

January 2-5, 2023

The Holidays are past, now what??? We are all thinking “the days are cold; nights are long; the parties are over; what do I have to look forward to?” The Senior Center always has something to do. We can help you keep your New Year’s resolution with our new Weight Wise class, one of our exercise classes, or just by providing something to do. From group activities like pinochle to games that can be played solo like pool; classes that expand your abilities like computer instruction, water color art, or Taste It cooking classes; self improvement like meditation, grief counseling, or Tower Health talks; or just get to know new people through our Monday Morning Sports Desk, bookclub, or volunteering. If you can’t find something that interests you, let us know what you are looking for, we will try to make it happen. **Please [Click Here](#) for our full calendar of Activities.**

Meals - Breakfast is served Mon. –Fri. from 8-9. Daily Coffee Hour is at 9:30-10:30. Lunch is served weekdays at noon. If you plan to have lunch at the Center make a reservation by Monday of the week prior at <https://community.copilot21.com/> or by calling 610-935-1515. Didn’t make a reservation? Call to see if someone canceled, or bring a bagged lunch. [Click here](#) to view this month’s menu.



State Sen. Katie Muth with Executive Director Julie Gaudan and representatives from GVCO, Joann Giombetti and Keith Walsh who provided our Christmas presents.

Upcoming and On-going Programs

Get your VIP card now! Last year’s card expired on June 30. Some benefits include discounts to shops, early bird tax sign up, and the Senior Center newsletter sent to you by mail or email. [Click here](#) to purchase.

Supper Club- Our next dining out will be January 19th at Great American Pubs at 5. Price for the meal including tax and gratuity is \$30 to be paid when you reserve your spot with Christine. Reservations must be received by close of business Monday, January 16. Choice of Shrimp Scampi, Linguini and Meatballs, or Chicken Milanese, includes soup or salad, dessert, and non-alcoholic beverages.

Birthday Social is at noon on January 18th with entertainment by Michael Kropp beginning at 1:00. Michael will perform all of your favorites from the 50’s-70’s. You don’t want to miss this fun filled program.

Tax Season is beginning! The appointment book is open. To schedule your appointment, please leave a clear message for Cari at 610-935-1515, ext. 24 with your name, the name of anyone filing with you, your phone number, and the reason for your call. She will return your call to schedule your appointment in the order your message is received.

Our **Sweet Heart 50/50** goes on sale the week of December 5th. One chance for \$10 or 3 for \$25. [Click here for raffle tickets](#). The drawing will be held at our February 16 Third Thursday Valentine Dinner Dance. Join us for a Spaghetti Dinner followed by dancing with DJ Tom Dalton. [For Dinner/Dance tickets, Click Here.](#)

Need help keeping your weight loss resolution? **Weight Wise** by Barbara Myers begins on Jan 13 and runs until March 17 at 10:45 every Friday. Register now at 610-935-1515.

Fundraising Scrapbooking Event at the Senior Center February 24 & 25 – Friday only \$25 includes pizza dinner, Saturday only \$50 includes continental breakfast, lunch & dinner \$50, both days \$70. All reservations include a 4 x 2 workstation, snacks and drinks. Raffle baskets and vendors will be available for additional purchases. A great way to preserve your memories.

Let’s get Organized– Tuesday January 10 at 10 am – Robin O’Brien, a professional organizer who assists clients reduce excessive clutter. She will have suggestions on what to keep, what to trash, and what/where to donate.

MLK Day of Service – Join us after lunch on Monday January 16th for a variety of service projects for all abilities.

Save the Date for our **Irish Wake**, Thursday March 16, 2023.