

July has been a sizzling month—not just because of the temperatures, but because of all the exciting things happening right here at the Senior Center! Whether you're looking to stay active, get creative, learn something new, or just have fun, we've got something for everyone.

There's always something happening at the Senior Center—and we want to make it even better with *your* input. Whether you have a new activity in mind, a food suggestion, or just something you'd like to share—we're here and ready to listen. A **feedback survey** will be heading your way in the next month—so stay tuned and take the opportunity to share what matters most to you.

We're also excited to announce that we're in the planning stages of a “**Get to Know the Board**” event. This will be a great chance to meet the people behind the scenes, ask questions, and share your ideas. Stay tuned—more details will be coming soon.

Into Wellness?

Keep your body moving and your spirits high with a variety of fitness classes:

- Yoga
- Tai Chi
- Pickleball
- Exercise Classes
- Walking Group

Feeling Creative?

Unleash your artistic side with:

- Watercolor Painting
- Crafting with Pam

Curious About Technology?

Stay connected and confident with our AARP Senior Planet Computer classes—designed to help you build new skills in a supportive, hands-on environment.

Love to Play Games?

Enjoy some friendly competition and lots of laughs with:

- Bridge
- Mexican Dominos
- Yahtzee

Don't Miss Our 3rd Thursday Programs!

Every third Thursday, we host a special event—and July's was truly one to remember! Guests enjoyed an elegant evening complete with a delicious dinner and live music by the talented Patrice Hawthorne. Be sure to mark your calendar so you won't miss what's coming next.

Stay cool, stay connected, and stay active with us!

Marianne Peffall

**Center opens
late at 10am on
Tuesday
August 12th.
No breakfast
will be served**

Movie Day

Tuesday, August 19 @10am

"Just Getting Started"



An ex-F.B.I. Agent (Tommy Lee Jones) and an ex-mob lawyer in the Witness Protection Program (Morgan Freeman) have to put aside their petty rivalry on the golf course to fend off a mob hit.

Please register in Copilot by 8/15 if you are interested in staying for lunch



Thursday August 21st at 9am Fee \$10



PHOENIXVILLE SENIOR CENTER

Tuesday, August 12th 5pm to 7pm

Bring your kids and grandkids!

Join us for an evening of games, snacks, drinks, and laughter! From classic board games to card games to puzzles — there's something for everyone! Want to share your favorite game? Bring it along!

COST: \$10 – Adults
\$5 – Kids 12 & under

LOCATION: PHOENIXVILLE SENIOR CENTER

RSVP BY JULY 7



Call or stop by the Senior Center to RSVP 610-935-1515



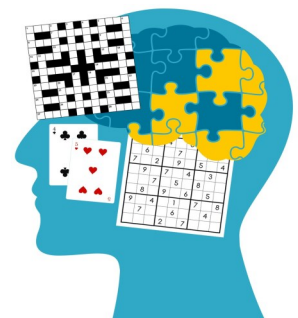
New Program

Mind Games

Wednesdays

at 11am

Come test your knowledge as Pam leads you through spelling quizzes and other fun games to awaken your mind.



\$5 Cash Bingo

Fri 8/8 @ 10:30am

Weds 8/27 @ 1pm

IN HONOR OF NATIONAL SENIOR CITIZENS DAY WE ARE
GOING TO HAVE A GOOD OLD FASHIONED
ICE CREAM SOCIAL!

THURSDAY, AUGUST 21ST AT 1PM



Join us for a delicious end-of-summer celebration
with music from Michael Kropp!

Thursday August 21st 5pm to 7pm

📍 Phoenixville Area Senior Center

We're throwing a good ol' fashioned Seafood Boil, and
you're invited—whether you're a senior to come and
enjoy the fun—where you don't need to be senior
to come and enjoy the fun.

TICKETS:

\$25 – VIP Supporters
(Use your special promo
code!)

\$27 – General Admission

Your seafood favorites—corn on the cob,
potatoes, and more—boiled up hot and ready.

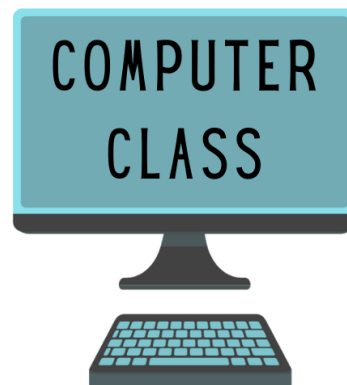
→ Music, laughter, and a whole lot of flavor.

<https://givebutter.com/PASCS seafoodBoil>



Tickets are limited —

Don't miss out on this tasty summer send-off!



Mondays at 11am

Wednesdays at 1pm

**8/4 & 8/6—Streaming and
Smart TV**

**8/11—Passwords Passkeys
and more**

8/18 & 8/20— MyChart

**8/25 & 8/27—Smartphone
Photography**

New items added to our wish list!



You can scan this QR code with your phone
or follow this link:

<https://amzn.to/414PH2f>





Health Fair
September 18th from
3pm to 6pm



Oktoberfest with the
Lukens Band
October 16th from
4pm to 6pm



**Upcoming
Events**

The Phoenixville Senior Center's Designer Bag Bingo!

Enjoy a lively afternoon of bingo, prizes, and refreshments—all while supporting a great cause. Proceeds benefit the Phoenixville Area Senior Center, helping to provide vital programs and services for local seniors

Date: Saturday, October 4th

Time: Doors open at 1:00 PM / Games begin at 2:00 PM

Location: Kimberton Fire Hall's Covered Bridge Room

\$30 in advance / \$35 at the door / \$210 for a reserved table of 8

Extras: Raffle ticket book: \$20 / Extra bingo cards: \$10 /

Specials: \$15 for 3 games

Tickets are limited—reserve yours today!

<https://givebutter.com/PASCBagBingo>

Make a Difference in a Child's Education and Future. Become a Foster Grandparent!

Join us for a presentation about the Foster Grandparent Program

Thursday, August 14th at 10:30 AM, **at**
the Phoenixville Area Senior Center.

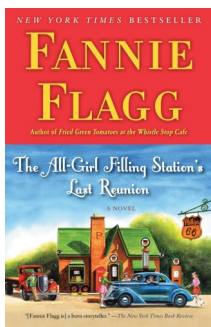
Come learn how you can make a meaningful difference in the lives of local children by becoming a Foster Grandparent. We'll share how the program works, the benefits of volunteering, and hear from a current Foster Grandparent about their experience.

Light snacks and a fun activity included! We'd love to see you there!



**AmeriCorps
Seniors**

Book Club Monday, August 25th at 2pm



"The All-Girl Filling Station's Last Reunion" by Fannie Flagg.

Sookie begins a search for answers that takes her to California, the Midwest, and back in time, to the 1940s, when an irrepressible woman named Fritzzi takes on the job of running her family's filling station. Soon truck drivers are changing their routes to fill up at the All-Girl Filling Station. Please see Christine for a copy of the book.

If you cannot attend Book Club, please return your book to the Phoenixville Library before 8/25.

Craft Day fee \$5

Tuesday, August 26th
at 10am.

Please pre-register on
Copilot.



The TV Series Hollywood Idols continues in August on select Fridays at 10:45am.



8/1 Shirley MacLaine & Ingrid Bergman

8/15 Jack Lemmon & Burt Lancaster

8/22 Gary Cooper & Marilyn Monroe

8/29 William Holden & Anthony Quinn



Healthy Living with the Phoenixville Senior Center

Guidelines for Exercise Classes

Exercise classes are now \$3 a class or
\$30 for punch card
**Free if you have Silver Sneakers or
Renew Active**

- Arrive on time to avoid disrupting the session.
- Kindly refrain from talking during class.
- Set your phone to silent mode before the class begins.

We appreciate your cooperation and consideration. Thank you for helping create a focused and enjoyable environment for all!

Outside Walking Group meets in the respective Park parking lots:

Tuesdays 9am Black Rock Sanctuary
953 Black Rock Rd (PA 113)

Thursdays 9am Charlestown
Park 100 Academic Way
Phoenixville



Bingo + Exercise = Bingocize®

Thursdays at 10:30am
Come check it out!

Phoenixville Hospital's Community Health Education and Outreach Dept.

Billie Goldstein RN, will be here on the last Wednesday of each month for health screenings and "Health Chat"

Wednesday August 27th
Health Screenings at 10am

Health Chat at 11am

**"When is Lung Cancer
Screening Recommended"**

The average age of people when diagnosed with lung cancer is about 70 according to the American Cancer Society.

If you would like to join us for lunch after the program, please pre-register on Copilot by Friday, August 22nd

Grief Support Group at 2:15pm

Thursday 8/7

Wednesday 8/20

Facilitated by Ascend Hospice



Kinetic Stretch



at 9:30am on
Weds 8/6 & 8/20

Birthday Social Weds, August 13th

Lunch at 12pm Entertainment at 1pm

Register for lunch on Copilot before 8/8



Birthday Social Entertainment— “Our Moon” by Night Wonders of Astronomy.



Our Moon – This program presents a look at our moon and the Apollo 11 Moon Landing. Take a look at the mission through the eyes of Buzz Aldrin as you blast off on the Saturn 5 to Earth’s satellite. What was it like to be on the moon? Find out!

Maryann Amici

Clifford Banks

Jim Baxter

Mark Bernstein

Kathleen Brennan

Kathleen Brown

Maria Chimchirian

Rena Craig

Roberta Clunliffe

Stephen DiSimone

Evelyn Dudonis

Jane Dugdale

Lillian Early

Amy Edie

Helen Edwards

Gary Fagan

John Francone

David Frank

Jeanmarie Garman

Marjorie Gavitt

Karen Guastavino

Lori Henry-Watson

Ethel Jefferis

Ken Jefferis

Sandra Kasky

Laura Keen

John Kelly

Veronica Laino

Louise Lehman

John Lindh

Lawrence Malcolm

Joan McCracken

Joann McCracken

Anna Noad

Margaret Nugent

Elizabeth Pelen

Debbie Popp

Danielle Quarino

Frank Quarino

Sandra Raggazino

Frank Ranhoffer

Thomas Reese

Linda Remolde

Nancy Richter

Kathleen Said

Gary Segner

Robin Sexto

Linda Sindaco

Particia Slifer

Carol Smith

Jean Smith

Charles Snook

Ken Stalter

Barbara Thorn

Linda Ulinski

Robert Walker

Tom Wyres

Ann Zipkin

Programs at the Senior Center—Please see calendar for exact days and times

Monthly	Weekly
Computer Classes Mondays at 11am & Wednesdays at 1pm	Silver Sneakers Circuit—Intermediate \$3 / free for Silver Sneakers & Renew Active Monday & Wednesday 8:45am
Art Class— Watercolor See schedule for dates \$5 fee	Silver Sneakers Classic –Chair Based \$3/ free for Silver Sneakers & Renew Active Monday, Wednesday & Friday 9:45am
Art on Canvas See schedule for date Fee: \$10/ \$9 VIP Supporter	Silver Sneakers Line Dancing \$3/ free for Silver Sneakers & Renew Active Friday at 8:45am
Blood Pressure 2nd and 4th Wednesday 10am to 11am Every Thursday 8:30am to 10:30am	Tai Chi \$3 fee/ free for Silver Sneakers, Renew Active Mondays at 1pm
Cash BINGO \$5 to play 5 games	Silver Sneakers Yoga \$3 free for Silver Sneakers & Renew Active Tuesday and Thursday 1:15pm
Tuesday Morning Sports Desk Second Tuesday of each month at 10:30am	Walking with the Center Tuesday 9am at Black Rock Sanctuary 953 Black Rock Road, PA-113 Thursdays 9:00am at Charlestown Park 100 Academic Way, Phoenixville
Rep Friel’s Mobile Office Hours Second Monday of each month 10am to 12pm	Pickleball @ Rec Center \$3 Monday through Fri 1pm to 3pm Must pre-register for this program on Copilot
Senator Muth Mobile Office Hours Third Tuesday of each month 12 to 2pm	Forward Pickleball \$5 M, W & F 9am to 11am
Phoenixville Hospital Health Talk Roundtable health topics Last Wednesday of the month at 11am	Mah Jong every Tuesday at 10am
	Train Dominos Tuesdays at 12:45pm
	Pinochle Tuesday & Thursdays at 12:45pm
	Yahtzee every Thursday at 12:45pm
	Social Stitchers every Thursday at 1pm

August Activities

Monday	Tuesday	Wednesday	Thursday	Friday
----- Weekly Events -----				
8:00am Cont'l Breakfast 8:00am Forward Pickleball* 8:45am Circuit Exercise 9:30am Coffee Hour 9:45am Chair Exercise 10:30am Produce Pickup 11:00am Digital Skills Ready@50+ Class 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Tai Chi Class	8:00am Breakfast 9:00am Walking Group 9:30am Coffee Hour 10:00am Mahjong 12:00pm Lunch* 12:45pm Pinochle 12:45pm Train Dominos 1:00pm Pickleball @ Rec Center* 1:15pm Yoga	8:00am Breakfast 8:00am Forward Pickleball* 8:45am Circuit Exercise 9:00am Welcome Wagon 9:30am Coffee Hour 9:45am Chair Exercise 11:00am Mind Games 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Digital Skills Ready@50+ Class 1:00pm Piper the Pup	8:00am Breakfast 8:30am Blood Pressure 9:00am Walking Group 9:30am Coffee Hour 9:30am Duplicate Bridge 10:30am Bingocize 12:00pm Lunch* 12:45pm Board Games 12:45pm Pinochle 12:45pm Yahtzee 1:00pm Pickleball @ Rec Center* 1:00pm Social Stitchers 1:15pm Yoga	8:00am Cont'l Breakfast 8:00am Forward Pickleball* 8:45am Line Dancing Exercise 9:30am Coffee Hour 9:45am Chair Exercise 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Close *pre-registration required
				1 10:45am Hollywood Idols
4	5	6 9:30am Kinetic Stretch 1:15pm Art Class	7 2:15pm Grief Support	8 10:30am Bingo
11 10:00am State Rep. Friel Mobile Office	12 No Breakfast 10:00am Late Opening 10:00am SeniorLaw* 10:30am Sports Desk 10:30am Art on Canvas 5:00pm Game Night*	13 10:00am Blood Pressure 12:00pm Birthday Lunch 1:00pm Apollo Presentation	14 10:30am Foster Grandparents Presentation	15 10:45am Hollywood Idols
18	19 10:00am Movie: Just Getting Started 12:00pm State Sen. Muth Mobile Office	20 9:30am Kinetic Stretch 1:15pm Art Class 2:15pm Grief Support	21 Nat'l Senior Citizen Day 9:00am Art Ease 1:00pm Ice Cream Social 5:00pm Third Thursday: Seafood Boil & Music	22 10:45am Hollywood Idols
25 2:00pm Book Club	26 10:00am Craft*	27 10:00am Blood Pressure 10:00am Health Screening 11:00am Phoenixville Hospital Chat 1:00pm Bingo	28 3:00pm Uncle B's BBQ Drive Thru	29 10:45am Hollywood Idols

Activities subject to change. Please check website for updates. Participation in any program is at your own risk in accordance with the Liability Waiver on the back page of the Participants Form.

August Menu

Monday	Tuesday	Wednesday	Thursday	Friday
28 July B: Continental Breakfast L: Cheeseburgers	29 B: Pancakes & Bacon L: Chef Salad	30 B: Sausage & Eggs L: Grilled Cheese	31 B: Breakfast Casserole L: Chicken Fingers	1 August B: Continental Breakfast L: Chicken Cordon Bleu Sandwich
4 B: Continental Breakfast L: Fish Sticks	5 B: Cream Chipped Beef L: Taco Salad	6 B: Waffles & Sausage L: Tomato Caprese Sandwich	7 B: Pork Roll & Eggs L: Chicken Flatbread	8 B: Continental Breakfast L: Chili Mac & Cheese
11 B: Continental Breakfast L: Sweet & Sour Chicken	12 No Breakfast Center Opens at 10am today B: L: Italian Roast Pork	13 B: Strawberry Basil Bread Pudding L: BLT Salad w/ Egg	14 B: Pancakes & Bacon L: Enchilada Bake	15 B: Continental Breakfast L: Seafood Cakes
18 B: Continental Breakfast L: Tuna Salad Sandwich	19 B: Breakfast Tater Tot Casserole L: Kielbasa	20 B: Quiche L: BBQ Pork	21 B: Breakfast Sandwiches L: Chicken Bacon Avocado Salad	22 B: Continental Breakfast L: Pot Roast
25 B: Continental Breakfast L: Turkey Caesar Wrap	26 B: Sausage Gravy & Biscuits L: Pork Ribs	27 B: Bacon & Eggs L: Chicken Salad Sandwich	28 B: Breakfast Hash L: Shrimp & Grits	29 B: Continental Breakfast L: Sloppy Joes

Breakfast begins at 8am

Lunch begins at 12pm

Breakfast and Lunch Suggested Donation: \$3* (new amount)

If you would like an alternate lunch, you may purchase the alt meal of the day for \$3

All lunch and soup reservations are **required** by Friday by 1pm of the prior week.

We cannot guarantee your lunch without prior registration.

Please let us know if you have allergies.



Drive-thru BBQ Fundraiser to Support the Phoenixville Senior Center!

**Pick up your Summer holiday favorites from the original Uncle B's BBQ
Thursday August 28th Drive-thru 3pm to 5pm**

Item	Pint	Quart	1/2 hotel pan
Chicken	\$14	\$28	\$56
Pork	\$14	\$28	\$56
Mac & Cheese	\$9	\$18	\$36
Baked Beans	\$9	\$18	\$36
Alabama White Sauce	\$7		
Kansas City BBQ Sauce	\$7		

Meat is freshly cooked and not sauced. Can be frozen. Reheating instructions are included.

To order by **Aug 22nd** go to: <https://bit.ly/42VXiSM>

Or scan the QR Code at the top



Phoenixville Senior Center Hours

Monday through Thursday 8am to 3pm

Friday 8am to 1pm

Senior Law Center is by **appointment only** on the 2nd Tuesday of every month.

To make an appt please call
610-935-1515 ext 29

The Rent Rebate deadline has been extended to December 30, 2025

Please call Cari if you need help: 610-935-1515 ext 24

ANNUAL POTASSIUM IODIDE (KI) DISPENSING EVENT
COMMUNITY RESOURCE FAIR

Thursday, August 14th, 2025
12:30pm - 6:30pm

CHESCO.ORG/KI
PRE-REGISTRATION RECOMMENDED

Kimberton Fire Hall
2276 Kimberton Rd
Phoenixville, PA
THE COVERED BRIDGE ROOM

CCHD

Reminder!

Parking at the Senior Center during business hours is for participants attending programs during the day. Please do not park at the Center if you are going downtown during business hours. You may be ticketed and towed

Interested in a tour
of the
Senior Center?



Know someone who would benefit from our programs? Please join us for our Welcome Wagon every Wednesday from 9am to 10am.

We are not able to conduct tours of the Center during lunch service any day from 11:30 am to 12:45pm.

Important Lunch Reminders

Pre-registration for lunch is **Friday by 1PM prior** to the week you would like to attend lunch on Copilot. **We cannot guarantee a meal without a prior registration.**

Lunch Fees

If you are 60 + years old

\$3 suggested donation

Under 60 years old

\$5.75 payable to staff

Alternate meal

\$3 payable to staff

Support Vibrant Aging at the Phoenixville Area Senior Center

We're using a new payment processor and form — but don't worry, it's still us! Your support is safe, secure, and appreciated.

The Phoenixville Area Senior Center empowers older adults to live active, fulfilling lives through fitness, education, and community connection. As a nonprofit, we rely on your generosity to keep these vital programs going. Your donation helps us expand services, reach more seniors, and build a brighter future for all.

Join us in making a difference—your support matters.

<https://givebutter.com/PASCgiving>

Phoenixville Senior Center VIP cards available now! Single \$35 / Household \$65



Benefits include: Newsletter -mailed to cardholders only
Discounts to select programs and activities ,
early Bird Registration for taxes and other high demand
programs, reduced rates for party/room rentals, invitations to
Cardholder Special Events, discount Card Offers from Local
Stores & Restaurants like Generations Toy Store,
Bridge St Chocolates and Molly Maguire's.

Please see Carmela or call 610-935-1515 ext 25 to purchase your card today!



What You Can Do Online **www.ssa.gov**

you'd like to apply for retirement benefits, you can do this online as well with an ssa.gov account. You can also change your address and phone number online, access your benefit verification letter, and download a replacement SSA-1099 in case your dog accidentally ate yours.

If you would like assistance setting up your ssa.gov account, please reach out to Cari at 610-935-1515 ext 24 or cforeman@phoenixvilleseniorcenter.org

If you're approaching Medicare age, you can use your account to easily apply for Medicare benefits. If

Aging Resources

In these challenging times, there is assistance available for those who need it.

If you need help, please reach out to **Cari at 610-935-1515 ext 24**

or **cforeman@phoenixvilleseniorcenter.org**

Here is a list of some of the available programs with their gross monthly income limits for a one-person household and asset/resource limits where applicable:

Program Name	Description	Income Limit (if any)
PACE/PACENET	Helps save money on prescription medication costs	PACE: \$1,208/PACENET: \$2,792
LIS/Extra Help with Medicare Part D	Helps with monthly premiums, annual deductibles, and co-payments	Income:\$1,843, assets: \$16,660
Medicare Savings Program	Helps pay Medicare premiums, deductibles, coinsurance, and copayments depending on level of assistance	Income:\$1,660, assets: \$9,090
Medical Assistance	Medicaid for those with Medicare	Income:\$1,235, assets: \$2,000
LIHEAP	Helps people pay their heating bills in the form of a cash grant sent directly to the utility company/fuel provider	1 person—\$22,590 2 people - \$30,660
SNAP	Supplemental nutrition assistance	\$2,430 for seniors
Property Tax/Rent Rebate	Rebate for property taxes or rental costs	New income limits!
Senior Food Box	Supplemental canned and dry goods	\$2,430

Attention Travelers!



Reserve your travel plans now before prices go up!

London/Paris (September 2025)

Southern Charm (April 2026)

Mackinac Island (August 2026)

Please see Christine for information on the three trips offered above.



Phoenixville Area Senior Center Annual Sponsors



Phoenixville Area Senior Center
153 Church Street
Phoenixville, PA 19460
610-935-1515
www.phoenixvilleseniorcenter.org
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Newsletter sponsored by AVT—Applied Video Technology

The Senior Center provides a meeting place for persons over 60 years of age living in the following areas: Spring City, Phoenixville, East and West Vincent, East and West Pikeland, Charlestown and Schuylkill Townships and the surrounding areas.

The Phoenixville Senior Center is supported by:

Chester County Department of Aging Services
Fundraising Events

Various Foundations
The generosity of individual donors



Senior Adult Activity Center of Phoenixville Area is a 501(c)3 charitable organization, contributions to which are tax-deductible as permitted by law. The official registration and financial information of Senior Adult Activity Center of Phoenixville Area may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.