

# March Activities

Monday	Tuesday	Wednesday	Thursday	Friday
----- Weekly Events -----				
8:00am Cont'l Breakfast 8:45am Circuit Exercise 9:30am Coffee Hour 9:45am Chair Exercise 10:30am Produce Pickup 11:00am Digital Skills Ready@50+ Class 11:15am Spanish Class* 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Tai Chi Class	8:00am Breakfast 9:00am Walking Group 9:30am Coffee Hour 10:00am Mahjong 12:00pm Lunch* 12:45pm Pinochle 1:00pm Rummikub 1:00pm Pickleball @ Rec Center* 1:15pm Yoga  *pre-registration required	8:00am Breakfast 8:45am Circuit Exercise 9:00am Welcome Wagon 9:30am Coffee Hour 9:45am Chair Exercise 10:00am Piper the Pup 12:00pm Lunch* 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Digital Skills Ready@50+ Class	8:00am Breakfast 8:30am Blood Pressure 9:00am Walking Group 9:30am Coffee Hour 9:30am Duplicate Bridge 12:00pm Lunch* 12:45pm Pinochle 12:45pm Yahtzee 1:00pm Pickleball @ Rec Center* 1:00pm Social Stitchers 1:15pm Yoga	8:00am Cont'l Breakfast 8:45am Line Dancing Exercise 9:30am Coffee Hour 9:45am Chair Exercise 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Close
<b>3</b>	<b>4</b> 10:00am Movie: The Six Triple Eight 10:00am Mahjong Class	<b>5</b> 9:00am MCCC Visit 9:30am Kinetic Stretch 1:15pm Art Class	<b>6</b> 2:15pm Grief Support	<b>7</b> 10:30am Bingo
<b>10</b> 10:00am State Rep. Friel Mobile Office	<b>11</b> 10:00am SeniorLAW Center 10:30am Sports Desk 10:30am Art on Canvas	<b>12</b> 10:00am Blood Pressure 12:00pm Birthday Social 1:00pm Birthday Entertainment No Digital Skills Class	<b>13</b> 10:00am Bingocize* 10:30am ChesCo Recorder of Deeds Presentation 5:00pm "Third" Thursday: Irish Wake	<b>14</b> 10:45am TV: The Mind Explained
<b>17</b> 12:00pm St. Patty's Day Celebration	<b>18</b> 10:00am Movie: Moving On 12:00pm State Sen. Muth Mobile Office	<b>19</b> 9:30am Kinetic Stretch 10:30am Chesco Connect 1:00pm Bingo 1:15pm Art Class 2:15pm Grief Support	<b>20</b> 10:00am Bingocize* 1:00pm Staar Alert Presentation	<b>21</b> <b>**Scrip Orders Due**</b> 10:45am TV: The Mind Explained
<b>24</b> 10:30am Craft Day	<b>25</b> 10:00am Spa Day*	<b>26</b> 10:00am Blood Pressure 10:00am Health Screening 11:00am Phoenixville Hospital Chat 1:00pm Collette Travel Preview*	<b>27</b> 10:00am Bingocize* 10:30am PASD Meet & Greet	<b>28</b> 10:45am TV: The Mind Explained
<b>31</b> 2:00pm Book Club				

Activities subject to change. Please check website for updates. Participation in any program is at your own risk in accordance with the Liability Waiver on the back page of the Participants Form.