

February Activities

Monday	Tuesday	Wednesday	Thursday	Friday
----- Weekly Events -----				
8:00am Cont'l Breakfast 8:45am Circuit Exercise 9:30am Coffee Hour 9:45am Chair Exercise 10:30am Produce Pickup 11:00am Digital Skills Ready@50+ Class 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Tai Chi Class	8:00am Breakfast 9:00am Walking Group 9:30am Coffee Hour 10:00am Mahjong 12:00pm Lunch* 12:45pm Pinochle 1:00pm Rummikub 1:00pm Pickleball @ Rec Center* 1:15pm Yoga *pre-registration required	8:00am Breakfast 8:45am Circuit Exercise 9:00am Welcome Wagon 9:30am Coffee Hour 9:45am Chair Exercise 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Digital Skills Ready@50+ Class (no class on 2nd Wednesday)	8:00am Breakfast 8:30am Blood Pressure 9:00am Walking Group 9:30am Coffee Hour 9:30am Duplicate Bridge 12:00pm Lunch* 12:45pm Pinochle 12:45pm Yahtzee 1:00pm Pickleball @ Rec Center* 1:00pm Social Stitchers 1:15pm Yoga	8:00am Cont'l Breakfast 8:45am Line Dancing Exercise 9:30am Coffee Hour 9:45am Chair Exercise 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Close
3 11:00am Weight Wise Support 11:15am Spanish Class*	4	5 9:30am Kinetic Stretch 10:00am Paws for the People: Piper the Pup 1:15pm Art Class	6 10:00am Healthy Steps in Motion* 2:15pm Grief Support	7 10:30am Bingo
10 10:00am State Rep. Friel Mobile Office 11:00am Weight Wise Support 11:15am Spanish Class*	11 10:00am SeniorLAW Center 10:30am Sports Desk 10:30am Art on Canvas	12 10:00am Paws for the People: Piper the Pup 10:00am Blood Pressure 12:00pm Birthday Social 1:00pm Birthday Entertainment No Digital Skills Class	13 10:00am Healthy Steps in Motion*	14 10:30am Wool Felting 12:30pm Valentine's Day Dance w/ Kimberton Waldorf School
17 Center Closed	18 10:00am Movie: The Six Triple Eight 12:00pm State Sen. Muth Mobile Office	19 10:00am Paws for the People: Piper the Pup 1:00pm Pickleball Class w/ Joel @ Rec Center 1:00pm Bingo 2:15pm Grief Support	20 10:00am Healthy Steps in Motion* 5:00pm Third Thursday: Dinner & Dance 6:00pm 30/30 Drawing	21 **Scrip Orders Due** 5:00pm Scrapbooking
				Sat Feb 22 8:00am Scrapbooking
24 11:00am Weight Wise Support 11:15am Spanish Class* 2:00pm Book Club	25 10:00am Mind Matters - Rules of the Road	26 10:00am Blood Pressure 10:00am Paws for the People: Piper the Pup 10:00am Health Screening 11:00am Phoenixville Hospital Chat 1:00pm Bingo 1:15pm Art Class	27 10:00am Healthy Steps in Motion*	28

Activities subject to change. Please check website for updates. Participation in any program is at your own risk in accordance with the Liability Waiver on the back page of the Participants Form.