


September Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 <h2 style="margin: 0;">National Senior Center Month</h2>				1 B: Continental Breakfast L: Baked Chicken
4 <h3 style="margin: 0;">Center Closed</h3>	5 B: Cream Chipped Beef L: Beef Stroganoff	6 B: Pancakes & Bacon L: Chef Salad	7 B: Cherries Jubilee Bread Pudding L: Chicken & Rice	8 B: Continental Breakfast L: BBQ Pulled Pork
11 B: Continental Breakfast L: Penne & Meatballs	12 B: Frittata L: Chicken Salad	13 B: Sausage Gravy & Biscuits L: Pork Chop	14 B: Deconstructed Breakfast Burrito L: Turkey Noodle Casserole	15 B: Continental Breakfast L: Seafood Cakes
18 B: Continental Breakfast L: Sausage, Peppers, & Onions	19 B: Peaches & Cream Bread Pudding L: Tuna Salad	20 Happy Birthday! B: Quiche L: Chicken Alfredo	21 B: Cream Chipped Beef L: Meatloaf	22 B: Continental Breakfast L: Shrimp & Grits
25 B: Continental Breakfast L: Chicken Risotto	26 B: Breakfast Tater Tot Casserole L: Beef & Broccoli	27 B: Bananas Foster Bread Pudding L: BBQ Turkey	28 B: Waffles & Sausage L: Italian Roast Beef	29 B: Continental Breakfast L: Beef Tater Tot Casserole

Breakfast begins at 8am

Lunch begins at 12pm

Breakfast and Lunch Suggested Donation: \$2

There is no Alternative Lunch option in September

Lunch reservations are **required** by Wednesday of the prior week

If you have food allergies, please contact staff