

# November Activities

Monday	Tuesday	Wednesday	Thursday	Friday
----- Weekly Events -----				
8:00am Cont'l Breakfast 8:45am Circuit Exercise 9:30am Coffee Hour 9:45am Chair Exercise 10:30am Produce (Inside) 12:00pm Lunch 1:00pm Pickleball @ Rec Center 2:00pm Produce (Curbside)	8:00am Breakfast 9:00am Walking Group 9:30am Coffee Hour 10:00am Mahjong 12:00pm Lunch 1:00pm Pinochle 1:15pm Yoga	8:00am Breakfast 8:45am Circuit Exercise 9:00am Welcome Wagon 9:30am Coffee Hour 9:45am Chair Exercise 12:00pm Lunch 1:00pm Pickleball @ Rec Center	8:00am Breakfast 8:30am Blood Pressure 9:00am Walking Group 9:30am Coffee Hour 9:30am Duplicate Bridge 12:00pm Lunch 1:00pm Pickleball @ Rec Center 1:00pm Pinochle 1:15pm Yoga 1:15pm Social Stitchers	8:00am Cont'l Breakfast 8:45am Circuit Exercise 9:30am Coffee Hour 9:45am Chair Exercise 10:30am Shuffleboard 12:00pm Lunch 1:00pm Pickleball @ Rec Center
		<b>1</b> 12:00pm AARP Meeting 1:15pm Digital Skills Ready@50+ Class	<b>2</b> <b>Center Closed</b>	<b>3</b> <b>Center Closed</b>
				<b>Saturday, Nov 4</b> 1:00pm Annual Bag Bingo
<b>6</b> 10:00am Volunteer Craft 1:00pm Bingo 1:15pm Digital Skills Ready@50+ Class	<b>7</b> <b>Center Closed</b>	<b>8</b> 10:00am Blood Pressure 12:00pm Birthday Social 1:00pm Birthday Entertainment 1:15pm Digital Skills Ready@50+ Class	<b>9</b> 10:00am Loteria	<b>10</b> 1:00pm Craft No Pickleball Today
				<b>Sunday, Nov 12</b> 8:00am Rotary Club Pancake Breakfast
<b>13</b> 10:00am State Rep. Friel Mobile Office 1:00pm Diwali Celebration 1:15pm Digital Skills Ready@50+ Class 5:00pm Supper Club @ Boardroom	<b>14</b> 9:00am Weight Wise 10:00am SeniorLAW Center 10:30am Sports Desk 10:30am Art on Canvas Time TBD Coffee with the Constituents	<b>15</b> 12:00pm Holiday Meal 1:15pm Art Class 1:15pm Digital Skills Ready@50+ Class	<b>16</b> 10:30am Phoenixville Federal Presentation 5:00pm Third Thursday – Classic TV Dinner & Trivia	<b>17</b> 10:00am Bingo
<b>20</b> 1:15pm Digital Skills Ready@50+ Class 1:30pm Afternoon @ the Spa	<b>21</b> No Weight Wise Today 10:00am Movie: Quiz Lady 12:00pm State Sen. Muth Mobile Office	<b>22</b> 10:00am Blood Pressure 10:00am Movie: Planes, Trains and Automobiles 1:00pm Center Closes Early	<b>23</b> <b>Center Closed</b> No Pickleball Today	<b>24</b> <b>Center Closed</b> No Pickleball Today
<b>27</b> 1:15pm Digital Skills Ready@50+ Class 2:00pm Book Club	<b>28</b> 9:00am Weight Wise 9:00am Giving Tuesday - Volunteering	<b>29</b> 11:00am Phoenixville Hospital Talk 1:15pm Digital Skills Ready@50+ Class 1:30pm Grief Support	<b>30</b>	

Activities subject to change. Please check website for updates. Participation in any program is at your own risk in accordance with the Liability Waiver on the back page of the Participants Form.