

Phoenixville Area Senior Center

December Activities

Monday	Tuesday	Wednesday	Thursday	Friday
----- Weekly Events -----				
8:00am Cont'l Breakfast 8:45am Circuit Exercise 9:30am Coffee Hour 9:45am Chair Exercise 10:30am Produce Pickup 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Digital Skills Ready@50+ Class 1:00pm Tai Chi Class	8:00am Breakfast 9:00am Walking Group 9:30am Coffee Hour 10:00am Mahjong 12:00pm Lunch* 12:45pm Pinochle 1:00pm Rummikub 1:00pm Pickleball @ Rec Center* 1:15pm Yoga *pre-registration required	8:00am Breakfast 8:45am Circuit Exercise 9:00am Welcome Wagon 9:30am Coffee Hour 9:45am Chair Exercise 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Digital Skills Ready@50+ Class (no class on 2nd Wednesday)	8:00am Breakfast 8:30am Blood Pressure 9:00am Walking Group 9:30am Coffee Hour 9:30am Duplicate Bridge 12:00pm Lunch* 12:45pm Pinochle 1:00pm Pickleball @ Rec Center* 1:00pm Yahtzee 1:00pm Social Stitchers 1:15pm Yoga	8:00am Cont'l Breakfast 8:45am Line Dancing Exercise 9:30am Coffee Hour 9:45am Chair Exercise 10:30am Shuffleboard 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:30pm Friday Closing Time
2 5:00pm Hot Stove	3 Giving Tuesday	4 9:30am Kinetics Stretch 1:00pm Bingo 1:15pm Art Class	5 2:15pm Grief Support*	6 1:00pm Tower Health Talk Center closed to other activities after 1:00pm
9 10:00am State Rep. Friel Mobile Office	10 10:00am SeniorLAW Center 10:30am Sports Desk 10:30am Art on Canvas	11 10:00am Blood Pressure 12:00pm Birthday Social 1:00pm Birthday Entertainment 1:00pm Pickleball Class w/ Joel No Digital Skills Ready@50+ Class	12 **Scrip Orders Due** 8:00am Veterans Breakfast* 11:00am SarahCare Presentation	13 1:00pm Movie: Firebird: Built to Burn - Movie Screening & Director Q&A Center closed to other activities after 1:00pm
16 Frozen Holiday Meal Pickup 2:00pm Book Club No Tai Chi Class	17 10:00am Movie: A Christmas Story 12:00pm State Sen. Muth Mobile Office	18 12:00pm Winter Holiday Party 1:00pm Ugly Christmas Sweater Contest 1:15pm Art Class 2:15pm Grief Support*	19 5:00pm Third Thursday: A Night with Sinatra	20 10:30am Bingo

Special Holiday Schedule December 23 - January 3

23 Center Closed	24 Center Closed	25 Center Closed	26 8:00am Hanukkah Breakfast 10:00am Pinochle 10:00am Yahtzee 10:00am Social Stitchers 1:30pm Center Closes No Yoga	27 1:30pm Center Closes
30 12:00pm Kwanzaa Lunch 1:30pm Center Closes No Tai Chi No Digital Skills Ready@50+ Class	31 10:00am Pinochle 10:00am Rummikub 1:30pm Center Closes No Yoga	1 January Center Closed	2 10:00am Pinochle 10:00am Yahtzee 10:00am Social Stitchers 1:30pm Center Closes No Yoga	3 1:30pm Center Closes

Activities subject to change. Please check website for updates. Participation in any program is at your own risk in accordance with the Liability Waiver on the back page of the Participants Form.