

August Activities

Monday	Tuesday	Wednesday	Thursday	Friday
----- Weekly Events -----				
8:00am Cont'l Breakfast 8:00am Forward Pickleball* 8:45am Circuit Exercise 9:30am Coffee Hour 9:45am Chair Exercise 10:30am Produce Pickup 11:00am Digital Skills Ready@50+ Class 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Tai Chi Class	8:00am Breakfast 9:00am Walking Group 9:30am Coffee Hour 10:00am Mahjong 12:00pm Lunch* 12:45pm Pinochle 12:45pm Train Dominos 1:00pm Pickleball @ Rec Center* 1:15pm Yoga	8:00am Breakfast 8:00am Forward Pickleball* 8:45am Circuit Exercise 9:00am Welcome Wagon 9:30am Coffee Hour 9:45am Chair Exercise 11:00am Mind Games 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Digital Skills Ready@50+ Class 1:00pm Piper the Pup	8:00am Breakfast 8:30am Blood Pressure 9:00am Walking Group 9:30am Coffee Hour 9:30am Duplicate Bridge 10:30am Bingocize 12:00pm Lunch* 12:45pm Board Games 12:45pm Pinochle 12:45pm Yahtzee 1:00pm Pickleball @ Rec Center* 1:00pm Social Stitchers 1:15pm Yoga	8:00am Cont'l Breakfast 8:00am Forward Pickleball* 8:45am Line Dancing Exercise 9:30am Coffee Hour 9:45am Chair Exercise 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Close *pre-registration required
				1 10:45am Hollywood Idols
4	5	6 9:30am Kinetic Stretch 1:15pm Art Class	7 2:15pm Grief Support	8 10:30am Bingo
11 10:00am State Rep. Friel Mobile Office	12 No Breakfast 10:00am Late Opening 10:00am SeniorLaw* 10:30am Sports Desk 10:30am Art on Canvas 5:00pm Game Night*	13 10:00am Blood Pressure 12:00pm Birthday Lunch 1:00pm Apollo Presentation	14 10:30am Foster Grandparents Presentation	15 10:45am Hollywood Idols
18	19 10:00am Movie: Just Getting Started 12:00pm State Sen. Muth Mobile Office	20 9:30am Kinetic Stretch 1:15pm Art Class 2:15pm Grief Support	21 Nat'l Senior Citizen Day 9:00am Art Ease 1:00pm Ice Cream Social 5:00pm Third Thursday: Seafood Boil & Music	22 10:45am Hollywood Idols
25 2:00pm Book Club	26 10:00am Craft*	27 10:00am Blood Pressure 10:00am Health Screening 11:00am Phoenixville Hospital Chat 1:00pm Bingo	28 3:00pm Uncle B's BBQ Drive Thru	29 10:45am Hollywood Idols

Activities subject to change. Please check website for updates. Participation in any program is at your own risk in accordance with the Liability Waiver on the back page of the Participants Form.