



From the Desk of Executive Director, Julie Gaudan

Happy National Senior Center Month! Every year, this is a time to shine a light on our members and activities. The 2023 theme is “Discover Yours”. To help new participants “discover” our activities, the **Welcome Wagon** is back on Wednesday mornings. Encourage your friends to take advantage of this time to take a tour and learn about what we have to offer. And check out these members!

Good News! Starting in September, lunch production will move in house. Over the past two years, staff have been working with the Chester County Department of Aging to make this happen. We remodeled the kitchen with this in mind. Lunches will no longer come from an outside vendor, and you can expect more homemade items. Brian will not only prepare the meals but control the quality of ingredients. Please bear in mind that September will be a transition month. To make things simpler, we are not planning alternate menus this month. We expect to resume alternate lunches soon. If you have food allergies or dietary restrictions, please let Christine know. We will try to accommodate if possible.

Don't miss the **Annual Health Fair** on September 21 starting at 4:00. You have an opportunity to get either your influenza (flu) or a COVID shot. Because many health care providers recommend spacing vaccines, we are working on a second clinic in October or November so you can get both safely this fall.

Center Closed
September 4th
Labor Day

We have a “**good news, bad news, good news**” situation. Good news – now that the dining room is open again more folks are joining us for lunch. Bad news – the parking lot is full of lunch goers when the afternoon activity participants are trying to come in. Good news – afternoon activities will start at 1:15 beginning this month. This will allow diners to take their time and enjoy their meal in a civilized manner. Participants coming in for activities like yoga, art,

For your convenience, our bookkeeper Carmela is dedicating office hours Tuesday through Thursday 9:00 - 12:00 to receiving payments. No more tracking down someone to pay for an event, your VIP card or to make change. Her office is on the second floor – just look for the pool table!

Julie

September is Senior Center Month

Discover Yours

The 2023 theme for National Senior Center Month is “Discover Yours.” Is it time for you to Discover Your Senior Center? At the Phoenixville Area Senior Center, all area residents 60+ are empowered to realize their full potential: discover new friendships, improve health habits, find purpose in new activities, and explore new ways to express creativity. Here profiles of participants who are discovering their passions.



Russ Conway is 79 years old, an amputee, and a golf super-star! In 2020, we got to know Russ as “golf ball man” as he drove thru to pick up food during the pandemic with a trunk filled with golf balls! It was obvious that his passion was golf. We celebrated when he told us of his hole-in-one at Linfield National Gold Course in Royersford. The odds of getting a hole-in-one is 1 in 12,500. Russ has 6!!! July 23-25, Russ won second place in the Eastern Regional Amputee & Adaptive Golf Championship at the Saucon Valley Golf Course. Showing us all how to overcome adversity and thrive!

Three of our Senior Stitchers won ribbons at the Kimberton Fair for their beautiful handiwork.

Theresa Mirabile, pictured with her Santa pillow, striped child’s sweater, reversible hat, and colorful socks; **Valerie Hall**, with her embellished scarf and fingerless gloves; and

Maureen Sullivan With her

pink hat and pastel scarf. They are all participants in the Senior Stitchers group that meets at the Senior Center on Thursday afternoon at 1:15. Not only do they share their passion for needlework, but this group also helps each other. Sometimes just talking through a problem on a project; bringing new ideas to others; or providing handmade items for Senior Center raffle baskets. These ladies are one reason the Senior Center is special!



All 5 Indiana Jones Movies in September!



Every Friday at 10am

9/1 Raiders of the Lost Ark (1981)

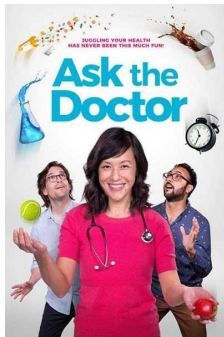
9/8 Temple of Doom (1984)

9/15 The Last Crusade (1989)

9/22 The Kingdom of the Crystal
Skull (2008)

9/29 The Dial of Destiny (2023)

If you would like to stay for lunch, please pre-register on Copilot the Wednesday a week **before** movie day.



Netflix docuseries: Ask the Doctor

Mondays at 10am starting September 18th

From allergies to diet to sleep, three friendly doctors share expert advice, bust medical myths and test the latest treatments.

Come for the entertainment, stay for lunch! Please pre-register for lunch.

Art on Canvas Fee \$10

Tuesday September 19th at 10:30am

All supplies provided/Please pay a staff member before class.



Art Class (watercolor)

Fee \$5

9/13th & 9/27

at 1:15pm** new time

Supplies not included

Monday September 18th at 1:15pm

\$5

for

5 games

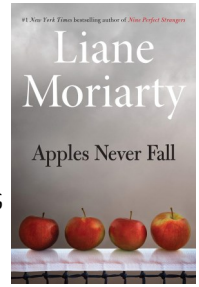


September Book Club

Apples Never Fall—Liane Moriarty

Monday September 25th at 2pm

Joy Delaney, a 60-something mother and retired tennis coach, suddenly vanishes on Valentine's Day, and all signs point to her moody and volatile husband, Stan, himself a former world-renowned tennis coach, as the most likely killer.



Sports Desk is back just in time for the run up to baseball post season and the start of football!

Join your friends to talk about all things sports!



Tuesday September 12th at 10:30 am

Floor Shuffleboard available at the Phoenixville Rec Center

(501 Franklin Street)

Please call the Rec Center at

610-933-7728 for more information

Community Fun Day
SATURDAY, SEPTEMBER 16, 2023
SAVE THE DATE

André Thornton Day
41st ANNIVERSARY
SATURDAY
Sept. 16, 2023
1 pm- 4pm
André Thornton Park
55 N. Main Street

FREE Food
Music & Entertainment
Games Young & Old
Fun Education

September 16, 1982

Black Light Projects & Phoenixville Area Senior Center
A Cooperative Community Event

Coming soon in October!

Weight Wise

Every Tuesday morning

at 9am

10/10 till 12/19

Pre-register starting 9/1



The National Council on Aging is offering a grant to the Senior Center to promote immunizations. During the Health Fair on September 21st from 4 to 6pm, both the Acme Pharmacy and Gateway Pharmacy will be offering both Flu and Covid vaccines.

You may not want to get both; therefore, we will be offering a second clinic in October. We have not yet confirmed a date. What shall we call it? Jab & Jive or Stick and Treat? We are required to give 100 immunizations to receive the grant.

Won't you help us to get this grant?

Smart DriverTEK In-Person Workshop



Thursday September 28th at 1:15 pm

Join your peers and discover how new vehicle technology can make driving safer and easier with a 90-minute Smart DriverTEK in-person workshop. AARP is making it even easier for you to learn about new vehicle technologies like Smart Headlights, Blind Spot Warning Systems and Drowsy Driving Alerts and how they can help keep you safe on the road.

To pre-register for this class, Please email Christine@phoenixvilleseniorcenter.org



September Computer Skills Classes Mondays and Wednesdays at 1:15pm

Intro to Digital Culture: In this 5 week course you'll use the internet to contact your lawmakers, learn about health related topics, connect with others off line and online, and explore your interests and passions. You'll also learn best practices for staying safe online and using social media.

Questions regarding these classes, please call 610-935-1515

In October, register and complete computer classes to earn the opportunity to check out and borrow a Google Chrome book computer. Details to follow.

Seniors and Finances




Senior Center Annual Sponsor Phoenixville Federal Bank and Trust is hosting a new monthly series "Seniors and Finance".

Join us Thursday September 21st at 10:30am

for a program entitled "What You Should Know"

If you would like to stay for lunch, please pre-register by Sept 13th on Copilot



90 Plus Birthday Celebration!

September 29th @ 12pm

Come to the Senior Center when Senator Katie Muth hosts a very special Birthday lunch for our participants who are 90+ years old!

Please pre-register by September 20 on Copilot.

Thursday September 7th at 9am

VisionCorps

Come learn about the programs VisionCorps offers to the seniors in our area.

VisionCorps empowers individuals who are blind or experiencing vision loss to attain independence through rehabilitation and recreational services.

September 11th at 10am—Virtual Program

The Senior Center will show a **Virtual** Listening Session hosted by the Chester County Department of Aging Services on Pennsylvania's Master Plan for Older Adults.

Stakeholders, older adults, and people living with disabilities, their families, caregivers, and community leaders are invited to hear an overview of the plan, its core principles, and why such a plan is needed for Pennsylvania. There will be opportunities for those in attendance to provide comments and input on the plan.

The Master Plan is a 10-year, state-led and stakeholder-driven strategic plan designed to help transform the infrastructure and coordination of services for older Pennsylvanians. The master plan will also reflect the needs and preferences of this population to live where they choose and access the supports they need to thrive and age in place.

Healthy You at the Phoenixville Senior Center

Phoenixville Hospital presents : The Aging Effects on Oral Health

Friday September 15 at 10:00 AM

Tooth loss and oral disease is not an inevitable part of aging. Dr. Eric Paster, credentialed in comprehensive and cosmetic dentistry, will present the common oral health problems in older adults and the care needed to preserve smiles.

Please pre-register for this event on Copilot or at the Senior Center.

Wednesday September 27th at 11am

Phoenixville Hospital presents an informal

roundtable discussion entitled

“Vaccines to Protect Your Health”

Protecting yourself & others from serious disease.

If you would like to stay for lunch, please pre-register in Copilot by September 20th



Pickleball 3 days a week at the Rec Center

starting September 6th

Monday, Wednesday and Friday 1 to 3pm \$3 fee

4 courts will return on September 11th.

Space limited so please pre-register on Copilot. Ask Christine how.

Beginner Pickleball Lessons with Joel

Wednesday September 20th 1pm to 3pm @ Rec Center



Healthy Steps for Older Adults 50+

A Falls Prevention Program

Join Karen Dixon (You may remember Karen from Bingocize) as she returns to the Senior Center to teach this new class!

2 day/2hour class Monday September 25th and Wednesday 27th at 1:15pm

Program Summary:

- Healthy Steps for Older Adults is a comprehensive evidence-based fall-prevention program for adults ages 50 and up.
- The program aims to keep you on your feet! It includes several components that work together to reduce falls and promote health.
- The Healthy Steps for Older Adults program includes education, assessment and referral. The program combines education about fall risk and fall prevention exercises with an individual falls risk assessment.

Program supported by funds received through Pennsylvania Department of Aging Health and Wellness Program.

Class size is limited so please pre-register for this class on Copilot or call /email Christine at 610-935-1515 ext 29 / christine@phoenixvilleseniorcenter.org

2023 Travel Adventures



Salem, Massachusetts \$1635 October 16-19, 2023

Join us as we discover the history and mystery of Salem, Massachusetts. Discover Salem's early maritime history including Salem's role in the illustrious spice trade, stories of local pirates and of course the infamous Witch Trials. Includes 3 night's hotel accommodations and 6 meals.

NY Botanical Garden Holiday Train Show \$TBD Tuesday November 28th

At the NY Botanical Garden, you will be transported to a miniature wonderland in the Conservatory as model trains zip through an enchanting display of more than 175 NY landmarks. Includes lunch.



Sight and Sound Theater "Miracle of Christmas" \$188 pp December 12, 2023

Travel back in time to Bethlehem as the original Christmas story unfolds all around you and comes to life on stage with massive sets and live animals in this cherished holiday production. Include lunch at Hershey Farm Restaurant and matinee performance.

To book these tours or for more information, contact Boscov's Travel at 484-945-1200

Supper Club

Price \$30, including salad/soup, entrée, dessert, and non-alcoholic beverages.

We make the arrangements; you make a reservation with

Christine@phoenixvilleseniorcenter.org or call 610-935-1515 x29

Our next dinner is on Monday September 18th at 5pm

Sly Fox Brewing

520 Kimberton Road, Phoenixville



Menu: Buffet– Roast Beef, Chicken, Mac & Cheese, Potato Salad, Tossed Salad, Cookie for dessert

Reservations and payment due by September 15th



New Fundraising Event – We need your help! Earlier this year, the Phoenixville Candlelight Holiday Tour Committee passed the torch (or candle stick) to the Senior Center. For this event to be successful, we need your help on December 2 with the following:

1. We need a total of 12 houses. If you or someone you know decorates for the holidays, ask if they would open their house for the evening. They can show one floor or the entire house.
2. Four Hosts are needed at each house, (2) 2hr. shifts. If you work one shift, we will give you a ticket to participate in the tour during the opposite shift.
3. The Bazaar needs homemade goods. They can be donated for the Senior Center to sell, or you can have a table.
4. We need help at the Bazaar with the Senior Center table, help with parking, setup, cleanup, and to promote the Senior Center.

Please pre-register at 610-935-1515 and leave a message.



We are looking for volunteers to help make crafts to sell at the Holiday Candlelight Tour Bazaar. All supplies are provided.

Thursday September 14th at 10 am

Please pre-register at 610-935-1515 ext 29

Programs at the Senior Center—Please see calendar for exact days and times

Weekly
<p>Silver Sneakers Circuit—Intermediate \$2 / free for Silver Sneakers & Renew Active</p> <p>Monday , Wednesday & Friday 8:45am</p> <p>This standing class alternates upper-body strength work with low-impact cardio * Do not need to be a Silver Sneakers participant to join.</p>
<p>Silver Sneakers Classic –Chair Based \$2/ free for Silver Sneakers & Renew Active</p> <p>Monday, Wednesday & Friday 9:45am</p> <p>This workout includes fall prevention drills and exercises to improve strength and endurance. A chair and handheld weights or tubing are used.</p> <p>* Do not need to be a Silver Sneakers participant to join.</p>
<p>Silver Sneakers Yoga</p> <p>\$2/ free for Silver Sneakers & Renew Active</p> <p>Tuesday and Thursday 1:15pm</p> <p>Move through seated and standing yoga poses to increase flexibility, balance and range of motion. A chair is used to meet a variety of fitness levels. * Do not need to be a Silver Sneakers participant to join.</p>
<p>Walking with the Center 9am</p> <p>Tuesday outside at Black Rock Sanctuary 953 Black Rock Road, PA-113</p> <p>Thursdays outside at Charlestown Park 100 Academic Way, Phoenixville</p>
<p>Pickleball— \$3</p> <p>Monday, Wednesday & Fridays</p> <p>Rec Center—501 Franklin Ave</p> <p>Non competitive / round robin play Waiver must be signed before playing.</p>


Monthly
<p>AARP DSR50+</p> <p>Mondays & Wednesdays at 1:15pm Pre-register @610-935-1515</p>
<p>Art Class— Watercolor</p> <p>See schedule for dates \$5 fee</p>
<p>Art on Canvas</p> <p>See Schedule for date Fee: \$10/ \$5 VIP Supporter</p>
<p>Blood Pressure</p> <p>2nd and 4th Wednesday 10am to 11am Every Thursday 8:30am to 11:30am</p>
<p>Cash BINGO</p> <p>\$5 to play 5 games</p>
<p>Tuesday Morning Sports Desk</p> <p>Round table sports talk Tuesday @ 10:30am</p>
<p>Rep Friel’s Mobile Office Hours</p> <p>Every second Monday 10am to 12pm</p>
<p>Senior Law Center</p> <p>Legal services intake clinic at the Second Tuesday From 10am to noon</p>
<p>Senator Muth Mobile Office Hours</p> <p>Every third Thursday 12 to 2pm</p>
<p>Phoenixville Hospital Health Talk</p> <p>Roundtable health topics Last Wednesday at 11am</p>

September Activities

Monday	Tuesday	Wednesday	Thursday	Friday
----- Weekly Events -----				
8:00am Cont'l Breakfast 8:45am Circuit Exercise 9:30am Coffee Hour 9:45am Chair Exercise 10:30am Produce (Inside) 12:00pm Lunch 1:00pm Pickleball @ Rec Center 1:30pm Produce (Curbside)	8:00am Breakfast 9:00am Walking Group 9:30am Coffee Hour 10:00am Mahjong 12:00pm Lunch 1:15pm Pinochle 1:15pm Yoga	8:00am Breakfast 8:45am Circuit Exercise 9:00am Welcome Wagon 9:30am Coffee Hour 9:45am Chair Exercise 12:00pm Lunch 1:00pm Pickleball @ Rec Center	8:00am Breakfast 8:30am Blood Pressure 9:00am Walking Group 9:30am Coffee Hour 9:30am Duplicate Bridge 12:00pm Lunch 1:15pm Pinochle 1:15pm Yoga 1:15pm Social Stitchers	8:00am Cont'l Breakfast 8:45am Circuit Exercise 9:30am Coffee Hour 9:45am Chair Exercise 10:30am Shuffleboard 10:30am Scrabble 12:00pm Lunch 1:00pm Pickleball @ Rec Center
Please note that many activity times have changed. Check the time for your activity before heading over!				1 9:00am Movie: Raiders of the Lost Ark 1:00pm Center Closes
4 Center Closed No Produce Pickup No Pickleball	5 10:30am Produce (Inside) 1:30pm Produce (Curbside)	6 12:00pm AARP Meeting 1:15pm Digital Skills Ready@50+ Class	7 9:00am VisionCorp Presentation	8 9:00am Movie: Temple of Doom 1:00pm Center Closes
				Saturday, Sept 9 8:00am Scrapbooking Event
11 10:00am State Rep. Friel Mobile Office 10:00am PA Master Plan on Aging Presentation 1:15pm Digital Skills Ready@50+ Class	12 10:00am SeniorLAW Center 10:30am Sports Desk	13 10:00am Blood Pressure 1:15pm Art Class 1:15pm Digital Skills Ready@50+ Class	14 10:00am Volunteer Craft	15 9:00am Movie: The Last Crusade 10:00am Oral Health and Aging 1:00pm Center Closes
18 10:00am Ask the Doctor Docuseries 10:00am Craft 1:15pm Bingo 1:15pm Digital Skills Ready@50+ Class 5:00pm Supper Club @ Sly Fox	19 10:30am Art on Canvas 12:00pm State Sen. Muth Mobile Office	20 12:00pm Birthday Social 1:00pm Birthday Entertainment 1:15pm Digital Skills Ready@50+ Class	21 10:30am Phoenixville Federal Presentation 4:00pm Third Thursday – Health Fair	22 9:00am Movie: The Kingdom of the Crystal Skull 1:00pm Center Closes
25 10:00am Ask the Doctor Docuseries 1:15pm Digital Skills Ready@50+ Class 1:15pm Healthy Steps for Older Adults 2:00pm Book Club	26	27 10:00am Blood Pressure 11:00am Phoenixville Hospital Talk 1:15pm Art Class 1:15pm Digital Skills Ready@50+ Class 1:15pm Healthy Steps for Older Adults	28 1:00pm AARP SmartTek Presentation	29 9:00am Movie: The Dial of Destiny 12:00pm Over 90 Birthday Party 1:00pm Center Closes

Activities subject to change. Please check website for updates. Participation in any program is at your own risk in accordance with the Liability Waiver on the back page of the Participants Form.

September Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 <h2 style="text-align: center;">National Senior Center Month</h2>				1 B: Continental Breakfast L: Baked Chicken
4 <h3 style="text-align: center;">Center Closed</h3>	5 B: Cream Chipped Beef L: Beef Stroganoff	6 B: Pancakes & Bacon L: Chef Salad	7 B: Cherries Jubilee Bread Pudding L: Chicken & Rice	8 B: Continental Breakfast L: BBQ Pulled Pork
11 B: Continental Breakfast L: Penne & Meatballs	12 B: Frittata L: Chicken Salad	13 B: Sausage Gravy & Biscuits L: Pork Chop	14 B: Deconstructed Breakfast Burrito L: Turkey Noodle Casserole	15 B: Continental Breakfast L: Seafood Cakes
18 B: Continental Breakfast L: Sausage, Peppers, & Onions	19 B: Peaches & Cream Bread Pudding L: Tuna Salad	20 Happy Birthday! B: Quiche L: Chicken Alfredo	21 B: Cream Chipped Beef L: Meatloaf	22 B: Continental Breakfast L: Shrimp & Grits
25 B: Continental Breakfast L: Chicken Risotto	26 B: Breakfast Tater Tot Casserole L: Beef & Broccoli	27 B: Bananas Foster Bread Pudding L: BBQ Turkey	28 B: Waffles & Sausage L: Italian Roast Beef	29 B: Continental Breakfast L: Beef Tater Tot Casserole

Breakfast begins at 8am

Lunch begins at 12pm

Breakfast and Lunch Suggested Donation: \$2

There is no Alternative Lunch option in September

Lunch reservations are **required** by Wednesday of the prior week

If you have food allergies, please contact staff

Important Lunch Reminders

- Pre-registration for lunch is now the Wednesday the week **prior** to the day you would like to attend lunch. Please sign up on Copilot or call 610-935-1515
- If you are coming in for a program and would like to stay for lunch, please pre-register for the meal.
 - Please call ahead and **speak** to a staff member if you would like to have a meal but did not pre-register. We can not guarantee a meal with out a prior registration.

The Senior Center is closed for Labor Day Monday September 4th so **produce pick up** will move to **Tuesday September 5th** that week. If you are just coming to pick up produce and not attending a program that day, please use the drive through option at 1:30pm

Chapter 713 September 2023



PRESIDENT'S MESSAGE:

Please like and share our Facebook page! We will make growing our chapter a priority in 2023!

~Chuck Benz, President

CALENDAR OF EVENTS/SPEAKERS

Sep 6 th	General Meeting	12:15 PM	Senior Center
Oct 4 th	General Meeting	12:15 PM	Senior Center
Oct 11 th	Board Meeting	10:00 AM	Presbyterian Church

UPCOMING PROGRAMS September 6th we will have Cari Foreman regarding Medicare news. Our October meeting will be a fun time playing Bingo for prizes sponsored by **Phoenixville Federal Bank and Trust**.

SUNSHINE AND SYMPATHY If you know one of our members or families who needs some happiness, please call Kathy Tauber 610 935 7075.

MEMBERSHIP *The Board of Directors has set the dues for 2023 at \$10, representing a \$1 increase however we have reduced our charge for lunch to only \$2!*

Our membership dues cover the 2023 calendar year. You must present a National AARP card for 2022-23.

For 2023 the balance of 2023, dues will be pro-rated if you are a new member!

OPPORTUNITIES TO HELP YOUR CHAPTER: If you would like to volunteer to help please approach a board member at any meeting.

IDEAS: Do you have a suggestion for an interesting program or speaker? Call Chuck @ 610 316 4102.

DID YOU KNOW that we have a Facebook page? Search Phoenixville AARP and you will find us!



Come help celebrate our September Birthdays on September 20th

Lunch at 12pm and stay for a concert at 1pm with singer Michael Kropp

Please join us in wishing our September Birthday Participants a very Happy Birthday!

Jean Ackerman	Pam Gates	Buffy MacLelland	Judith Schatz
Ed Bowes	Sandra Grubb	Donna Marosek	Lorraine Shakespeare
Susan Bowes	Chris Haney	Patricia May	Elaine Sierzega
Celia Breden	Chris Henry	Christine McGowan	Mary Ellen Sierzega
Arlene Brill	Susan Hoffman	Carmen Miro	Janet Sifford
Nona Burton	Sonia Hurtado	Judith Moll	Marilyn Skellenger
Bill Chenco	Sandra Jackson	Donna Moser	Betty Staffieri
Evelyn Connor	Lois Kase	Fred Rackovan	Mary Stalter
Carol Curtiss	Robert Kelly	William Raeburn	Ann Storti
Kathy Dellaquila	Michael Kocur	Barbara Rambo	Sheila Taylor
Jean Earle	Joann Kusko	Marilyn Reich	Dave Tirpak
Elyse Ertman	Thomas Lastowka	Charles Rodgers	Elaine Todd
Judy Forbes	William Laubscher	Nicholas Rudawski	Linda Vitale
Shirley Forrest	Jeff Lindstrom	Frank Scharff	Thomas Wright



Craft Day Monday September 18th at 10am
Wool Felt "Painting" Supplies included—Fee \$8

Space is limited

Pre-registration is required for this class by
calling 610-935-1515 ext 29

UP-COMING SENIOR CENTER EVENTS

Fall Scrapbooking Event –

Saturday, September 9, 8 am to 8 pm including Breakfast, Lunch, Dinner, Snacks and Beverages; a 4 x 2 workspace. Raffle baskets and vendors will be available for additional purchases. To purchase tickets, go to https://bit.ly/PA_ScCrop23 Or scan this QR code



Help the Senior Center by getting your flu shot and Covid Booster. A grant is available to us if we arrange 100 immunizations of either the flu or covid booster. Will you help?

HealthFair

THURSDAY,
SEPTEMBER 21,
4:00-6:00 pm



Before the end of the year, join us to assess your health care needs. Meet medical professionals, Senior Living options, Medicare specialists, audiologists, fitness providers, and get your shots (Covid, Flu, etc.) Learn how the Senior Center can help support you through our Aging Services.

23 HOLIDAY CASH 50/50



The prize will be drawn on Thursday, October 19, 2023 at 6 pm, during our Oktoberfest Celebration. Tickets 1 for \$10/ 3 for \$25. Call 610-935-1515 for tickets, or to purchase on-line scan the QR code.



Join us October 19 from 5-7 for our Oktoberfest with Luken's Band, Holiday 50/50 Drawing, and food trucks. Uncle B will have brats & dogs, Hare's Hill Brewery will have its mobile beer garden, and more!



Phoenixville Area Senior Center 2023 Annual Sponsors

Gold Sponsors



Phoenixville Federal Bank & Trust



United Healthcare/ The Payton Agency

Silver Sponsors



Devlin Rosmos Kepp & Gatcha Funeral Homes

Bronze Sponsors



Gateway Pharmacy



O'Donnell, Weiss & Mattei, P.C.

OWM Law



Humana Insurance



Campbell-Ennis Klotzbach Funeral Homes



Kinetic Physical Therapy



• FOR YOUR INFORMATION •

For improved efficiency, any payments for programs or events can be made to Carmela during her office hours Tuesday through Thursday from 9am to Noon.

Christine's office hours are Monday through Friday from 9am to 11:30am.

Want to tour and/or join the Senior Center? Know someone who would benefit from our programs? Please join us for our Welcome Wagon every Wednesday from 9am to 10am.





Saturday November 4, 2023 Doors open at 1:00 pm * First game at 2:00
Kimberton Fire Company
Tickets \$25 / \$30 at door / \$175 for a Table of 8
Call 610-935-1515, go to <https://bit.ly/PASCBingo>, click QR code for tick-



Phoenixville Senior Center
Holiday House Tour & Bazaar

Saturday, December 2, 2023
beginning at the Senior Center at 3 with a bazaar.
The House Tour runs from 4-8.
What a wonderful way to begin the holiday season!



Are you a Senior Center VIP?

Benefits Include:

Newsletter -mailed to cardholders only, beginning 9/2023, Discounts to select programs and activities, Early Bird Registration for taxes and other high demand programs, Reduced rates for party/room rentals, Invitations to Cardholder Special Events, Free access to Information & Assistance & PA MEDI Counselors, Social Interaction, Exercise, Games, Educational programs and more....

Discount Card Offers from Local Stores & Restaurants:

Generations Toy Store
Cameron Peters Floral Design, All Kinds of Fast, Bridge Street Chocolates, Gateway Pharmacy, Molly Maguires, Forever Changes Record Shop, Dim Sum Court, Mary Kay Cosmetics – Melissa Davis, And more...

Offers listed at <https://phoenixvilleseniorcenter.org/vip-card-drive/>

Get yours today - \$30 individual \$55 Household (2)
Price goes up beginning October 1 to \$35/\$65



Medicare Update for Annual Open Enrollment

Fine Tune Your Medicare for 2024

Wednesday, October 11th, 3-5pm



This event is for people who have Medicare, want to review the basics of Medicare and see what changes they can make for the upcoming year to prepare for the Medicare Annual Open Enrollment Period (AOEP) from October 15th – December 7th. There will be time for questions and answers after the presentation, and the chance to schedule follow up appointments. This presenta-

tion is presented by Chester County PA MEDI counselors. PA MEDI, formerly known as APPRISE, is a free, confidential, and unbiased health insurance counseling program designed to help all Pennsylvanians with Medicare. PA MEDI counselors are specially trained staff and volunteers who can answer your questions and provide you with objective, easy-to-understand information about Medicare.

The presentation will be in-person, at the Phoenixville Senior Center. Please contact Cari to register at cforeman@phoenixvilleseniorcenter.org or 610-935-1515 ext. 24

Questions about Medicare?

We can help!



pennsylvania

Medicare Education and Decision Insight

PA MEDI Counselors are specially trained to answer your questions about Medicare and provide you with objective, easy-to-understand information about health insurance.

Specifically, we can help answer your questions about Medicare, prescription drug plans, Medicare Supplement Insurance (Medigap), Medicaid, and Medicare Savings Plans. Additionally, your counselor will screen you to see if you qualify for any programs to help with costs.

PA MEDI Counselors do not sell Medicare products but rather offer current, unbiased Medicare education to help you make the most informed choices about the Medicare options available to you.

Medicare can be complicated, but connecting with a PA MEDI counselor is easy. Contact Cari at cforeman@phoenixvilleseniorcenter.org or 610-935-1515 ext. 24

Phoenixville Area Senior Center
153 Church Street
Phoenixville, PA 19460
610-935-1515
www.phoenixvilleseniorcenter.org
Electronic Service Requested

NONPROFIT ORG
US POSTAGE PAID
Southeastern, PA
Permit No.609

The Senior Center provides a meeting place for persons over 60 years of age living in the following areas: Spring City, Phoenixville, East and West Vincent, East and West Pikeland, Charlestown and Schuylkill Townships and the surrounding areas.

The Phoenixville Senior Center is supported by:

Chester County Department of Aging Services
Fundraising Events

Various Foundations
The generosity of individual donors



United Way
of Chester County

Senior Adult Activity Center of Phoenixville Area is a 501(c)3 charitable organization, contributions to which are tax-deductible as permitted by law. The official registration and financial information of Senior Adult Activity Center of Phoenixville Area may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.