

September Activities

Monday	Tuesday	Wednesday	Thursday	Friday
----- Weekly Events -----				
8:00am Cont'l Breakfast 8:45am Circuit Exercise 9:30am Coffee Hour 9:45am Chair Exercise 10:30am Produce (Inside) 12:00pm Lunch 1:00pm Pickleball @ Rec Center 1:30pm Produce (Curbside)	8:00am Breakfast 9:00am Walking Group 9:30am Coffee Hour 10:00am Mahjong 12:00pm Lunch 1:15pm Pinochle 1:15pm Yoga	8:00am Breakfast 8:45am Circuit Exercise 9:00am Welcome Wagon 9:30am Coffee Hour 9:45am Chair Exercise 12:00pm Lunch 1:00pm Pickleball @ Rec Center	8:00am Breakfast 8:30am Blood Pressure 9:00am Walking Group 9:30am Coffee Hour 9:30am Duplicate Bridge 12:00pm Lunch 1:15pm Pinochle 1:15pm Yoga 1:15pm Social Stitchers	8:00am Cont'l Breakfast 8:45am Circuit Exercise 9:30am Coffee Hour 9:45am Chair Exercise 10:30am Shuffleboard 10:30am Scrabble 12:00pm Lunch 1:00pm Pickleball @ Rec Center
Please note that many activity times have changed. Check the time for your activity before heading over!				1 9:30am Movie: Raiders of the Lost Ark 1:00pm Center Closes
4 Center Closed No Produce Pickup No Pickleball	5 10:30am Produce (Inside) 1:30pm Produce (Curbside)	6 12:00pm AARP Meeting 1:15pm Digital Skills Ready@50+ Class	7 9:00am VisionCorp Presentation	8 9:30am Movie: Temple of Doom 1:00pm Center Closes
				Saturday, Sept 9 8:00am Scrapbooking Event
11 10:00am State Rep. Friel Mobile Office 10:00am PA Master Plan on Aging Presentation 1:15pm Digital Skills Ready@50+ Class	12 10:00am SeniorLAW Center 10:30am Sports Desk	13 10:00am Blood Pressure 1:15pm Art Class 1:15pm Digital Skills Ready@50+ Class	14 10:00am Volunteer Craft	15 9:30am Movie: The Last Crusade 10:00am Oral Health and Aging 1:00pm Center Closes
18 10:00am Ask the Doctor Docuseries 10:00am Craft 1:15pm Bingo 1:15pm Digital Skills Ready@50+ Class 5:00pm Supper Club @ Sly Fox	19 10:30am Art on Canvas 12:00pm State Sen. Muth Mobile Office	20 12:00pm Birthday Social 1:00pm Birthday Entertainment 1:15pm Digital Skills Ready@50+ Class	21 10:30am Phoenixville Federal Presentation 4:00pm Third Thursday – Health Fair	22 9:30am Movie: The Kingdom of the Crystal Skull 1:00pm Center Closes
25 10:00am Ask the Doctor Docuseries 1:15pm Digital Skills Ready@50+ Class 1:15pm Healthy Steps for Older Adults 2:00pm Book Club	26	27 10:00am Blood Pressure 11:00am Phoenixville Hospital Talk 1:15pm Art Class 1:15pm Digital Skills Ready@50+ Class 1:15pm Healthy Steps for Older Adults	28 1:00pm AARP SmartTek Presentation	29 9:30am Movie: The Dial of Destiny 12:00pm Over 90 Birthday Party 1:00pm Center Closes

Activities subject to change. Please check website for updates. Participation in any program is at your own risk in accordance with the Liability Waiver on the back page of the Participants Form.