



June 2025



As we step into a new season of growth and opportunity, we're thrilled to welcome a fresh face to our organization. Please welcome Christi Seidel our new Interim Director who brings a wealth of experience and a deep connection to our community.

Christi is no stranger to the challenges and triumphs of nonprofit leadership. With over 15 years of experience and a reputation for being a strong advocate for seniors and the non-profit community, she is already making a positive impact as we work together toward our mission. Many in our community already know Christi for her dedication, transparency, and ability to lead with both heart and strategy.

Alongside this leadership transition, we're also seeing new energy from staff and volunteers who continue to bring their unique talents, fresh ideas, and a passion for our cause. We're excited about what's ahead.

At the same time, we want to be transparent about an important update: due to rising costs and the growing demand for our services, we have implemented a modest increase in our pricing structure. This decision was not made lightly, but it is necessary to ensure the long-term sustainability of our work.

Now, more than ever, we need your support. Whether it's through donations, volunteering, attending our events, or simply helping spread the word, your involvement makes a real difference. Together, we can continue to create meaningful change and serve our community with the same commitment and care we've always upheld.

Thank you for standing with us.

Mariane Peffall  
Board President

The Senior Center  
will open late on  
Tuesday June 10th  
at 10am. There will  
be no breakfast  
served on this day.

Hours are  
10am to 5pm

Movie Day Tuesday June 3rd at 10am

### The Maiden Heist(2009)



A security guard at an American art museum has become obsessed with a painting in the collection he has guarded for over a decade.

When he learns that several pieces, including the Lonely Maiden, have been sold to a museum in Denmark, he collaborates with

two other guards who agree that desperate measures need to be taken.

Starring Morgan Freeman, Christopher Walken and William H Macy

In honor of World Elder Abuse Awareness month the Senior Law Center will be at here on Tuesday June 24th at 11am for a presentation on Elder Abuse.



\$5 Cash Bingo

Weds 6/4 @1pm

Fri 6/27 @ 10:30am

TV Series: Hollywood Idols

**Fridays at 10:45am**

Hollywood Idols presents riveting portraits of classic movie stars of the Golden Age of Hollywood.

6/6 Michael Caine

6/13 Audrey Hepburn

6/20 Shirley Temple



**PHOENIXVILLE SENIOR CENTER**

**TUESDAY, JUNE 10 • 5:30PM – 7:30PM**

**Bring your kids and grandkids!**

Join us for an evening of games, snacks, drinks, and laughter! From classic board games to card games to puzzles — there's something for everyone! Want to share your favorite game? Bring it along!

**COST: \$10 – Adults**

**\$5 – Kids 12 & under**

**LOCATION: PHOENIXVILLE SENIOR CENTER**

**RSVP BY JUNE 8**



Call or stop by the Senior Center to RSVP 610-935-1515 ext 29



**Book Club Monday June 23rd at 2pm**

**Killers of the Flower Moon by David Grann**



*. Killers of the Flower Moon* tells the story of the brutal murders behind white settlers' attempted dispossession of an Osage family's Oklahoma lands, under which lay some of the world's most valuable oil fields.

That this conspiracy of theft, terror, and genocide helped launch J. Edgar Hoover's FBI deepens the narrative's moral complexity.



# BINGO



**WITH  
HOLY FAMILY SCHOOL  
TUESDAY, JUNE 10TH  
10:30 AM**

- Join us for a fun-filled morning of bingo!



Thursdays at  
12:45pm  
Mexican Train  
Dominos

**THIRD THURSDAY  
JUNE 19TH AT 5PM**



**\$25 PHOENIXVILLE  
SENIOR CENTER**

**CONTACT CARMELA TO PAY  
610-935-1515 EXT 25**



**BENEFITING  
PHOENIXVILLE SENIOR CENTER  
1 FOR \$10 / 3 FOR \$25  
DRAWING: JUNE 19 AT 6PM  
PLEASE SEE A STAFF MEMBER FOR TICKETS**

## Computer Classes



**All Monday classes at 11am**

**All Wednesday classes at 1pm**

No classes June 2nd, 4th or 11th

6/9, 6/16, 6/18—Smartphone Q & A

6/23 & 6/25—Organizing Photos

6/30—Using the Calendar



Item	Pint	Qt	1/2 pan
Chicken	\$14	\$28	\$56
Pork	\$14	\$28	\$56
Cole Slaw	\$9	\$18	\$38
Potato Salad	\$9	\$18	\$36
Alabama White Sauce	\$7		
Kansas City BBQ Sauce	\$7		

## Drive-thru BBQ Fundraiser to Support the Senior Center!

Pick up your Summer  
holiday favorites from  
the original Uncle B's  
BBQ

**Wednesday July 2nd**

**Drive-thru**

**3pm to 5pm**

**order by 6/27**

**<https://bit.ly/42VXiSM>**



**Phoenixville Senior Center VIP cards available now!**  
**Single \$35 / Household \$65**

Benefits include: Newsletter -mailed to cardholders only  
Discounts to select programs and activities ,  
early Bird Registration for taxes and other high demand  
programs, reduced rates for party/room rentals, invitations to Cardholder  
Special Events, discount Card Offers from Local Stores & Restaurants like  
Generations Toy Store, Bridge St Chocolates and Molly Maguire's

**Please see Carmela or call 610-935-1515 ext 25 to purchase your card today!**



**New items added to our wish list!**

You can scan this QR code with your phone or follow this  
link:

**<https://amzn.to/414PH2f>**





# Healthy You at the Phoenixville Senior Center



## PICKLEBALL UPDATES!



### SUMMER PLAY AT THE REC CENTER

**Monday–Friday, 1PM – 3 PM**

Limited to 2 courts due  
to summer camps.



### NEW TIME – NEW FACILITY

with Forward Pickleball

**2675 Eisenhower Ave., Audubon**

**Mon, Wed., Friday  
– 8 AM to 10 AM**

Sign up on Copilot under  
H-Forward Pickleball

**COME OUT AND PLAY – MEET FRIENDS,  
STAY ACTIVE, AND ENJOY THE SUMMER!**

### Guidelines for Exercise Classes

**Exercise classes are now \$3 a class or  
\$30 for punch card**

- Arrive on time to avoid disrupting the session.
- Kindly refrain from talking during class.
- Set your phone to silent mode before the class begins.

We appreciate your cooperation and consideration. Thank you for helping create a focused and enjoyable environment for all!

**Phoenixville Hospital's Community  
Health Education and Outreach Dept.**

Billie Goldstein RN, will be here on the  
last Wednesday of each month for  
health screenings and "Health Chat"

**Wednesday June 25th**

**Health Screenings at 10am**

**Health Chat at 11am**

**"Be Kind to Your Liver"**

If you would like to join us for lunch after  
the program, please pre-register on  
Copilot by Friday June 20th



Bingo + Exercise = Bingocize®

*There will be no  
Bingocize for  
the month of  
June.*

**Grief Support Group**

**Thursday 6/5**

**Wednesday 6/18**

both at 2:15pm



**Kinetic Stretch**

**Wed June 4th &**

**Wed June 18th - both at 9:30am**



## Birthday Social - Weds June 11th

Lunch at 12pm

Entertainment at 12:45pm

Join us for a performance at 12:45pm  
from returning favorites, The Notables!



Please preregister for lunch by 6/6

Howard Agnew	Helen Eager	Maureen Kahn	Tish Perosio
Amy Ann Allen	Bambie Eschbach	Steve Kahn	Diane Radliff
Roy Arbogas	Michael Fatula	Myron Korobij	Marybeth Reutter
Debra Batten	Denny Fenstermacher	Susan Kreiner	Lois Robinson
Joanne Beauregard	Jan Focht	Paul Kusko	Donald Schartz
Lou Beccaria	Anne Forcine	Ray Lisiewski	Deborah Shure
Linda Bender	Alyce Gilhool	Sue Lisiewski	Maureen Sullivan
Sandra Benditt	Debbie Grejdus	Mary Loughin	Kathleen Tauber
Genise Campbell	Joe Grejdus	Florence Mano	Kate Wallace
Ellen Chapman	Tom Guastavino	Nancy McGuigan	Laurie Walton
Theresa Chuck	June Hankins	Fran Micocci	Shirley Weaver
Patricia Coffman	Lynne Henry	Nancy Miller	Jodi Weintraub
Marebeth Conard	Barb Hultslander	Clifford Moore	Doris Wheary
Connie Coppo	Ron Ianieri	Ben Novi	Virginia Wilson
Nancy Crowe	Robert Johnston	Robert Palac	
Kathy Duran	Leslie Jones		

Birthday Socials will now be held quarterly. The next Birthday Social will be on August 13th with the Apollo presentation from Night Wonders of Astronomy for our July, August and September birthdays.

# June Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> B: Continental Breakfast .... L: Cheeseburgers	<b>3</b> B: Pork Roll & Eggs .... L: Bacon Jam Grilled Cheese	<b>4</b> B: Sausage & Eggs .... L: Breaded Chicken Sandwich	<b>5</b> B: Pancakes & Bacon .... L: Turkey Noodle Casserole	<b>6</b> B: Continental Breakfast .... L: Seafood Cakes
<b>9</b> B: Continental Breakfast .... L: Shrimp over Salad	<b>10</b> No Breakfast Center opens at 10am today B: .... L: Chicken Fingers	<b>11</b> Happy Birthday! B: Ham & Eggs .... L: Meatloaf	<b>12</b> B: Frittata .... L: Chicken Bacon Ranch Wrap	<b>13</b> B: Continental Breakfast .... L: Sausage, Peppers & Onions
<b>16</b> B: Continental Breakfast .... L: Tater Tot Casserole	<b>17</b> B: Waffles & Sausage .... L: Pork Chops	<b>18</b> B: Biscuits & Sausage Gravy .... L: Chicken & Broccoli	<b>19</b> Juneteenth B: Bacon & Eggs .... L: BBQ Chicken	<b>20</b> B: Continental Breakfast .... L: Turkey Caesar Salad Wrap
<b>23</b> B: Continental Breakfast .... L: Chef Salad	<b>24</b> B: Strawberry Basil Bread Pudding .... L: Tacos	<b>25</b> B: Cream Chipped Beef .... L: Shrimp & Grits	<b>26</b> B: Breakfast Hash .... L: Chicken Pesto Sandwich	<b>27</b> B: Continental Breakfast .... L: Roast Beef Sandwich
<b>30</b> B: Continental Breakfast .... L: Chicken Salad Wrap	<b>1 July</b> B: Pancakes & Bacon .... L: Baked Fish	<b>2</b> B: Quiche .... L: Turkey Divan	<b>3</b> July 4th Celebrated B: Ham & eggs .... L: Hot Dogs	<b>4</b> Center Closed

Breakfast begins at 8am

Lunch begins at 12pm

Breakfast and Lunch Suggested Donation: \$3\* (new amount)

If you would like an alternate lunch, you may purchase the alt meal of the day for \$3

All lunch and soup reservations are **required** by Friday by 1pm of the prior week.

We cannot guarantee your lunch without prior registration.

Please let us know if you have allergies.

# June Activities

[illegible]

Activities subject to change. Please check website for updates. Participation in any program is at your own risk in accordance with the Liability Waiver on the back page of the Participants Form.



Programs at the Senior Center—Please see calendar for exact days and times

Monthly	Weekly
<b>Computer Classes</b> Mondays at 11am & Wednesdays at 1pm	<b>Silver Sneakers Circuit—Intermediate</b> <b>\$3 / free for Silver Sneakers &amp; Renew Active</b> <b>Monday &amp; Wednesday 8:45am</b>
<b>Art Class— Watercolor</b> See schedule for dates \$5 fee	<b>Silver Sneakers Classic –Chair Based</b> <b>\$3/ free for Silver Sneakers &amp; Renew Active</b> <b>Monday, Wednesday &amp; Friday 9:45am</b>
<b>Art on Canvas</b> See schedule for date Fee: \$10/ \$9 VIP Supporter	<b>Silver Sneakers Line Dancing</b> <b>\$3/ free for Silver Sneakers &amp; Renew Active</b> <b>Friday at 8:45am</b>
<b>Blood Pressure</b> 2nd and 4th Wednesday 10am to 11am Every Thursday 8:30am to 10:30am	<b>Tai Chi</b> <b>\$3 fee/ free for Silver Sneakers, Renew Active</b> <b>Mondays at 1pm</b>
<b>Cash BINGO</b> \$5 to play 5 games	<b>Silver Sneakers Yoga</b> <b>\$3 free for Silver Sneakers &amp; Renew Active</b> <b>Tuesday and Thursday 1:15pm</b>
<b>Tuesday Morning Sports Desk</b> Second Tuesday at 10:30am	<b>Walking with the Center</b> <b>Tuesday 9am at Black Rock Sanctuary</b> 953 Black Rock Road, PA-113 <b>Thursdays 9:00am at Charlestown Park</b> 100 Academic Way, Phoenixville
<b>Rep Friel’s Mobile Office Hours</b> Second Monday of every month 10am to 12pm	<b>Pickleball @ Rec Center \$3</b> Monday through Fri 1pm to 3pm Must pre-register for this program on Copilot
<b>Senior Law Center</b> Legal services intake clinic. Second Tuesday By appointment only.	<b>Rummikub every Tuesday at 1pm</b>
<b>Senator Muth Mobile Office Hours</b> Third Tuesday of every month 12 to 2pm	<b>Mah Jong every Tuesday at 10am</b>
<b>Phoenixville Hospital Health Talk</b> Roundtable health topics Last Wednesday of the month at 11am	<b>Social Stitchers every Thursday at 1pm</b>
	<b>Pinochle Tuesday &amp; Thursdays at 12:45pm</b>
	<b>Yahtzee every Thursday at 12:45pm</b>
	<b>Train Dominos Thursdays at 12:45pm</b>



## Phoenixville Senior Center Hours

**Monday through Thursday 8am to 3pm**

**Friday 8am to 1pm**

### Reminder!

**Parking at the Senior Center during business hours is for participants attending programs during the day.**

Please do not park at the Center if you are going downtown during business hours.

You may be ticketed and towed

### Updated Lunch Fees for May

**If you are 60 + years old**

\$3 suggested donation

**Under 60 years old**

\$5.75 payable to staff

**Alternate meal**

\$3 payable to staff

Interested in a  
tour of the  
Senior Center?  
Know someone



who would benefit from our programs? Please join us for our Welcome Wagon every Wednesday from 9am to 10am.

We are not able to conduct tours of the Center during lunch service any day from 11:30 am to 12:45pm.

### Important Lunch Reminders

Pre-registration for lunch is

**Friday by 1PM prior**

to the week you would like to attend lunch on Copilot.

**We cannot guarantee a meal without a prior registration.**

Drop in participants will be asked to wait until everyone is served to ensure we have enough food.

Please call ahead and **speak** to a staff member if you would like to have a meal but did not pre-register.

Salad is now on the menu for the Alternate Meal.

### Senior Law Center

is now by **appointment only** on the 2nd Tuesday of every month.

To make an appt for June 10th ,  
please call 610-935-1515 ext 29  
before 6/6



PHOENIXVILLE CELEBRATES

# Juneteenth

ALL ARE WELCOME

JUNE 22, 2025 • 2pm - 6 pm BRIDGE STREET PHOENIXVILLE

**What is Juneteenth?**  
Juneteenth, **FREEDOM DAY**, commemorated since 1865, celebrates the emancipation of the last remaining enslaved people in the United States.


featuring  
**entertainment, inspiring words, storytelling, historical re-enactments, African dancing/drumming & much more**

hosted by the Phoenixville Juneteenth Committee  
Black Light Projects, Diversity In Action • Orion Communities  
The Colonial Theatre • Phoenixville Community Health Foundation

JUSTICE   EQUALITY   FREEDOM   DIVERSITY   EMANCIPATION

PARTICIPANT'S  
MEETING  
THURSDAY  
JUNE 5TH AT  
10AM.

Come meet  
Christi Seidel  
our Interim Director



## What You Can Do Online

[www.ssa.gov](http://www.ssa.gov)

If you're approaching Medicare age, you can use your account to easily apply for Medicare benefits. If you'd like to apply for retirement benefits, you can do this online as well with an ssa.gov account. You can also change your address and phone number online, access your benefit verification letter, and download a replacement SSA-1099 in case your dog accidentally ate yours.

**If you would like assistance setting up your ssa.gov account, please reach out to Cari at 610-935-1515 ext 24 or [cforeman@phoenixvilleseniorcenter.org](mailto:cforeman@phoenixvilleseniorcenter.org)**



StaarAlert Presentation

"Fall Prevention"

Thursday June 26th  
at 10:30am

Staying for lunch? RSVP before 6/20

## PA Rent Rebate and Property Tax Rebate booklets have landed!

### PROPERTY TAX/RENT REBATE

Apply today at:  
[myPATH.pa.gov](http://myPATH.pa.gov)



If you complete and submit your own PA1000, please feel free to swing by and pick up a booklet. (If you file taxes with our excellent AARP Tax-Aide team, or if you have Cari assist you with your forms, you do not need to pick up a booklet.)

The income limit for 2024 is \$46,520/year, but remember that only half of Social Security income counts.

Application deadline is June 30, 2025 and you can always submit your application online at [myPATH.pa.gov](http://myPATH.pa.gov) or **contact Cari at 610-935-1515 ext. 24 or [cforeman@phoenixvilleseniorcenter.org](mailto:cforeman@phoenixvilleseniorcenter.org)** for assistance.

# Aging Resources

In these challenging times, there is assistance available for those who need it.

If you need help, please reach out to **Cari at 610-935-1515 ext 24**

or **cforeman@phoenixvilleseniorcenter.org**

Here is a list of some of the available programs with their gross monthly income limits for a one-person household and asset/resource limits where applicable:

Program Name	Description	Income Limit (if any)
<b>PACE/PACENET</b>	Helps save money on prescription medication costs	PACE: \$1,208/PACENET: \$2,792
<b>LIS/Extra Help with Medicare Part D</b>	Helps with monthly premiums, annual deductibles, and co-payments	Income:\$1,843, assets: \$16,660
<b>Medicare Savings Program</b>	Helps pay Medicare premiums, deductibles, coinsurance, and copayments depending on level of assistance	Income:\$1,660, assets: \$9,090
<b>Medical Assistance</b>	Medicaid for those with Medicare	Income:\$1,235, assets: \$2,000
<b>LIHEAP</b>	Helps people pay their heating bills in the form of a cash grant sent directly to the utility company/fuel provider	1 person—\$22,590 2 people - \$30,660
<b>SNAP</b>	Supplemental nutrition assistance	\$2,430 for seniors
<b>Property Tax/Rent Rebate</b>	Rebate for property taxes or rental costs	New income limits!
<b>Senior Food Box</b>	Supplemental canned and dry goods	\$2,430



## Attention Travelers!

**Reserve your travel plans now before prices go up!**

London/Paris (September 2025) Southern Charm (April 2026)

Mackinac Island (August 2026)

Please see Christine for information on the three trips offered.

**collette**



For office use only  
Application \_\_\_\_\_

**COMMONWEALTH OF PENNSYLVANIA  
DEPARTMENT OF AGRICULTURE  
SENIOR FARMERS' MARKET NUTRITION PROGRAM**

**2025 APPLICATION FORM**

*To qualify, you must be 60 or older (or turn 60 by 12/31/2025) and meet the household income guidelines.*

**RIGHTS AND RESPONSIBILITIES**

I certify that the information I have provided for my eligibility determination is correct, to the best of my knowledge. This certification form is being submitted in connection with the receipt of Federal assistance. Program officials may verify information on this form. I understand that intentionally making a false or misleading statement or intentionally misrepresenting, concealing, or withholding facts may result in paying the State agency, in cash, the value of the food benefits improperly issued to me and may subject me to civil or criminal prosecution under State and Federal law. Standards for eligibility and participation in the SFMNP are the same for everyone, regardless of race, color, national origin, age, disability, or sex.

I understand that I may appeal any decision made by the local agency regarding my eligibility for the SFMNP. By signing this, I acknowledge that my total household income is within the Income guidelines: **\$28,953** for 1 person in the household; or **\$39,128** for 2 people in the household and that I am 60 years old or older (or will turn 60 by 12/31/2025).

**1st Participant Name (print):** \_\_\_\_\_ **Birth Date** \_\_\_\_\_  
(Person checks are for)

\_\_\_\_\_  
(Signature)

**2nd Participant Name (print):** \_\_\_\_\_ **Birth Date** \_\_\_\_\_  
(Person checks are for)

\_\_\_\_\_  
(Signature)

**Address (print):** \_\_\_\_\_  
(Street) (City) (State) (Zip Code)

**Telephone Number:** \_\_\_\_\_ **County of residence:** \_\_\_\_\_

☐ I will/have watched the "My Plate for Older Adults" video prior to redeeming my SFMNP vouchers.

**Please circle appropriate identifier for each:**

**Ethnicity:** Hispanic or Latino Not Hispanic or Latino

**Race:** American Indian or Alaskan Native Asian Black or African American  
Native Hawaiian or other Pacific Islander White

**Check Range:** \_\_\_\_\_ **(Office Use Only)**

Please see back for USDA Nondiscrimination Statement

Mail, email or fax your completed form before September 15, 2025 to [mwebb@chesco.org](mailto:mwebb@chesco.org) or mail to:

Chester County Department of Aging Services  
601 Westtown Road, Suite 320; West Chester, PA 19380  
FAX: 610-344-5288

**PLEASE MAIL APPLICATION TO COUNTY AGING OFFICE IF APPLICABLE LAST DAY TO RECEIVE CHECKS: 9/30/25**

## USDA Nondiscrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotope, American Sign Language, etc.) should contact the responsible Agency or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf> and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

1. **mail:**  
U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or
2. **fax:**  
(202) 690-7442; or
3. **email:**  
[Program.Intake@usda.gov](mailto:Program.Intake@usda.gov)

This institution is an equal opportunity provider.

# Phoenixville Area Senior Center Annual Sponsors



Phoenixville Area Senior Center  
153 Church Street  
Phoenixville, PA 19460  
610-935-1515  
[www.phoenixvilleseniorcenter.org](http://www.phoenixvilleseniorcenter.org)  
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Permit No.609

## **Newsletter sponsored by AVT—Applied Video Technology**

The Senior Center provides a meeting place for persons over 60 years of age living in the following areas: Spring City, Phoenixville, East and West Vincent, East and West Pikeland, Charlestown and Schuylkill Townships and the surrounding areas.

**The Phoenixville Senior Center is supported by:**

Chester County Department of Aging Services  
Fundraising Events

Various Foundations  
The generosity of individual donors



Senior Adult Activity Center of Phoenixville Area is a 501(c)3 charitable organization, contributions to which are tax-deductible as permitted by law. The official registration and financial information of Senior Adult Activity Center of Phoenixville Area may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.