

Community Health Education & Outreach Department
Phoenixville Hospital

HEALTH CHATS @ PHOENIXVILLE SENIOR CENTER

What: Informal Health & Wellness Discussions

Purpose: Educate & enhance learning, promoting active participation in healthy decision making

When: Wednesday, August 30, 11:00 AM - Noon

Topic: “Ageless Skin”

Effective strategies to help your skin look its best

- Discussion led by Phoenixville Hospital Community Health Education registered nurse
- Health Chats offered the last Wednesday of every month at 11:00
- Health and wellness topics change monthly.