

# April Activities

Monday	Tuesday	Wednesday	Thursday	Friday
----- Weekly Events -----				
8:00am Cont'l Breakfast 8:45am Circuit Exercise 9:30am Coffee Hour 9:45am Chair Exercise 10:30am Produce Pickup 11:00am Weight Wise Support Group 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:15pm Digital Skills Ready@50+ Class	8:00am Breakfast 9:00am Walking Group 9:30am Coffee Hour 10:00am Mahjong 12:00pm Lunch* 12:45pm Pinochle 12:45pm Rummikub 1:15pm Yoga	8:00am Breakfast 8:45am Circuit Exercise 9:00am Welcome Wagon 9:30am Coffee Hour 9:45am Chair Exercise 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:15pm Digital Skills Ready@50+ Class	8:00am Breakfast 8:30am Blood Pressure 9:30am Walking Group 9:30am Coffee Hour 9:30am Duplicate Bridge 12:00pm Lunch* 12:45pm Pinochle 1:00pm Pickleball @ Rec Center* 1:15pm Yoga 1:15pm Social Stitchers	8:00am Cont'l Breakfast 8:45am Line Dancing Exercise 9:30am Coffee Hour 9:45am Chair Exercise 12:00pm Lunch* 1:00pm Pickleball @ Rec Center*
<b>1</b>	<b>2</b> 10:00am Tai Chi*	<b>3</b> 1:15pm Art Class	<b>4</b> 2:15pm Grief Support Group	<b>5</b> 1:00pm Tai Chi*
<b>8</b> 10:00am State Rep. Friel Mobile Office 1:00pm Bingo 5:00pm Supper Club @ Liberty Union	<b>9</b> 10:00am Tai Chi* 10:00am SeniorLAW Center 10:00am Sports Desk 11:00am Art on Canvas	<b>10</b> 10:00am Blood Pressure 12:00pm Birthday Social 1:00pm Birthday Entertainment No Digital Skills Ready@50+ Class	<b>11</b> 10:00am Self Care Day*	<b>12</b> 10:00am Earth Day Clean Up* 1:00pm Center Closes No Tai Chi
<b>15</b> 11:00am Lunch w/ Oppenheimer (Movie)*	<b>16</b> 10:00am Tai Chi* 12:00pm State Sen. Muth Mobile Office	<b>17</b> 1:00pm Senior Prom w/ Kimberton Waldorf School* 1:15pm Art Class	<b>18</b> 10:30am Phoenixville Federal Presentation 5:00pm Third Thursday: Open House	<b>19</b> 10:30am Shuffleboard Class 1:00pm Tai Chi*
<b>22</b> 1:00pm LCR Game	<b>23</b>  <b>Center Closed Election Day</b>	<b>24</b> 10:00am Blood Pressure 10:00am Property Tax/Rent Rebate w/ Dept of Revenue* 11:00am Phoenixville Hospital Talk	<b>25</b> 10:00am Craft*	<b>26</b> 10:30am Shuffleboard 10:30am Bingo 1:00pm Tai Chi*
<b>29</b> 2:00pm Book Club	<b>30</b> 10:00am Tai Chi* 11:00am Health Talk*			*pre-registration required

Activities subject to change. Please check website for updates. Participation in any program is at your own risk in accordance with the Liability Waiver on the back page of the Participants Form.