture on "Laxatives-What you need to Know"

If you would like to have lunch that day, please make your reservation by November 21st

Harmony Cares is coming to the Senior Center for a presentation on their Primary Care at Home Services on **November 1st @ 10am.**



### **Movie Tuesday November 22nd at 10am**

Where the Crawdads Sing (2022)

A woman who raised herself in the marshes of the Deep South becomes a suspect in the murder of a man with whom she was once involved.

If you would like to stay for lunch after the movie, please reserve your meal

**before 11/14.**

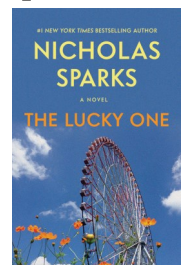


### **Book Club with Mark Pinto Monday November 28th at 2pm "The Lucky One" by Nicholas Sparks**

A U.S. Marine's brush with death leads him to the love of his life in this *New York Times* bestseller of destiny, luck, and the redemptive power of romance

If you need a copy of the book or to register,

please call 610-935-1515 ext 29



Come Celebrate Thanksgiving with your Senior Center family!

Wednesday November 16th at 12pm



Enjoy hot roast turkey with stuffing, candied yams green bean casserole and a slice of pumpkin pie.

Please register for lunch no later than  
Monday November 7th

Come a little earlier for a Medicare presentation at 11am with our Gold Sponsor  
Joel Payton of the Payton Agency!



Join our Gold sponsor and Pickleball Coach  
Joel Payton when he visits the Center to talk  
about Medicare on



**Wednesday November 16th at 11am**

### **New Changes to Medicare for 2023, Learn about what's coming!**

Medicare doesn't have to be difficult! Now is the time to be sure your current Medicare plan is still a good fit for you.

If your health needs have changed, or your current plan doesn't offer the benefits and features you're looking for, it may be time to see what else is available.

Learn more by attending a Medicare presentation and Q&A  
by licensed agent, Joel Payton



**The Senior Center will have a take home turkey frozen meal provided by the Chester County Food Bank for participants.**

**Stop into the Senior Center now and register on Copilot or call 610-935-1515. Supplies are limited.**

**Pick up for the meal will be on Thursday November 10th starting at 11 am.**





## Designer BAG

# Bingo!

Benefiting Phoenixville  
Area Senior Center

Saturday November 12, 2022

Doors open at 1:00 pm \* First game at 2:00

Kimberton Fire Company

2276 Kimberton Rd.



***Tickets \$25 / \$30 at door***

*Price includes 15 games, Door prizes.*

*Special games, Additional cards, Silent*

*Auction, 50/50 Raffle, & snacks additional*

***\$175 Table of 8***

For tickets or more information,  
Call 610-935-1515, scan QR code,

Or go to <https://bit.ly/PASCBingo>



# INTRODUCING PASC'S *Supper Club*



Join us once a month for Supper Club.

Price \$30, including salad/soup, entrée, dessert, and non-alcoholic beverages.

We make the arrangements; you make a reservation with

[Christine@phoenixvilleseniorcenter.org](mailto:Christine@phoenixvilleseniorcenter.org) or call 610-935-1515x29;

and you show up for a wonderful meal at a different restaurant each month.

Our inaugural dinner is November 8th at 5pm

Iron Hill Brewing Co.

130 Bridge Street, Phoenixville

Parking is available at the Senior Center Lot



**IRON HILL**  
BREWERY & RESTAURANT

## **First Course Choice**

Mushroom Soup / Seafood Bisque / Caesar Salad

## **Entrée Choice**

Fish & Chips / Herb Chicken Linguine / Brewben Sandwich & Fries

## **Dessert Choice**

Chocolate Molten Lava Cake / Butter Cake





Come celebrate our November Birthdays on November 9th

**Lunch at 12pm and stay for Trivia at 1pm**

Register on Copilot at the Center or call 610-935-1515 to reserve lunch by 10/10



**Please join us in wishing our  
November Birthday Participants  
a very Happy Birthday!**

Irene Adams

John Altimari

Bill Barlow

Mary Barnaik

Susan Beckerman

Vivian Berger

Bernard Boccella

John Calhoun

Russ Conway

Linda Cordenner

Sue Downes

Julia Durachko

Beverly Fitzcharles

Joy George

Denise Griboski

Joe Harper

Pam Hardgrove

Donna Hartz

Ann Jones

James Jones

Cursharan Kareer

Gerald Kauffman

Nancy Kelly

Anne Kurtz

Hugh Lawson

Richard Leong

Rita Maloney

Peter Mattschei

Helen Mogel

Willard Moyer

Arleen Norris

Robert Opiela

Reva Rohlfs

Charity Rotolo

Lorenzo Scialla

Beverly Smith

Robert Townsend

Bernice Trace


Christine Urso

Frances Vicari

Loretta Watson

Delores Weaver

Mildred Wilson



*Oh by Gosh, by Golly, Its time for  
Mistletoe and Holly! ...And  
everything else that makes us Jolly!*

BECAUSE OF YOUR THOUGHTFULNESS AND SUPPORT,  
WE'RE GETTING A JUMP ON THE DECEMBER HOLIDAYS  
AND CELEBRATING OUR "THANKS" AND "GIVING"  
SEASONS TOGETHER ON THE THIRD THURSDAY OF  
NOVEMBER WITH A DINNER JUST FOR VIP'S.

Please join us to celebrate YOU!

Thursday, November 17 at 5 pm

At the Phoenixville Area Senior Center

153 Church Street

Phoenixville, PA 19460

\$10 per person BYOB

RSVP by November 10 with your meal choice of  
Pork Tenderloin or Vegetarian, by calling  
610-935-1515 x 29 or email  
[Christine@phoenixvilleseniorcenter.org](mailto:Christine@phoenixvilleseniorcenter.org).





# How Scrip Works

**Buy Gift Card**

Buy a gift card from over 750 brands from the Phoenixville Area Senior Center.

**Earn Funds**

The rebate on the gift card immediately goes to funding the center’s initiatives

**Spend Gift Card**

You use the gift card on your every- day shopping or give it as a gift.

Retailer	Amount	Quantity	Total
Example: Target	\$25	2	\$50
<b>Total</b>			

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Please Contact Christine at 610-935-1515 ext 29 for a current list of participating retailers or go to this website for participating vendors and offers  
<https://www.raiseright.com/shop>  
Order forms due no later than November 14<sup>th</sup> for Hanukkah and December 12<sup>th</sup> for Christmas to receive your cards before the Holidays

# Weekly Programs at the Senior Center

**Silver Sneakers Circuit**—Intermediate  
**\$2/free for Silver Sneakers Participants**

**Monday , Wednesday & Friday 8:45am**

This standing class alternates upper-body strength work with low-impact cardio \* Don't need Silver Sneakers to join.

**Silver Sneakers Classic** –Beginner **\$2/ free for Silver Sneakers participants**

**Monday, Wednesday & Friday 9:45am**

This workout includes fall prevention drills and exercises to improve strength and endurance. A chair and handheld weights or tubing are used.

\* Don't need Silver Sneakers to join.

**Silver Sneakers Yoga** **\$2/ free for Silver Sneakers Participants**

**Tuesday and Thursday 1pm**

Move through seated and standing yoga poses to increase flexibility, balance and range of motion. A chair is used to meet a variety of fitness levels.

\* Don't need Silver Sneakers to join.

**Walking with the Center**

**Tuesdays and Thursdays at 9am**

**Tuesday outside at Black Rock Sanctuary**

953 Black Rock Road, PA-113

**Thursdays outside at Charlestown Park**

100 Academic Way

In inclement weather we will walk at

Franklin Commons. 400 Franklin Way,

**Pickleball— \$3**

**Monday, Wednesday & Friday**

**1pm to 3pm**

**Rec Center—501 Franklin Ave**

Non competitive / round robin play

**Mahjong**

**Every Tuesday at 10am**

**Pinochle**

**Tuesdays and Thursdays at 12:45pm**

**Duplicate Bridge**

**Thursdays at 10am**

**Social Stitchers**

**Thursdays at 1pm**

Bring your own project to work on.

**Coffee Hour**

**Every day from 9:30am to 10:30am**

Come for the coffee, stay for a class!

**Library every day/all day**

Take a book and bring it back when finished

**Puzzles available all day in the library!**

**Games available for play at 10:30 every day & 12:45pm every Fri**

# November Activities

Monday	Tuesday	Wednesday	Thursday	Friday
-----Weekly Events-----				
8:30am Cont'l Breakfast 8:45am Circuit Exercise 9:30am Coffee Hour 9:45am Chair Exercise 10:30am Board Games 12:00pm Lunch 1:00pm Pickleball @ Rec Center	8:00am Breakfast 9:00am Walk with Ease 9:30am Coffee Hour 10:00am Mahjong 12:00pm Lunch 1:00pm Yoga 12:45pm Pinochle	8:00am Breakfast 8:45am Circuit Exercise 9:00am Walk with Ease 9:30am Coffee Hour 9:45am Chair Exercise 10:00am Fresh2You Market 10:30am Board Games 12:00pm Lunch 1:00pm Pickleball @ Rec Center	8:00am Breakfast 8:30am Blood Pressure 9:00am Walk with Ease 9:30am Coffee Hour 10:00am Duplicate Bridge 12:00pm Lunch 12:45pm Pinochle 1:00pm Yoga 1:00pm Social Stitches	8:45am Circuit Exercise 9:30am Coffee Hour 9:45am Chair Exercise 10:30am Scrabble 12:00pm Lunch 12:45pm Board Games 1:00pm Pickleball @ Rec Center
	<b>1</b> 10:00am Harmony Cares Presentation - Home Services	<b>2</b> 12:00pm AARP Meeting	<b>3</b>	<b>4</b> 1:00pm Digital Skills (Chrome Essentials) 1:00pm Cash BINGO
<b>7</b> 9:00am Sports Desk 10:00am Christmas Card Craft 1:00pm Digital Skills (Chrome Essentials)	<b>8</b>  <b>Center Closed</b>	<b>9</b> 10:00am Blood Pressure 12:00pm Birthday Social	<b>10</b>	<b>11</b> 1:00pm Digital Skills (Chrome Essentials)  <b>Saturday, Nov 12</b> 1:00pm Annual Bag Bingo @ Kimberton Fire Company
<b>14</b> 10:00am November Craft 1:00pm Digital Skills (Chrome Essentials) 1:00pm Meditation with Linda	<b>15</b> 10:00am Tower Health Talk - Aching Feet w/ Podiatrist	<b>16</b> 9:30am Representative for State Sen. Comitta 11:00am Thanksgiving Festivities 11:00am Joel Payton Presentation	<b>17</b> 10:00am Mobile Notary 5:00pm VIP Dinner	<b>18</b> 1:00pm Digital Skills (Chrome Essentials)
<b>21</b> 9:00am Sports Desk 1:00pm Cash BINGO	<b>22</b> 10:00am Movie: Where the Crawdads Sing	<b>23</b> 10:00am Blood Pressure 1:00pm Center Closes Early	<b>24</b>  <b>Center Closed</b>	<b>25</b>  <b>Center Closed</b>
<b>28</b> 2:00pm Book Club	<b>29</b> 10:00am Giving Tuesday/Volunteer Day	<b>30</b> 8:45am Circuit Drumming 9:45am Classic Drumming 11:00am Tower Health Talk 2:00pm Grief Support		

Activities subject to change. Please check website for updates.

# November Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> B: Pancakes & Bacon * * * L: Shrimp Scampi * * * Alt: Quiche	<b>2</b> B: Frittata, Hashbrowns & Sausage * * * L: Crispy Chicken Sandwich * * * Alt: Egg Salad	<b>3</b> B: Breakfast Sandwiches * * * L: Enchilada Bake * * * Alt: Chef Salad	<b>4</b> * * * L: Beef & Broccoli * * * Alt: Ham & Cheese Sandwich
<b>7</b> B: Continental Breakfast * * * L: Salisbury Steak w/ Gravy * * * Alt: Chicken Salad	<b>8</b> <p style="text-align: center;"><b>Center Closed</b></p>	<b>9</b> B: Quiche * * * L: Baked Ziti * * * Alt: Cubano	<b>10</b> B: Huevos Rancheros * * * L: Turkey Ham & Swiss on Rye * * * Alt: Tuna Salad	<b>11</b> * * * L: Apple Honey Glazed Pork Loin * * * Alt: Flatbread Pizza
<b>14</b> B: Continental Breakfast * * * L: Pizza * * * Alt: Turkey Sandwich	<b>15</b> B: Breakfast Sandwiches * * * L: Chicken Salad Hoagie * * * Alt: Taco Tuesday	<b>16</b> B: Scrambled Eggs & Bacon * * * L: Thanksgiving Celebration * * * Alt: Chicken Caesar Salad	<b>17</b> B: Waffles & Sausage * * * L: Roast Beef Au Jus * * * Alt: Chicken Salad	<b>18</b> * * * L: General Tso Chicken * * * Alt: Ham Sandwich
<b>21</b> B: Continental Breakfast * * * L: Beef Gyro * * * Alt: Quiche	<b>22</b> B: Cream Chipped Beef & Biscuits * * * L: Tuna Platter * * * Alt: Sesame Noodle	<b>23</b> B: Eggs to Order * * * L: Sweet N Sour Meatballs * * * Alt: Reuben	<b>24</b> <p style="text-align: center;"><b>Center Closed</b></p>	<b>25</b> <p style="text-align: center;"><b>Center Closed</b></p>
<b>28</b> B: Continental Breakfast * * * L: Seafood Newburg * * * Alt: Tuna Salad	<b>29</b> B: Baked French Toast & Sausage * * * L: Turkey Divan * * * Alt: Taco Tuesday	<b>30</b> B: Scrambled Eggs & Bacon * * * L: Chili Con Carne * * * Alt: Winter Salad		

Breakfast (Tuesday, Wednesday, and Thursday) begins at 8am

Continental Breakfast (Monday) begins at 8:30am

Lunch begins at 12pm

Alternative Lunch Cost: \$2



# Monthly Programs at the Senior Center

Please see calendar for exact days and times

## Art on Canvas

Marti guides the class in a painting with acrylics

Supplies are provided

Fee: \$10/ \$5 VIP Supporter

## Blood Pressure

2nd and 4th Wednesday 10am to 11am

Every Thursday 8:30am to 11:30am

## Cash BINGO

Come play BINGO every month at the Center and win some money if you are lucky.

\$5 to play 5 games



Representatives from Senator Comitta's office provide help with new/renew SEPTA Passes, property tax/rent rebate, unclaimed property and much more.

Rep available every third Wednesday of each month from 9:30a to 11:30a



willow tree

HOSPICE

an Amedisys company

Grief Support Last Wednesday of the month 2pm to 3pm



## Meditation with Linda Dieffenbach

Every second Tuesday @ 1pm



ROBIN ADLER  
Pennsylvania Mobile Notary

## Mobile Notary Services

There will be a fee for the services.

Please call 610-935-1515 for pricing and to reserve a time.

## Monday Morning Sports Desk

Round table sports talk led by Julian McCracken

1st and 3rd Monday @ 9am

## Tower Health Talk

Different health topics discussed in a roundtable format.

Last Wednesday at 11am

## Watercolor Art Class

Learn watercolor techniques with our artist Marti Supplies needed: Watercolor paper, brushes, watercolor paint, paint mixing pallet \$5 fee

HONORING ALL WHO SERVED



Join us to thank you for your service to our country  
Wednesday, December 7, 2022  
9:00 AM  
Speaker and Breakfast

**Phoenixville**  
area senior center  
FRIENDSHIP-LEARNING-ACTIVITY

153 Church Street, Phoenixville  
RSVP to [Christine@phoenixvilleseniorcenter.org](mailto:Christine@phoenixvilleseniorcenter.org) or call 610-935-1515x29

# AARP CHAPTER 71 3

November 2022



## PRESIDENT'S MESSAGE:

As our Chapter recovers to where it was in 2019, it really needs to grow. Please share with your friends and families the good times we have here. 2022 is officially “bring a friend” year! . ~Chuck Benz, President

“Act as if what you do makes a difference, because it does”

## CALENDAR OF EVENTS/SPEAKERS

Nov 2 General Meeting 12:15 PM Meal of Honor Grove

Nov 9 Board Meeting 10:00 PM Presbyterian Church

Dec 7 General Meeting 12:15 PM Holiday Concert/Banquet

**UPCOMING PROGRAMS** Don't miss the November 2nd meeting where you will have the opportunity to learn about the Medal of Honor Grove at the Freedoms Foundation. In December we wrap up 2022 with our traditional Holiday Banquet along with Holiday Music from Phoenixville High School students.

**HOLIDAY BANQUET INFO** – Tickets for the Banquet will be sold at the November meeting for only \$10. Catering will be hot foods by Forestas and Entertainment from Phoenixville High School Chorus students. Costs for the banquet have risen steeply so to hold the ticket costs down our friends at Phoenixville Federal Bank and Trust are sponsoring our event. If you cannot attend in November and would like to reserve a ticket, please call Marilyn Reich @ 484 343 8297.

**SUNSHINE AND SYMPATHY** If you know one of our members or families who needs a pick me up, please call Kathy Tauber at 610 935 7075.

**MEMBERSHIP** No dues will be collected for the remainder of the year.

**OPPORTUNITIES TO HELP YOUR CHAPTER:** Do you have a suggestion for an interesting program or speaker? Call Chuck @ 610 316 4102.

**REDNER'S TAPE PROGRAM** Arlene Griffin- Save your Redner's tapes! Reminder from Redners: Each receipt must be complete and include the 1% Save-a-Tape notation at the bottom of the receipt.

**DID YOU KNOW** that we have a Facebook page? Search Phoenixville AARP and you will find us! Do you have a FREE LUNCH coupon from 2020 or 2021? Yes we will honor it!

# Pickleball Play At the Rec Center for Participants— \$3 fee



**Mondays, Wednesdays and Fridays at 1pm**

**Rec Center is located at 501 Franklin Ave Phoenixville**

Equipment will be provided.

There will be no scheduled play on November 25th or the week between Christmas and New Years

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The Phoenixville Senior Center follows the weather policy of the Phoenixville School District.

If the schools are closed, so is the Center. If the schools close early, so does the Center.

Unsure? Please check for information on our Facebook page, Website or call our Center at 610-935-1515

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## Phoenixville Area Senior Center 2022 Annual Sponsors

Phoenixville Federal Bank & Trust

Fox Rothschild, LLC



### Gold Sponsors

United Healthcare/ The Payton Agency



OWM Law

Gateway Pharmacy

### Bronze Sponsors







**AMERICAN MUSIC THEATRE  
LANCASTER, PA**

**2022 CHRISTMAS SHOW: HOME FOR THE HOLIDAYS**

Tuesday, November 29, 2022

Please contact the Phoenixville Senior Center to make a reservation at 610-935-1515

**YOUR AMERICAN MUSIC THEATRE TOUR INCLUDES**

- Roundtrip transportation via private motorcoach equipped with reclining seats and restroom.
- **Grand Smorgasbord Lunch** at Hershey Farm Restaurant, Ronks, PA. All taxes and gratuities are included. Experience both classic PA Dutch dishes and modern flavors. Enjoy our original recipes, hot entrees, freshly prepared daily specials on the grill, a hot carving station, crisp salads and homemade soups, and our famous desserts made fresh from our bakery.
- Matinee performance of **American Music Theatre's 2022 Christmas Show ~ Home for the Holidays**. Inspired by the warm, cherished memories of family Christmases spent together with loved ones, **Home for the Holidays** opens on the joyous gathering of family and friends who celebrate with a rich tapestry of song, dance, and holiday traditions. Hear some of your favorite sacred and secular holiday songs and the outstanding musical arrangements of the AMT Orchestra. Witness the new set designs, fresh color palette, and a gorgeous array of new costumes, designed exclusively for AMT. 3:00 pm performance.
- All taxes and gratuities including the gratuity for your motorcoach driver.

**Depart Coventry Mall, Pottstown at 10:45 am**

**Depart Lutheran Church of the Good Shepherd, Coatesville at 11:45 am**

**Approximate return to the Lutheran Church of the Good Shepherd, Coatesville by 5:45 pm**

**Approximate return to the Coventry Mall, Pottstown by 6:30 pm**

**COST PER PERSON**

**\$137**



# Medicare's Annual Open Enrollment Period (AOEP)

## October 15 – December 7

AOEP is for those who are already on Medicare. During this time, you can review and make changes to your Medicare Prescription Drug Plan (Part D) or Medicare Advantage Plan (Part C). These changes will be effective January 1, 2022. When evaluating your plans, check for changes to benefits, network areas and providers, the formulary, copays, drug tiers, and/or premiums. Any of these changes could put you at risk for additional medical expenses in the future.

If you would like assistance in reviewing your options, PA MEDI is ready to assist you. PA MEDI is Pennsylvania's statewide program of free insurance consultation under the auspices of the Chester County Department of Aging Services and the State Health Insurance Assistance Program (SHIP). PA MEDI counseling is FREE, unbiased, personalized, and confidential.

Please call **Cari at 610-935-1515 ext. 24** for info or to schedule an appointment.



## Upcoming Changes to Medicare Prescription Drug Costs

### Expansion of No-Cost Vaccines

- In 2023, you will be able to receive all recommended vaccines without any cost-sharing. This includes the shingles vaccine.

### Part D Out-of-Pocket Cost Caps

- In 2023, insulin costs will be capped at \$35/month with no deductible.
- In 2024, out-of-pocket costs for prescription drugs will be capped at the catastrophic threshold (\$7,050 in 2022)
- In 2025, out-of-pocket costs for prescription drugs will be capped at \$2,000 per year AND you will have the option to spread those costs throughout the year.

### Expansion of Extra Help Program

- In 2024, those with yearly income below 150% FPL (\$20,385 in 2022) will qualify for full Extra Help. If you currently have a partial subsidy, you will qualify for the full subsidy.

# Aging Resources

In these challenging times, there is assistance available for those who need it. If you need help, please leave a message for Cari at the center 610-935-1515 ext 24 or send her an email at [cforeman@phoenixvilleseniorcenter.org](mailto:cforeman@phoenixvilleseniorcenter.org).

Here is a list of some of the available programs with their gross monthly income limits for a one-person household and asset/resource limits where applicable:

**PACE/PACENET** – helps to save money on prescription medication costs (PACE: \$1,208/PACENET: \$2,792)

**LIS/Extra Help with Medicare Part D** – helps with monthly premiums, annual deductibles, and co-payments (\$1,719, assets: \$15,510)

**Medicare Savings Program** – helps pay Medicare premiums, deductibles, coinsurance, and copayments depending on level of assistance (\$1,549, assets: \$8,4000)

**Medical Assistance** – Medicaid for those with Medicare (\$1,153, assets: \$2,000)

**SNAP** – Supplemental Nutrition Assistance (\$2,147 for seniors)

**Senior Food Box** – supplemental canned and dry goods (\$2095)

**Property Tax / Rent Rebate help**

**LIHEAP** – Application opens November 1st (1 person - \$19,320; 2 people - \$26,130)



## The LIHEAP 2022-2023 season is now open!



The Low Income Home Energy Assistance Program (LIHEAP) helps people pay their heating bills in the form of a cash grant sent directly to the utility company/fuel provider to be credited to your bill. These grants range from \$500 to \$1,500 based on household size, income, and fuel type. Remember: This is a grant and does not have to be repaid! For the application, or help applying, please contact Cari at [cforeman@phoenixvilleseniorcenter.org](mailto:cforeman@phoenixvilleseniorcenter.org) or 610-935-1515 ext. 24.

### Property Tax/Rent Rebate Program Application

### Deadline Extended to Dec. 31, 2022

You can file your rebate applications online by visiting [mypath.pa.gov](http://mypath.pa.gov) or by contacting Cari at 610-935-1515 ext 24 for help.

Phoenixville Area Senior Center  
153 Church Street  
Phoenixville, PA 19460  
610-935-1515  
[www.phoenixvilleseniorcenter.org](http://www.phoenixvilleseniorcenter.org)  
Electronic Service Requested

NONPROFIT ORG  
US POSTAGE PAID  
Southeastern, PA  
Permit No.609

**The Senior Center provides a meeting place for persons over 60 years of age living in the following areas: Spring City, Phoenixville, East and West Vincent, East and West Pikeland, Charlestown and Schuylkill Townships and the surrounding areas.**

**The Phoenixville Senior Center is supported by:**  
Chester County Department of Aging Services  
Fundraising Events

Various Foundations  
The generosity of individual donors



United Way  
of Chester County



The Pennsylvania Council on the Arts, a state agency

**Senior Adult Activity Center of Phoenixville Area is a 501(c)3 charitable organization, contributions to which are tax-deductible as permitted by law. The official registration and financial information of Senior Adult Activity Center of Phoenixville Area may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.**