

April Activities

Monday	Tuesday	Wednesday	Thursday	Friday
----- Weekly Events -----				
8:00am Cont'l Breakfast 8:45am Circuit Exercise 9:30am Coffee Hour 9:45am Chair Exercise 10:30am Produce Pickup 11:00am Digital Skills Ready@50+ Class 11:15am Spanish Class* 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Tai Chi Class	8:00am Breakfast 9:00am Walking Group 9:30am Coffee Hour 10:00am Mahjong 12:00pm Lunch* 12:45pm Pinochle 1:00pm Rummikub 1:00pm Pickleball @ Rec Center* 1:15pm Yoga *pre-registration required	8:00am Breakfast 8:45am Circuit Exercise 9:00am Welcome Wagon 9:30am Coffee Hour 9:45am Chair Exercise 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Digital Skills Ready@50+ Class 1:00pm Piper the Pup	8:00am Breakfast 8:30am Blood Pressure 9:00am Walking Group 9:30am Coffee Hour 9:30am Duplicate Bridge 12:00pm Lunch* 12:45pm Pinochle 12:45pm Yahtzee 1:00pm Pickleball @ Rec Center* 1:00pm Social Stitchers 1:15pm Yoga	8:00am Cont'l Breakfast 8:45am Line Dancing Exercise 9:30am Coffee Hour 9:45am Chair Exercise 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Close
	1 10:30am ClearCaptions Presentation*	2 9:00am MCCC Visit 9:30am Kinetic Stretch 1:00pm Pickleball Class w/ Joel @ Rec Center 1:15pm Art Class	3 10:00am Bingocize* 2:15pm Grief Support	4 10:30am TV: The Mind Explained
7 10:00am State Rep. Friel Mobile Office	8 10:00am SeniorLAW Center 10:30am Sports Desk 10:30am Art on Canvas	9 10:00am Blood Pressure 12:00pm Birthday Social 1:00pm Birthday Entertainment No Digital Skills Class	10 10:00am Bingocize*	11 10:30am Bingo
14 10:00am Felting Class No Spanish Class	15 11:00am Healthy Seniors: Parkinson's Disease* 12:00pm State Sen. Muth Mobile Office	16 9:30am Kinetic Stretch 1:15pm Art Class 2:15pm Grief Support	17 10:00am Bingocize* 12:00pm Holiday Meal 5:30pm Third Thursday: Medicare 101 **Scrip Orders Due**	18 <div>Center Closed</div>
21 10:00am Craft with Pam 6:00pm Hot Stove*	22 10:30am PECO Earth Day Presentation	23 10:00am Blood Pressure	24 10:00am Bingocize*	25
28 2:00pm Book Club	29 10:00am Movie: Wicked Part 1	30 10:00am Health Screening 11:00am Phoenixville Hospital Chat 1:00pm Bingo		

Activities subject to change. Please check website for updates. Participation in any program is at your own risk in accordance with the Liability Waiver on the back page of the Participants Form.