



**We know saying goodbye to people we love can be sad. But what if it doesn't have to be so scary?**



No one wants to talk about dying. In healthcare these conversations are avoided, and families find themselves facing end of life without information they need to understand what to expect, what it will take to care for the people they love, and what help is available to them.

**Walk Me Home is an end of life education service that helps turn fear and uncertainty into clarity and confidence.**

**Are you...**

Feeling perfectly fine despite your serious illness but want to be prepared with a plan for when your health status changes?

Worried that your health plan is no longer aligned with your goals?

Facing fear and uncertainty in how to talk to your loved ones about the inevitability of death?

Stuck in the frustrating cycle of hospital-rehab-home-repeat without knowing if it's helping or hurting?

Wondering if you are truly understanding the full picture of your prognosis?

**Walk Me Home will answer these questions and all those tailored to your family's needs**

Watching your loved one decline and feeling powerless, overwhelmed, and unsure where to turn?

## CONTACT US

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Carly Benjamin is a Registered Nurse with a specialty certification in Hospice and Palliative Care. With more than 12 years nursing experience working with end of life clients, she has paired her clinical skill and love for her community to bridge the gap between conversations on living and conversations on dying.