



Sunshine, Showers, and a Shiny New Patio!



Summer is almost here, and we're soaking up every moment at the Senior Center—especially on our beautiful *new patio*! It's the perfect place to play games, visit with friends, or simply sit back, relax, and watch the world go by. They say April showers bring May flowers... but what do *June* showers bring? We like to think they bring laughter, lemonade, and lots of sunny memories—rain or shine!

We're looking forward to a fun-filled summer and all the exciting activities it brings. From outdoor games to getting together with friends, there's something for everyone to enjoy. And while we're savoring the summer sun, we can't help but look ahead just a bit—after all, if summer is here, can fall be far behind? Mark your calendars now for *Bag Bingo in October* and our festive *Holiday House Tour in December*. It's never too early to plan—but for now, let's enjoy the fun in the sun!

Warmly,
Marianne Peffall
Board President

Center closing @1pm

Thurs July 3rd

Center closed

Fri July 4th

Center opens late

@ 10am

Tues July 8th



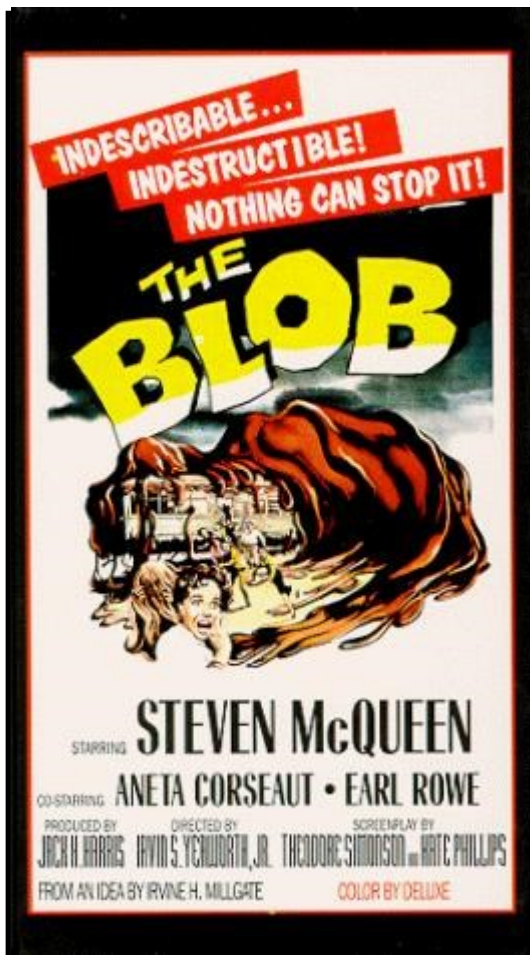
Wednesday, July 16th at 10:30 am
Join us as a Physical Therapist from
Core3 PT comes to the Senior Center
to present a program on
Fall Prevention.

Please pre-register for this event
and lunch by 7/11



Senior Moments with
Lou Beccarria on
YouTube TV featuring
Chuck Bentz from
Phoenixville Federal Bank.

Tuesday, July 15th
at 11am



**Our
Yearly
Tradition!
Showing
The Blob
(1958)
Thursday,
July 10th
at 10am!**



Uncle B's BBQ will return
in August just in time for
Labor Day. It will be your
last chance to purchase
for the year!
More information to come!



New items added to our wish list!

You can scan this QR code with your phone or follow this
link:

<https://amzn.to/414PH2f>



Upcoming Events



August 21st from
5pm to 7pm
Seafood Boil With
Michael Kropp



September 18th from
3pm to 6pm
Annual Health Fair



October 16th from
4:00 to 6pm Oktoberfest
with the Lukens Band



Crafting with Pam



Tuesday, July 29th
at 10am
Fee \$5

Please register by 7/25

Wool Felting class Fee: \$5
Monday July 21st at 1pm



Create these and
other super cute felt
pins.

Register by 7/18



Movie Day
Tuesday
July 22nd
at 10am

After losing his
beloved mother, a man risks
everything to honor her by opening
an Italian restaurant with actual
nonnas -- grandmothers, as the
chefs. Based on a true story.

Starring: Vince Vaughn; Lorraine
Bracco; Talia Shire; Brenda
Vaccaro; Joe Manganiello; Linda
Cardellini; Susan Sarandon

Please register in Copilot by 7/18 if you are
interested in staying for lunch

Computer Classes



All Monday classes at 11am
All Wednesday classes at 1pm

July 2 Smartphone Q & A
July 14 & 16 Cleaning up your
Smartphone
July 21 & 23 Smart phone Q & A
July 28 & 30 Smartphone Q & A



PICKLEBALL UPDATES!



SUMMER PLAY AT THE REC CENTER

Monday – Friday, 1PM – 3 PM

Limited to 2 courts due
to summer camps.



NEW TIME – NEW FACILITY

with Forward Pickleball

2675 Eisenhower Ave., Audubon

Mon, Wed., Friday

– 8 AM to 10 AM

Sign up on Copilot under
H-Forward Pickleball

**COME OUT AND PLAY – MEET FRIENDS,
STAY ACTIVE, AND ENJOY THE SUMMER!**



\$5 Cash Bingo

Weds 7/9 @ 1pm

Fri 7/25 @ 10:30am

TV Series:

Hollywood Idols

Select Fridays

at 10:45am

7/11—Steve McQueen

7/18—Robert Mitchum

You deserve a “Spa Day”

Thursday, July 24th at

10:30am



Please register on Copilot before 7/22



Tuesdays at .

12:45pm

**Mexican Train
Dominos**



Book Club Monday, July 28th at 2pm

“The Last Thing He Told Me” by Laura Dave

Before Owen Michaels disappears he smuggles a note to his beloved wife of one year: Protect her. Despite her confusion and fear, Hannah Hall knows to whom the note refers—Owen’s sixteen-year-old daughter, Bailey, who lost her mother tragically as a child and wants nothing to do with her new stepmother.

If you cannot attend Book Club, please return the book to the
Phoenixville library before July 28th.

Healthy Living with the Phoenixville Senior Center

HEALTHY SENIORS JULY HEALTH EDUCATION PROGRAM

What: SKIN CANCERS DETECTED

When: Friday, July 11 @ 1:00 PM

Where: Phoenixville Senior Center

More than 90% of all older people have some type of skin disorder.

Krista Ferrari, certified nurse practitioner with Dermatology Partners will present prevention, diagnoses and treatments of the skin cancers linked to sun exposure.

To RSVP call Healthy Seniors 610-983-1424

Outside Walking Group meets in the respective Park parking lots:

Tuesdays 9am Black Rock Sanctuary
953 Black Rock Rd (PA 113)

Thursdays 9am Charlestown
Park 100 Academic Way
Phoenixville



Bingo + Exercise = Bingocize®

**Returns to the Center Thursdays
at 10:30am starting July 10th**

Phoenixville Hospital's Community Health Education and Outreach Dept.

Billie Goldstein RN, will be here on the last Wednesday of each month for health screenings and "Health Chat"

Wednesday July 30th Health Screenings at 10am Health Chat at 11am

"HEAT-RELATED ILLNESSES"

Anyone can suffer from heat-related health problems, but people over 65 years and those with existing health conditions are more at risk.

If you would like to join us for lunch after the program, please pre-register on Copilot by Friday, June 20th

Grief Support Group at 2:15pm

Thursday 7/10

Wednesday 7/23

Facilitated by Ascend Hospice



Kinetic Stretch



at 9:30am on
Weds 7/2 & 7/16



AN
*Elegant
Evening*
AT THE
SENIOR CENTER

THURSDAY, JULY 17TH • 5:00 PM – 7:00 PM

FEATURING:
Dinner followed by a live
performance from Patrice Hawthorn

TICKETS: \$25 • DUE BY JULY 15TH

CONTACT:
Carmela at 610-935-1515 [REDACTED]



HOSTED BY:
PHOENIXVILLE SENIOR CENTER
153 CHURCH ST





GAME NIGHT FUN

PHOENIXVILLE SENIOR CENTER

TUESDAY, JULY 8 • 5PM – 7PM

Bring your kids and grandkids!

Join us for an evening of games, snacks, drinks, and laughter! From classic board games to card games to puzzles — there's something for everyone!

Want to share your favorite game? Bring it along!

COST: \$10 – Adults
\$5 – Kids 12 & under

LOCATION: PHOENIXVILLE SENIOR CENTER

RSVP BY JULY 7



Call or stop by the Senior Center
to RSVP **610-935-1515**





Birthday Social Lunch Weds July 9th

Register for lunch on Copilot before 7/4.



Ken Apgar	Joseph Giron	Mary McCanallen
Barbara Archer	Joanne Greer-Caruso	Dennis McDowell
Roger Batten	Kathryne Hayde	Carole McNamara
Sharyn Bearse	Linda Hennessey	Elizabeth Melroy
Judy Beck	Carol Hershey	Launi Metzler
Arlyn Bell	Lylia Hoehl	William Miles
Susan Bodick	Gary Hogstrom	Ralph Oister
Lisa Brand	Laura Huffman	Charles Peffall
Jesse Brennan	Bonnie Inman	Christine Rigoli
Marge Brown	Mary Iverson	Richard Rigoli
Marilyn Burk	Ruben Jimenez	Stan Schmidt
Helen Cappetta	Harold Katz	Jan Sensenich
Richard Devaney	Linda Kennedy	Cameron Trimble
Barbara DeWilde	Elizabeth Klinger	Margaret Walker
Brian Dudonis	Margaret Kovach	Bruce White
Louise Ewing	Barbara Lederman	Felicia Williams
Mary Gatta	Barbara Leinbach	Barbara Wojciechowski
	Frances March	Sandra Wood
	Peter Martin	Patricia Yak

Birthday Social Entertainment will now be held quarterly. We will celebrate July, August and September birthdays on August 13th at 1pm with a presentation called "Apollo" by Night Wonders of Astronomy.

Cash Bingo will be held in July and September for Birthday Social.

July Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 July B: Pancakes & Bacon L: Baked Fish	2 B: Quiche L: Turkey Divan	3 July 4th Celebrated B: Ham & eggs L: Hot Dogs	4 Center Closed
7 B: Continental Breakfast L: Caprese Sandwich	8 No Breakfast Center opens at 10am today L: Taco Salad	9 B: Sausage Gravy & Biscuits L: Meatloaf	10 B: Waffles & Sausage L: Chicken Flatbread	11 B: Continental Breakfast L: Chili Mac & Cheese
14 B: Continental Breakfast L: Sweet & Sour Chicken	15 B: Bacon & Eggs L: Enchilada Bake	16 B: Frittata L: Seafood Cakes	17 B: Pork Roll & Eggs L: BLT	18 B: Continental Breakfast L: Italian Roast Pork
21 B: Continental Breakfast L: Tuna Salad	22 B: Bananas Foster Bread Pudding L: Kielbasa	23 B: Breakfast Hash L: Chicken Bacon Avocado Wrap	24 B: Cream Chipped Beef L: Pulled Pork	25 B: Continental Breakfast L: Pot Roast
28 B: Continental Breakfast L: Cheeseburgers	29 B: Pancakes & Bacon L: Chef Salad	30 B: Sausage & Eggs L: Grilled Cheese	31 B: Breakfast Casserole L: Chicken Fingers	

Breakfast begins at 8am

Lunch begins at 12pm

Breakfast and Lunch Suggested Donation: \$3* (new amount)

If you would like an alternate lunch, you may purchase the alt meal of the day for \$3

All lunch and soup reservations are **required** by Friday by 1pm of the prior week.

We cannot guarantee your lunch without prior registration.

Please let us know if you have allergies.

July Activities

Monday	Tuesday	Wednesday	Thursday	Friday
----- Weekly Events -----				
8:00am Cont'l Breakfast 8:00am Forward Pickleball* 8:45am Circuit Exercise 9:30am Coffee Hour 9:45am Chair Exercise 10:30am Produce Pickup 11:00am Digital Skills Ready@50+ Class 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Tai Chi Class	8:00am Breakfast 9:00am Walking Group 9:30am Coffee Hour 10:00am Mahjong 12:00pm Lunch* 12:45pm Pinochle 12:45pm Train Dominos 1:00pm Pickleball @ Rec Center* 1:15pm Yoga	8:00am Breakfast 8:00am Forward Pickleball* 8:45am Circuit Exercise 9:00am Welcome Wagon 9:30am Coffee Hour 9:45am Chair Exercise 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Digital Skills Ready@50+ Class 1:00pm Piper the Pup	8:00am Breakfast 8:30am Blood Pressure 9:00am Walking Group 9:30am Coffee Hour 9:30am Duplicate Bridge 10:30am Bingocize 12:45pm Board Games 12:00pm Lunch* 12:45pm Pinochle 12:45pm Yahtzee 1:00pm Pickleball @ Rec Center* 1:00pm Social Stitchers 1:15pm Yoga	8:00am Cont'l Breakfast 8:00am Forward Pickleball* 8:45am Line Dancing Exercise 9:30am Coffee Hour 9:45am Chair Exercise 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Close *pre-registration required
	1	2 9:30am Kinetic Stretch 1:15pm Art Class 3:00pm Uncle B's BBQ Drive Thru	3 1:00pm Early Closing	4 Center Closed
7 No Digital Skills	8 No Breakfast 10:00am Late Opening 10:00am SeniorLaw* 10:30am Sports Desk 10:30am Art on Canvas 5:00pm Game Night*	9 10:00am Blood Pressure 1:00pm Bingo No Digital Skills	10 10:00am Movie: The Blob 2:15pm Grief Support	11 10:45am TV Series: Hollywood Idols 1:00pm Tower Health Presents: Dermatologist
14 10:00am State Rep. Friel Mobile Office	15 11:00am YouTube: Senior Moments 12:00pm State Sen. Muth Mobile Office	16 9:30am Kinetic Stretch 10:30am Core3PT Presentation 1:15pm Art Class	17 5:00pm Third Thursday: Singer Patrice Hawthorn	18 10:45am TV Series: Hollywood Idols
21 1:00pm Wool Felting*	22 10:00am Movie: Nonnas	23 10:00am Blood Pressure 2:15pm Grief Support	24 10:30am Spa Day*	25 10:30am Bingo
28 2:00pm Book Club	29 10:00am Craft w/ Pam*	30 10:00am Health Screening 11:00am Phoenixville Hospital Chat	31	

Activities subject to change. Please check website for updates. Participation in any program is at your own risk in accordance with the Liability Waiver on the back page of the Participants Form.

Programs at the Senior Center—Please see calendar for exact days and times

Monthly	Weekly
Computer Classes Mondays at 11am & Wednesdays at 1pm	Silver Sneakers Circuit—Intermediate \$3 / free for Silver Sneakers & Renew Active Monday & Wednesday 8:45am
Art Class— Watercolor See schedule for dates \$5 fee	Silver Sneakers Classic –Chair Based \$3/ free for Silver Sneakers & Renew Active Monday, Wednesday & Friday 9:45am
Art on Canvas See schedule for date Fee: \$10/ \$9 VIP Supporter	Silver Sneakers Line Dancing \$3/ free for Silver Sneakers & Renew Active Friday at 8:45am
Blood Pressure 2nd and 4th Wednesday 10am to 11am Every Thursday 8:30am to 10:30am	Tai Chi \$3 fee/ free for Silver Sneakers, Renew Active Mondays at 1pm
Cash BINGO \$5 to play 5 games	Silver Sneakers Yoga \$3 free for Silver Sneakers & Renew Active Tuesday and Thursday 1:15pm
Tuesday Morning Sports Desk Second Tuesday of each month at 10:30am	Walking with the Center Tuesday 9am at Black Rock Sanctuary 953 Black Rock Road, PA-113 Thursdays 9:00am at Charlestown Park 100 Academic Way, Phoenixville
Rep Friel’s Mobile Office Hours Second Monday of each month 10am to 12pm	Pickleball @ Rec Center \$3 Monday through Fri 1pm to 3pm Must pre-register for this program on Copilot
Senior Law Center Legal services intake clinic. Second Tuesday By appointment only.	Forward Pickleball \$5 M, W & F 9am to 11am
Senator Muth Mobile Office Hours Third Tuesday of each month 12 to 2pm	Mah Jong every Tuesday at 10am
Phoenixville Hospital Health Talk Roundtable health topics Last Wednesday of the month at 11am	Train Dominos Tuesdays at 12:45pm
	Pinochle Tuesday & Thursdays at 12:45pm
	Yahtzee every Thursday at 12:45pm
	Social Stitchers every Thursday at 1pm



Phoenixville Senior Center Hours

Monday through Thursday 8am to 3pm

Friday 8am to 1pm

Reminder!

Parking at the Senior Center during business hours is for participants attending programs during the day.

Please do not park at the Center if you are going downtown during business hours.

You may be ticketed and towed

Updated Lunch Fees for May

If you are 60 + years old

\$3 suggested donation

Under 60 years old

\$5.75 payable to staff

Alternate meal

\$3 payable to staff

Interested in a
tour of the
Senior Center?
Know someone



who would benefit from our programs? Please join us for our Welcome Wagon every Wednesday from 9am to 10am.

We are not able to conduct tours of the Center during lunch service any day from 11:30 am to 12:45pm.

Important Lunch Reminders

Pre-registration for lunch is

Friday by 1PM prior

to the week you would like to attend lunch on Copilot.

We cannot guarantee a meal without a prior registration.

Drop in participants will be asked to wait until everyone is served to ensure we have enough food.

Please call ahead and **speak** to a staff member if you would like to have a meal but did not pre-register.

Salad is now on the menu for the Alternate Meal.

Senior Law Center

is now by **appointment only** on the 2nd Tuesday of every month.

To make an appt
please call 610-935-1515 ext 29
before July 3rd

Aging Resources

In these challenging times, there is assistance available for those who need it.

If you need help, please reach out to **Cari at 610-935-1515 ext 24**

or **cforeman@phoenixvilleseniorcenter.org**

Here is a list of some of the available programs with their gross monthly income limits for a one-person household and asset/resource limits where applicable:

Program Name	Description	Income Limit (if any)
PACE/PACENET	Helps save money on prescription medication costs	PACE: \$1,208/PACENET: \$2,792
LIS/Extra Help with Medicare Part D	Helps with monthly premiums, annual deductibles, and co-payments	Income:\$1,843, assets: \$16,660
Medicare Savings Program	Helps pay Medicare premiums, deductibles, coinsurance, and copayments depending on level of assistance	Income:\$1,660, assets: \$9,090
Medical Assistance	Medicaid for those with Medicare	Income:\$1,235, assets: \$2,000
LIHEAP	Helps people pay their heating bills in the form of a cash grant sent directly to the utility company/fuel provider	1 person—\$22,590 2 people - \$30,660
SNAP	Supplemental nutrition assistance	\$2,430 for seniors
Property Tax/Rent Rebate	Rebate for property taxes or rental costs	New income limits!
Senior Food Box	Supplemental canned and dry goods	\$2,430



Attention Travelers!

Reserve your travel plans now before prices go up!

London/Paris (September 2025) Southern Charm (April 2026)

Mackinac Island (August 2026)

Please see Christine for information on the three trips offered above.

collette

Support Vibrant Aging at the Phoenixville Area Senior Center

We're using a new payment processor and form — but don't worry, it's still us! Your support is safe, secure, and appreciated.

The Phoenixville Area Senior Center empowers older adults to live active, fulfilling lives through fitness, education, and community connection. As a nonprofit, we rely on your generosity to keep these vital programs going. Your donation helps us expand services, reach more seniors, and build a brighter future for all.

Join us in making a difference—your support matters.

<https://givebutter.com/PASCgiving>

Phoenixville Senior Center VIP cards available now! Single \$35 / Household \$65



Benefits include: Newsletter -mailed to cardholders only
Discounts to select programs and activities ,
early Bird Registration for taxes and other high demand
programs, reduced rates for party/room rentals, invitations to
Cardholder Special Events, discount Card Offers from Local
Stores & Restaurants like Generations Toy Store,
Bridge St Chocolates and Molly Maguire's.

Please see Carmela or call 610-935-1515 ext 25 to purchase your card today!



What You Can Do Online **www.ssa.gov**

If you'd like to apply for retirement benefits, you can do this online as well with an ssa.gov account. You can also change your address and phone number online, access your benefit verification letter, and download a replacement SSA-1099 in case your dog accidentally ate yours.

If you would like assistance setting up your ssa.gov account, please reach out to Cari at 610-935-1515 ext 24 or cforeman@phoenixvilleseniorcenter.org

If you're approaching Medicare age, you can use your account to easily apply for Medicare benefits. If

Phoenixville Area Senior Center Annual Sponsors



Phoenixville Area Senior Center
153 Church Street
Phoenixville, PA 19460
610-935-1515
www.phoenixvilleseniorcenter.org
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Newsletter sponsored by AVT—Applied Video Technology

The Senior Center provides a meeting place for persons over 60 years of age living in the following areas: Spring City, Phoenixville, East and West Vincent, East and West Pikeland, Charlestown and Schuylkill Townships and the surrounding areas.

The Phoenixville Senior Center is supported by:

Chester County Department of Aging Services
Fundraising Events

Various Foundations
The generosity of individual donors



Senior Adult Activity Center of Phoenixville Area is a 501(c)3 charitable organization, contributions to which are tax-deductible as permitted by law. The official registration and financial information of Senior Adult Activity Center of Phoenixville Area may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.