



**Letter from Board President Mariane Peffall**

I don't know about you, but I'm definitely feeling ready for the cozy days of Spring to arrive and say goodbye to the chill of Winter. It's a perfect time to reflect on all the love and care that makes our community truly special, and to share a message of hope and renewal.

The Board is actively involved in the search for a new Executive Director, and to ensure the Center's continued success, the staff have stepped up to fill in the gaps in Julie's absence. We truly appreciate all their hard work and dedication.

I understand that leadership transitions can feel like a big change, but I want to reassure you that the Board remains fully committed to providing the services and programs that benefit both you and the entire community. As part of our commitment to keeping you informed and involved, I encourage you to share any feedback or ideas you may have as we move forward. Your voice is important to us, and we want to ensure that your needs continue to be a top priority.

As we wait for the snow to melt and the flowers to bloom, we also look forward to the new beginnings ahead for our Center. Thank you for being such an important part of what makes this community feel like home. We are so grateful for your support and are excited for all that the future holds.

Warmly,

Marianne Peffall

Board President



March Craft Day  
Monday March 24th  
at 10:30 am  
Fee \$ 4  
Please pre-register for the craft on Copilot.

Want to learn how to play Mah Jong?



Classes will start Tuesday March 4th at 10am.  
Please pre-register on Copilot for the class or see Christine if you would like to learn.


A NEW PROVIDER  
Same Reliable Service



Remember Rover? It is now Chesco Connect. Same great service, new name.

Wednesday March 19th at 10:30am

Jim Oughton, the Deputy Director of CC Dept of Community Transit will be here to answer your questions about their services and give anyone a ride in one of the busses. Come check it out!

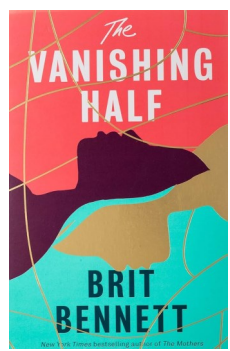


10 am every Wednesday  
visit with Piper the dog and her human Sheri when they come to the Senior Center for some much needed pet therapy.

\$5 Cash Bingo



Fri 3/7 @ 10:30am  
Weds 3/19 @1pm



Book Club Monday March 31st at 2pm  
The Vanishing Half by Britt Bennett


The Vignes twin sisters will always be identical. But after growing up together in a small, southern black community and running away at age sixteen, it's not just the shape of their daily lives that is different as adults, it's everything: their families, their communities, their racial identities .

Please see Christine for a book. If you cannot attend Book Club, please return the current book to the Phoenixville Library before Book Club.

Nothing is better than spa day



Spa Day with Melissa  
Tuesday March 25th at 10am



Join the Center for a visit from dental students from Montgomery County Community College.  
Wednesday March 5th at 9am



## Attention Travelers!

Wednesday March 26th @1pm

Collette will be here to tell you about the new trips we are adding to the travel lineup for 2026 that join our 2025 trips:

Southern Charm (April 2026) & Mackinac Island (August 2026)

Canadian Maritime (June 2025) and London/Paris (September 2025)

If you cannot attend, please see Christine for information on the four trips offered.

Please pre-register and If you would like lunch before event please reserve by 3/21.

### Computer Classes

\* New time

**Mondays at \*11am** and  
**Wednesdays at 1pm**



March 3,5,&10– Using a Calendar App

March 17 & 19—Anti-virus App

March 24,26 & 31—Smartphones

### Staar Alert presentation

Thursday March 20th at 1pm

Come see what they have to offer in the way of personal safety.



### Movie Day

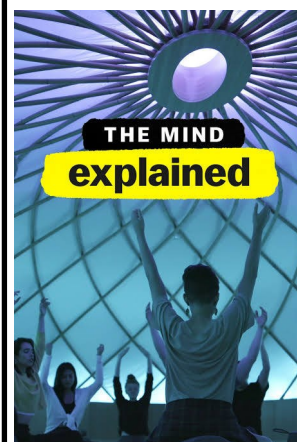
Moving On (2022)

Tuesday March 18th

10am

Two estranged women reunite to seek revenge against the husband of their recently deceased best friend. Along the way, they learn to make peace with the past and each other.

Starring Lily Tomlin and Jane Fonda



Fridays  
in March

at

10:45am

Netflix Docuseries

The Mind, Explained

3/14– Memory

3/21– Dreams

3/28– Anxiety

St Patrick's Day

Monday March 17th at 12pm

Come Celebrate St Patrick's Day with us with a delicious meal of corned beef & cabbage and trivia.

## Upcoming Third Thursdays!

April 17th Medicare 101

May 15th Inflatable Planetarium with Night

Wonders of Astronomy

June 19th Comedy Night



*Save the Date*



Join the Senior Center for a Meet and Greet with the new Superintendent of the Phoenixville Area School District on Thursday March 27th at 10:30am.

Hear what is new within the District including the new school Hares Hill Elementary.

I heard they will bring some PASD swag!

**Phoenixville**  
area senior center  
FRIENDSHIP-LEARNING-ACTIVITY

# Annual Irish Wake

Thursday March 13th

5pm to 7pm

Bring your appetites for a dinner of Mince and Tatties, Irish bread and salad. Stay for the entertainment and bring your jokes to make the "Corpse" laugh. After the fun entertainment ends, join us upstairs for drinks, dessert and a resource fair.

\$30 / \$28 for VIPs

Call 610-935-1515



*You're invited to the Senior Center!*

Thursday, March 13, 2025 at 10:30am  
**CHESTER COUNTY RECORDER OF DEEDS**



*Diane O'Dwyer*

Diane will present updates on:  
Property Records management  
Fraud Prevention Initiatives  
Veteran ID Discount Program

**VETERANS:** Bring your DD-214 (Discharge paperwork) to the event for recording and to receive a Veteran ID discount card.

Phoenixville Senior Center  
153 Church Street  
Phoenixville

If you would like to join us for lunch before or after any of our programs, please pre-register on Copilot the **Friday BEFORE** the week you would like to come



Would you like to help out the Senior Center?

Please check out our Amazon wish list for 2025.



You can scan this QR code with your phone

or follow this link:

<https://amzn.to/414PH2f>

# Healthy You at the Phoenixville Senior Center

*Looking for a fun, new way to be active?*



**Bingo + Exercise = Bingocize®**

*Weekly starting Thursday March 13th at 10am sign up to try this fun way to get moving!*

*You must pre-register for this class weekly. Limited space available.*



Grief Support Group

Thursday 3/6

Wednesday 3/19

both at 2:15pm

Facilitated by Ascend Hospice

**KINETIC**  
**PHYSICAL THERAPY**

Wed March 5th and Wed March 19th both at 9:30am

Join the Senior Center as we learn the best stretching techniques from sponsor Kinetic PT

**Phoenixville Hospital's Community Health Education and Outreach Dept.**

Billie Goldstein RN, will be here on the last Wednesday of each month for health screenings and "Health Chat"

**Wednesday March 26th  
Health Screenings at 10am**

**Health Chat at 11am**

"HEALTH  
MISINFORMATION"

Do you know how to find reliable health information?

If you would like to join us for lunch after the program, please pre-register on Copilot Friday **March 21st**

**If you're sick,  
please stay HOME**





# Birthday Social - Wed February 12th

Lunch at 12pm Entertainment at 1pm

Register for lunch on Copilot before 3/7

**Join the Senior Center for our  
March entertainment, singer  
John Mullin, an acoustic musician  
with 30 years experience**



Irene Ahrendt	Dorothy Gaul	Sandra Lindstom	Verna Saunders
Adeana Alexander	Bonnie Georgvich	Charlotte Lister	Robert Stewart
Martin Bauer	Lisa Gracchi	Shannon Ludwig	Denise Schmidt
Elizabeth Becker	Nancy Green	Jon Machamer	Pam Sherry
Doris Bolinger	Rita Guarino	Lillian Matthews	Robert Stewart
Paul Border	Janice hackett	Linda McBride	Edna Styer
Mary Burkart	Patricia Heckman	Joseph McCabe	Dorothy Swartchick
Natalie Cali	Susan Himes	Pat McGranahan	Faye Szuchan
Rich Camuso	Pamela Howell	Mimi McOrmond	Veronica Szucs
Kristen Canale	Laura Hughes	Florence Neizer	Peggy Tweed
Mary Chatburn	Dolores JanFrancisco	Janice Newcomer	Mary Vendetti
Lori Clarke	Ed Jefferis	Annette Noce	Bonnie Wallace
Melinda Copeland-Jones	Catherine Kazimer	Anthony Palma	Elaine Wentzel
Sandy Costello	Marcia Killen	Freddie Pletcher	Sandra Wickward
Karen Crampo	Arpi Kilroy	Geri Quarracino	Deborah Williams
Jennifer Dawson	Sharon Kling	Sandra Rapp	Mary Willis
James Early	Ellen Kraus	Peter Robin	Jerzy Zukowski
Diane Ewing	Patricia Kreiner	Sharon Roth	
Paul Fielding	Linda kuhlen		
Charlene Gallagher	April Leasa		
Dianna Gattone	Veronica Lehman		

We would love for our February Birthdays to come and celebrate with us due to the cancellation of February's Birthday Social.



# March Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> B: Continental Breakfast .... L: Chicken Salad	<b>4</b> B: Breakfast Sandwich .... L: Cheesesteak	<b>5</b> B: Bacon & Eggs .... L: Turkey Divan	<b>6</b> B: Frittata .... L: Salisbury Steak	<b>7</b> B: Continental Breakfast .... L: Baked Catfish
<b>10</b> B: Continental Breakfast .... L: Cheeseburger	<b>11</b> B: Waffles & Sausage .... L: Grilled Cheese	<b>12</b> Happy Birthday! B: Cream Chipped Beef .... L: Chicken Parmesan	<b>13</b> B: Ham & Eggs .... L: Turkey Noodle	<b>14</b> B: Continental Breakfast .... L: Seafood Cake
<b>17</b> St. Patty's Day B: Continental Breakfast .... L: Corned Beef & Cabbage	<b>18</b> B: Pork Roll & Eggs .... L: Italian Sausage	<b>19</b> B: Breakfast Hash .... L: Meatloaf	<b>20</b> B: Biscuits & Sausage Gravy .... L: Roasted Turkey	<b>21</b> B: Continental Breakfast .... L: Shrimp Over Salad
<b>24</b> B: Continental Breakfast .... L: Chicken & Broccoli	<b>25</b> B: Blueberry Waffles & Bacon .... L: Pork Chops	<b>26</b> B: Sausage & Eggs .... L: Tater Tot Casserole	<b>27</b> B: Quiche .... L: Turkey Caesar Salad Wrap	<b>28</b> B: Continental Breakfast .... L: Grilled Salmon
<b>31</b> B: Continental Breakfast .... L: Chef Salad	<b>1 April</b> B: Cream Chipped Beef .... L: Tacos	<b>2 April</b> B: Breakfast Sandwich .... L: Veal Marsala	<b>3 April</b> B: Blueberry Pancakes & Bacon .... L: Chicken Pesto	<b>4 April</b> B: Continental Breakfast .... L: Shrimp & Grits

Breakfast begins at 8am

Lunch begins at 12pm

Breakfast and Lunch Suggested Donation: \$2

If you would like an alternate lunch, you may purchase the soup of the day for \$3  
 All lunch and soup reservations are **required** by Friday by 1pm of the prior week.

We cannot guarantee your lunch without prior registration.

Please let us know if you have allergies.

# March Activities

Monday	Tuesday	Wednesday	Thursday	Friday
----- Weekly Events -----				
8:00am Cont'l Breakfast 8:45am Circuit Exercise 9:30am Coffee Hour 9:45am Chair Exercise 10:30am Produce Pickup 11:00am Digital Skills Ready@50+ Class 11:15am Spanish Class* 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Tai Chi Class	8:00am Breakfast 9:00am Walking Group 9:30am Coffee Hour 10:00am Mahjong 12:00pm Lunch* 12:45pm Pinochle 1:00pm Rummikub 1:00pm Pickleball @ Rec Center* 1:15pm Yoga  *pre-registration required	8:00am Breakfast 8:45am Circuit Exercise 9:00am Welcome Wagon 9:30am Coffee Hour 9:45am Chair Exercise 10:00am Piper the Pup 12:00pm Lunch* 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Digital Skills Ready@50+ Class	8:00am Breakfast 8:30am Blood Pressure 9:00am Walking Group 9:30am Coffee Hour 9:30am Duplicate Bridge 12:00pm Lunch* 12:45pm Pinochle 12:45pm Yahtzee 1:00pm Pickleball @ Rec Center* 1:00pm Social Stitchers 1:15pm Yoga	8:00am Cont'l Breakfast 8:45am Line Dancing Exercise 9:30am Coffee Hour 9:45am Chair Exercise 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Close
<b>3</b>	<b>4</b> 10:00am Movie: The Six Triple Eight 10:00am Mahjong Class	<b>5</b> 9:00am MCCC Visit 9:30am Kinetic Stretch 1:15pm Art Class	<b>6</b> 2:15pm Grief Support	<b>7</b> 10:30am Bingo
<b>10</b> 10:00am State Rep. Friel Mobile Office	<b>11</b> 10:00am SeniorLAW Center 10:30am Sports Desk 10:30am Art on Canvas	<b>12</b> 10:00am Blood Pressure 12:00pm Birthday Social 1:00pm Birthday Entertainment No Digital Skills Class	<b>13</b> 10:00am Bingocize* 10:30am ChesCo Recorder of Deeds Presentation 5:00pm "Third" Thursday: Irish Wake	<b>14</b> 10:45am TV: The Mind Explained
<b>17</b> 12:00pm St. Patty's Day Celebration	<b>18</b> 10:00am Movie: Moving On 12:00pm State Sen. Muth Mobile Office	<b>19</b> 9:30am Kinetic Stretch 10:30am Chesco Connect 1:00pm Bingo 1:15pm Art Class 2:15pm Grief Support	<b>20</b> 10:00am Bingocize* 1:00pm Staar Alert Presentation	<b>21</b> **Scrip Orders Due** 10:45am TV: The Mind Explained
<b>24</b> 10:30am Craft Day	<b>25</b> 10:00am Spa Day*	<b>26</b> 10:00am Blood Pressure 10:00am Health Screening 11:00am Phoenixville Hospital Chat 1:00pm Collette Travel Preview*	<b>27</b> 10:00am Bingocize* 10:30am PASD Meet & Greet	<b>28</b> 10:45am TV: The Mind Explained
<b>31</b> 2:00pm Book Club				

Activities subject to change. Please check website for updates. Participation in any program is at your own risk in accordance with the Liability Waiver on the back page of the Participants Form.

Programs at the Senior Center—Please see calendar for exact days and times

<b>Monthly</b>
<p style="text-align: center;"><b>Computer Classes</b></p> <p>Mondays at 11am &amp; Wednesdays at 1pm</p>
<p style="text-align: center;"><b>Art Class— Watercolor</b></p> <p>See schedule for dates \$5 fee</p>
<p style="text-align: center;"><b>Art on Canvas</b></p> <p>See schedule for date *new fee Fee: \$10/ \$9 VIP Supporter</p>
<p style="text-align: center;"><b>Blood Pressure</b></p> <p>2nd and 4th Wednesday 10am to 11am Every Thursday 8:30am to 11:30am</p>
<p style="text-align: center;"><b>Cash BINGO</b></p> <p>\$5 to play 5 games</p>
<p style="text-align: center;"><b>Tuesday Morning Sports Desk</b></p> <p>Second Tuesday at 10:30am</p>
<p style="text-align: center;"><b>Rep Friel’s Mobile Office Hours</b></p> <p>Second Monday of every month 10am to 12pm</p>
<p style="text-align: center;"><b>Senior Law Center</b></p> <p>Legal services intake clinic at the Second Tuesday From 10am to noon</p>
<p style="text-align: center;"><b>Senator Muth Mobile Office Hours</b></p> <p>Third Tuesday of every month 12 to 2pm</p>
<p style="text-align: center;"><b>Phoenixville Hospital Health Talk</b></p> <p>Roundtable health topics Last Wednesday of the month at 11am</p>

<b>Weekly</b>
<p style="text-align: center;"><b>Silver Sneakers Circuit—Intermediate</b> \$2 / free for Silver Sneakers &amp; Renew Active <b>Monday &amp; Wednesday 8:45am</b></p>
<p style="text-align: center;"><b>Silver Sneakers Classic –Chair Based</b> \$2/ free for Silver Sneakers &amp; Renew Active <b>Monday, Wednesday &amp; Friday 9:45am</b></p>
<p style="text-align: center;"><b>Silver Sneakers Line Dancing</b> \$2/ free for Silver Sneakers &amp; Renew Active <b>Friday at 8:45am</b></p>
<p style="text-align: center;"><b>Tai Chi</b></p> <p>\$2 fee/ free for Silver Sneakers, Renew Active <b>Mondays at 1pm</b></p>
<p style="text-align: center;"><b>Silver Sneakers Yoga</b></p> <p>\$2/ free for Silver Sneakers &amp; Renew Active <b>Tuesday and Thursday 1:15pm</b></p>
<p style="text-align: center;"><b>Walking with the Center</b></p> <p><b>Tuesday 9am at Black Rock Sanctuary</b> 953 Black Rock Road, PA-113 <b>Thursdays 9:00am at Charlestown Park</b> 100 Academic Way, Phoenixville</p>
<p style="text-align: center;"><b>Pickleball @ Rec Center \$3</b></p> <p>Monday through Fri 1pm to 3pm Must pre-register for this program on Copilot</p>
<p style="text-align: center;"><b>Rummikub every Tuesday at 1pm</b></p>
<p style="text-align: center;"><b>Mah Jong every Tuesday at 10am</b></p>
<p style="text-align: center;"><b>Social Stitchers every Thursday at 1pm</b></p>
<p style="text-align: center;"><b>Pinochle Tuesday &amp; Thursdays at 12:45pm</b></p>
<p style="text-align: center;"><b>Yahtzee every Thursday at 12:45pm</b></p>

# Aging Resources

In these challenging times, there is assistance available for those who need it.  
 If you need help, please reach out to **Cari at 610-935-1515 ext 24**  
 or **cforeman@phoenixvilleseniorcenter.org**

Here is a list of some of the available programs with their gross monthly income limits for a one-person household and asset/resource limits where applicable:

Program Name	Description	Income Limit (if any)
<b>PACE/PACENET</b>	Helps save money on prescription medication costs	PACE: \$1,208/PACENET: \$2,792
<b>LIS/Extra Help with Medicare Part D</b>	Helps with monthly premiums, annual deductibles, and co-payments	Income:\$1,843, assets: \$16,660
<b>Medicare Savings Program</b>	Helps pay Medicare premiums, deductibles, coinsurance, and copayments depending on level of assistance	Income:\$1,660, assets: \$9,090
<b>Medical Assistance</b>	Medicaid for those with Medicare	Income:\$1,235, assets: \$2,000
<b>LIHEAP</b>	Helps people pay their heating bills in the form of a cash grant sent directly to the utility company/fuel provider	1 person—\$22,590 2 people - \$30,660
<b>SNAP</b>	Supplemental nutrition assistance	\$2,430 for seniors
<b>Property Tax/Rent Rebate</b>	Rebate for property taxes or rental costs	New income limits!
<b>Senior Food Box</b>	Supplemental canned and dry goods	\$2,430

The LIHEAP 2023-2024 season is now open!

LIHEAP helps people pay their heating bills in the form of a cash grant sent directly to the utility company/fuel provider to be credited to your bill. These grants range from \$300 to \$1,000 based on household size, income, and fuel type. For the application, or help applying, please contact Cari at 610-935-1515 ext. 24 or at cforeman@phoenixvilleseniorcenter.org



## Medicare 101 Presentation Thursday, April 17th, 5:30-7:30pm, In Person

If you will be joining the ranks of Medicare soon, are already in the Medicare system and have questions, or you just want to understand what this Federal program is all about, this session is for you. Members of the PA MEDI program, Pennsylvania's SHIP, a statewide program of insurance consultation, will present an overview of Medicare including the definitions of Medicare A, B, C; explanation of the drug benefit (Part D), types of health care insurance available in Chester County, benefits available for low-income beneficiaries, and things to consider when selecting your medical coverage. A question-and-answer session will follow the presentation.

Topics include review of Medicare benefits, original Medicare and Medicare Advantage Plan options, Medicare prescription drug coverage and the drug plan finger, Medicare Savings Programs, Medicare Preventative Services, and Supplemental Insurance Medigap Plans.

Registration is appreciated. Please call the center at 610-935-1515 ext. 24, or email [cforeman@phoenixvilleseniorcenter.org](mailto:cforeman@phoenixvilleseniorcenter.org) to RSVP. If you have questions outside of the scope of this presentation, please contact Cari to schedule a one-on-one meeting.

## PA Rent Rebate and Property Tax Rebate booklets have landed!



If you complete and submit your own PA1000, please feel free to swing by and pick up a booklet. (If you file taxes with our excellent AARP Tax-Aide team, or if you have Cari assist you with your forms, you do not need to pick up a booklet.)

The income limit for 2024 is \$46,520/year, but remember that only half of Social Security income counts.

Application deadline is June 30, 2025 and you can always submit your application online at [myPATH.pa.gov](http://myPATH.pa.gov) or contact Cari at [cforeman@phoenixvilleseniorcenter.org](mailto:cforeman@phoenixvilleseniorcenter.org) or 610-935-1515 ext. 24 for assistance.

## Tax Season is Here!

We have a limited number of AARP tax appointments available. We will be offering traditional in-person appointments. There are also a limited number of Tuesday evening appointments available.



To schedule, please leave a clear message at **610-935-1515 ext 26** with your name, the name of anyone filing with you, your phone number, and the reason for your call. Your call will be returned in the order your message is received. **Please be patient as call volume is high and only leave one message.** If you are not currently a participant, please request and complete a participants form now.



# Phoenixville Senior Center Hours

**Monday through Thursday 8am to 3pm**

**Friday 8am to 1:30pm**

## Lunch Fees

**If you are 60 + years old**

\$2 suggested donation

**Under 60 years old**

\$5.75 payable to staff

**Alternate meal**

\$3 payable to staff

## Important Lunch Reminders

Pre-registration for lunch is

**Friday by 1PM prior**

to the day you would like to attend lunch on Copilot.

**We cannot guarantee a meal without a prior registration.**

Drop in participants will be asked to wait until everyone is served to ensure we have enough food.

Please call ahead and **speak** to a staff member if you would like to have a meal but did not pre-register.

Soup is now on the menu for the Alternate Meal.

Want to take home some soup?

\$5 for a pint of Brian's homemade soup.

See Christine for a list of available soups.



Interested in a tour of the Senior Center?

Know someone who would benefit from our



programs? Please join us for our

Welcome Wagon every Wednesday from 9am to 10am.

**We are not able to conduct tours of the Center during lunch service any day from 11:30 am to 12:45pm.**

## Want to help raise money for the Senior Center with Scrip ?

You can help by ordering gift cards through the Senior Center from over 750 brands with the Scrip program. The rebate on the gift cards goes to the funding of the Center's initiatives.

For a current list of participating retailers and offers go to [www.shopwithscrip.com/](http://www.shopwithscrip.com/)

Order forms can be picked up at the Senior Center. Forms and payments are due no later than close of business on the third

Friday of each month. You will be notified when the cards arrive. **Please call Carmela at 610-935-1515 ext 25**

**with any questions.**

# Phoenixville Area Senior Center Annual Sponsors



Phoenixville Area Senior Center  
153 Church Street  
Phoenixville, PA 19460  
610-935-1515  
[www.phoenixvilleseniorcenter.org](http://www.phoenixvilleseniorcenter.org)  
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## **Newsletter sponsored by Devlin - Gatcha Funeral Home**

The Senior Center provides a meeting place for persons over 60 years of age living in the following areas: Spring City, Phoenixville, East and West Vincent, East and West Pikeland, Charlestown and Schuylkill Townships and the surrounding areas.

**The Phoenixville Senior Center is supported by:**

Chester County Department of Aging Services  
Fundraising Events

Various Foundations  
The generosity of individual donors



Senior Adult Activity Center of Phoenixville Area is a 501(c)3 charitable organization, contributions to which are tax-deductible as permitted by law. The official registration and financial information of Senior Adult Activity Center of Phoenixville Area may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.