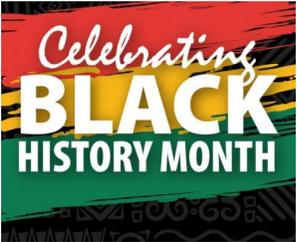




February  
2026



February is a busy month with new and expanded programming and many holiday celebrations! Join us and bring a friend or two.

**Expanded Programming at the Recreation Center**

Thanks to the support of the **Phoenixville Recreation Center 501 Franklin Avenue** we are pleased to expand our programming and offer additional activities.

**Current and New Programs at the Recreation Center include:**

- Pickleball — Five days a week, **1:00–3:00 PM**
- Indoor Walking Group — Wednesdays at **9:30 AM**
- Mahjonn — Fridays, **1:00–4:00 PM**



**Pinochle Update:**

Pinochle, held on **Tuesdays and Thursdays from 1:00–3:00 PM**, will temporarily relocate to the Recreation Center during tax season, **February through April 16th.**

**Game Night After Hours**

Did you know that we have after hour events like the always fun Game Night? Every second Tuesday of each month, the Center opens later so we can stay open for Game Night. It's \$10 for adults to play and \$5 for children under 12. It's open for everyone so bring your family to play your old favorites like Scrabble or learn a new game like Qwirkle!

**Tax Season Appointments**

Tax season is underway, and we have a **limited number of appointments available.** To schedule an appointment, please call **610-935-1515, extension 26.** Due to high call volume, please allow **up to one week** for a return call. Thank you for your patience and understanding.

**New VIP Sponsors**

We have two new VIP sponsors! Joining the other area businesses taking part as supporters of the Center's VIPs is **Grace's Café (273 Schuylkill Road)**, where we recently dined with our Supper Club in January. They will offer 10% off your purchase.

Also joining the group is **Lock 29 (127 Bridge St Mont Clare)** offering 15% off regularly priced food from 11am to 3pm (alcohol not included).

Don't have a VIP? We will offer them again in June.

Stay Tuned!



**Center closed**

**2/16**

**Opens late**

**2/10**

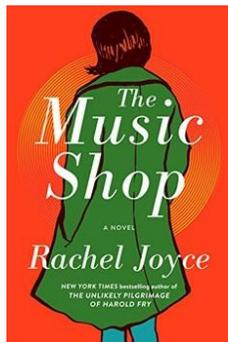
Hope to see you at the Senior Center! Christine

## Book Club Monday

February 23rd at 2pm

“The Music Shop” by Rachel Joyce

**“The Music Shop” is a poignant novel about Frank, a vinyl shop owner, and his journey of connection and healing through music, particularly after meeting the enigmatic Ilse Brauchmann.**



Please see Christine for a copy of the book. Supplies are limited. If you are unable to attend Book Club, please return your copy to the Phoenixville Library before the day of class.

## Art Classes at the Center

### Watercolor Art Class

Weds Feb 4th & 18th at 1:15pm

### Acrylic Art on Canvas

Tues Feb 10th at 10:30am



## SPORTS DESK

SECOND

MONDAY EACH

MONTH AT 10AM! THIS MONTH ON FEBRUARY 9TH



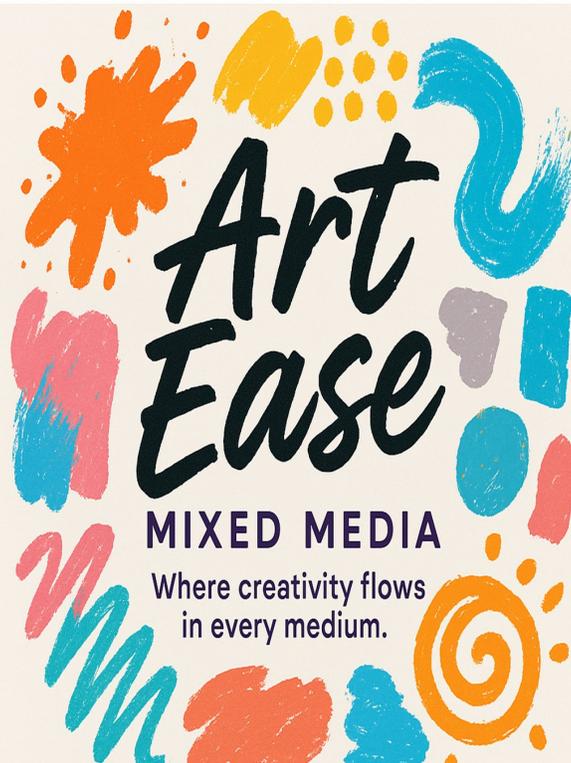
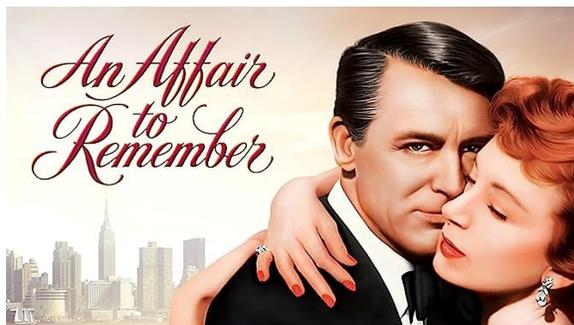
## Movie Day

Tuesday February 24th at 10:00am

### An Affair to Remember

A couple falls in love and agrees to meet in six months at the Empire State Building - but will it happen?

Starring Deborah Kerr and Carey Grant



**Thursday, February 26th 10am Fee \$5**

**February is a busy month filled with meaningful holidays and special programming.**

### **Black History Month**

February is Black History Month, an annual observance honoring the achievements and contributions of African Americans throughout history. To commemorate the month, we will host **Black History Trivia** on **Monday, February 9th at 1PM.**



### **Chinese New Year**

Chinese New Year begins on **February 17th** and marks the start of a new year on the traditional lunisolar Chinese calendar. It is one of the most significant holidays in Chinese culture. Please join us for a **special Chinese New Year lunch on Tuesday, February 17th.**



### **Mardi Gras (Fat Tuesday)**

Mardi Gras, marks the final day of indulgence before the Lenten season. The celebration is traditionally recognized for its vibrant parades, festive attire, and rich foods.

Mardi Gras will be observed this year on **February 17th with some sweet treats..**



### **President's Day**

President's Day is observed on the **third Monday of February, February 16th this year.** The Center will be **closed** in observance of the holiday.



## **Valentine BINGO**

**Friday February 13th  
at 10:30am  
\$5 to play**

## **Spa day with Melissa**

**Tuesday February 17th at 10am.**

This program requires a pre-registration to attend. Please register in Copilot or call 610-935-1515 ext 23 in the morning.



The Phoenixville Senior Center follows the Phoenixville School District with regards to closures. If they are closed or delayed, we are closed. Please contact the Center 610-935-1515 or check our Social Media to see if we are open on snowy days. Always stay safe if you are unsure.



## Have you ever wanted to learn how to play Mahjong?

Now is your chance!! **Every Tuesday afternoon at 1pm starting February 3rd** the Senior Center will have an instructor to teach the game.

Come be a part of our growing Mahjong group!

Mahjong is a tile-based game that was developed in the 19th century in China and has spread throughout the world since the early 20th century. Similar to the Western card game rummy, mahjong is a game of skill, strategy, and luck.



### Programs in February.

**Friday 2/20 10:30am**—Enhancing Senior Safety

**Monday 2/23 1pm**—Package scams and Porch Pirates

**Friday 2/27 10:30 am**—Utility Scams

### Digital Skills with Janet

Mondays at 11am

Wednesdays at 1pm



No classes on  
2/11 and 2/16



New items added to our  
wish list!

You can scan this QR code with  
your phone or follow this link:

<https://a.co/4BvQM5e>



## GAME NIGHT!

Tuesday February 10th

3pm to 5:30pm

\$10 adults/\$5 children under 12

Pizza, snacks and drinks offered!

Third Thursday February 19th, 2026 5pm to 7pm



Valentines Dinner and Dance

It's not just for couples!

Come out if you enjoy good food and good music!

\$27 /\$25 for VIP



Scan QR code or follow link to pay online:

<https://givebutter.com/PASC3rdThurs>



**March 19th**

**Mahjong Madness**

**APRIL 16TH**

**SUPPER CLUB TBD**

**May 21st**

**Elvis is back in the building!**



Stay tuned for details in future newsletters!

# Birthdays Social Lunch

Wednesday February 11th

Lunch at 12pm Entertainment at 1pm



## Birthdays Entertainment—TRAAC Singers

Volunteer senior singers from the Pottstown Senior Center

Richard Bass

Dolores Bernstiel

Louise Boyer

Pam Butchkoski

Meizhen Chen

Barbara DeBlois

Lucy Diremigio

Jane Farella

Sandy Fuga

Lenore Gates

Steve Gates

Darlee Gelting

Susan Gould

Barbara Heckert

Dagmar Hobson

Joanne Howarth

Sandra Kanaski

Donna Kling

Rose Knezits

Pamela Knight

Joan Komarek

Eugene Lagreca

Peggy Liebold

Terry Lindsay

David Long

Nina Mason

Gordon McLeod

Sharon Morelli

Vincent Morello

Carolyn Morgan

Virginia Neizer

Elaine Norman

Lucinda Parrish

Judith Phillips

Ernest Reimer

Connie Ritchey

Robert Rivera

Pat Rodenbaugh

Marilyn Rosenbaum

George Scheffy

Jessica Schwartz

Michael Sexton

Joan Smith-Curry

Kim Snook

Bonnie Staskin

Robert Szegedy

Valerie Thomas

Natalie Trycieckyj

Michael Tweed

Barbara Ubele

Suzanne Umstead

Sharon Vance

Edith Vohrer

Anne Wetzel

## Healthy Living into 2026 with the Senior Center

INNOVATIVE  
SENIOR  
CONCEPTS



Innovative Senior  
Concepts Presents

“OPTIONS IN SENIOR LIVING”

Wednesday February 18th at 1pm



Rescheduled  
presentation.

Monday February 9th at 11am.

Appointments available for hearing test  
starting at 11:30am.

Please see Christine for availability.

Try out our new fitness program!

**Indoor Walking at the Rec Center– 501 Franklin Ave Phoenixville!**

Program is every Wednesday morning from 9:30am to 10:30am.

***Bi-monthly Caregivers' Support Group with Daemion Counseling Center***  
*Caregiving is hard, and you don't have to do it alone.*

*This support group is for active caregivers only, and registration is strongly encouraged. In order to preserve both confidentiality and a non-judgmental, supportive environment, we will request that only caregivers participate in these groups.*

*The hour will be facilitated by licensed therapists from Daemion Counseling Center.*

**Tuesday 2/3 and Wednesday 2/18 are both at 9:30am.**



Pickleball at the Rec Center!

On the **Team Reach app**

**Phoenixville Senior Center@ Rec Center.**

New players, please register with the Senior Center to play. Interested in playing earlier @Rec Center? \$3 to play during the earlier times for Senior Center participants.

Contact Christine for a discount card to show when you sign in at the Rec Center.

Grief Support Group at 2:15pm

Thursday 2/5 and Wednesday 2/18



Facilitated by  
Linsey Cheshire

Kinetic Stretch at 9:30am on



Weds 2/4 & 2/18

# 2026 Scrapbooking Event at the Phoenixville Senior Center

**Friday February 27th 3pm to 5pm (Set Up)**

**Saturday February 28th 8am to 5pm**

Set up on Friday. Saturday includes a 4'x2' space, snacks and drinks, Continental breakfast and lunch. Complementary parking for one vehicle in our lot is included.

Costs: Friday and Saturday —\$50

Saturday only—\$40

Extra Space —\$10

Vendor Table—\$10



To purchase tickets: <https://givebutter.com/PASCScrapbook>

For more information, please email [christine@phoenixvilleseniorcenter.org](mailto:christine@phoenixvilleseniorcenter.org)



## Hot Stove coming in late February! Stay tuned for details!



## Ready to travel in 2026?

Trips for 2026 are still available with our travel partner Collette Travel.

Mackinac Island August 1—9, 2026



Painted Canyons of the West

September 22 to 30, 2026



Please see Christine for details and flyers.

# February Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> B: Continental Breakfast .... L: Pork Chops	<b>3</b> B: Ham & Eggs .... L: Shrimp Curry	<b>4</b> B: Pancakes & Bacon .... L: Enchilada Bake	<b>5</b> B: Breakfast Hash .... L: Chicken & Dumplings	<b>6</b> B: Continental Breakfast .... L: Roast Pork
<b>9</b> B: Continental Breakfast .... L: MM Taco Bowl	<b>10</b> No Breakfast Center Opens at 10am today .... L: Fish Bake	<b>11</b> B: Sausage & Eggs .... L: Meatloaf	<b>12</b> B: Frittata .... L: Chicken Brushcetta	<b>13</b> B: Continental Breakfast .... L: Baked Ziti
<b>16</b>  Center Closed	<b>17</b> B: Breakfast Tater tot Casserole .... L: Chicken & Broccoli	<b>18</b> B: Pork Roll & Eggs .... L: Salisbury Steak	<b>19</b> B: Sausage Gravy & Biscuits .... L: Pork Sandwich	<b>20</b> B: Continental Breakfast .... L: Baked Chicken
<b>23</b> B: Continental Breakfast .... L: Chicken Cheesesteak	<b>24</b> B: Bacon & Eggs .... L: Pork Carnitas	<b>25</b> B: Bananas Foster Bread Pudding .... L: Tater Tot Casserole	<b>26</b> B: Breakfast Sandwich .... L: Shrimp & Grits	<b>27</b> B: Continental Breakfast .... L: Chili Mac & Cheese

Breakfast begins at 8am

Lunch begins at 12pm

Breakfast and Lunch Suggested Donation: \$3\*

If you would like an alternate lunch, you may purchase the alt meal of the day for \$3

All lunch and soup reservations are **required** by Friday by 1pm of the prior week.

We cannot guarantee your lunch without prior registration.

Please let us know if you have allergies.

# February Activities

Monday	Tuesday	Wednesday	Thursday	Friday
----- Weekly Events -----				
8:00am Cont'l Breakfast 8:45am Circuit Exercise 9:30am Coffee Hour 9:45am Chair Exercise 10:30am Produce Pickup 11:00am Digital Wellness 11:00am Spanish Class 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Tai Chi Class	8:00am Breakfast 9:00am Walking Group 9:30am Coffee Hour 10:00am Mahjong 12:00pm Lunch* 12:45pm Pinochle 12:45pm Train Dominos 1:00pm Pickleball @ Rec Center* 1:15pm Yoga	8:00am Breakfast 8:45am Circuit Exercise 9:00am Welcome Wagon 9:30am Indoor Walking Group @ Rec Center 9:30am Coffee Hour 9:45am Chair Exercise 11:00am Mind Games 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Digital Wellness	8:00am Breakfast 8:30am Blood Pressure 9:00am Walking Group 9:30am Coffee Hour 9:30am Duplicate Bridge 12:00pm Lunch* 12:45pm Board Games 12:45pm Pinochle 12:45pm Yahtzee 1:00pm Pickleball @ Rec Center* 1:00pm Social Stitchers 1:15pm Yoga	8:00am Cont'l Breakfast 8:45am Line Dancing Exercise 9:30am Coffee Hour 9:45am Chair Exercise 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Close  *pre-registration required
<b>2</b> 10:00am Movie: Groundhog Day	<b>3</b> 9:30am Caregiver Support Group 1:00pm Mahjong Lessons	<b>4</b> 9:30am Kinetic Stretch 10:00am Blood Pressure 1:15pm Watercolor Art 1:00pm Bingo	<b>5</b> 10:00am Diabetes Class* 2:15pm Grief Support	<b>6</b>
<b>9</b> 10:00am State Rep. Friel Mobile Office 10:00am Sports Desk 11:00am Yes Hearing Presentation 1:00pm Black History Trivia	<b>10</b> No Breakfast 10:00am Late Opening 10:00am SeniorLAW* 10:30am Acrylic Art on Canvas 1:00pm Mahjong Lessons 3:00pm Game Night*	<b>11</b> 10:00am Blood Pressure 12:00pm Birthday Lunch 1:00pm Birthday Entertainment: TRACC Singers	<b>12</b> 10:00am Diabetes Class*	<b>13</b> 10:30am Valentine's Bingo
<b>16</b>  <b>Center Closed</b>	<b>17</b> 10:00am Spa Day 12:00pm State Sen. Muth Mobile Office 1:00pm Mahjong Lessons	<b>18</b> 9:30am Kinetic Stretch 1:00pm Options in Senior Living 1:15pm Watercolor Art 2:15pm Grief Support	<b>19</b> 10:00am Diabetes Class* 5:00pm Third Thursday: Dinner & Dance	<b>20</b> 10:30am Mind Matters: Enhancing Senior Safety
<b>23</b> 1:00pm Mind Matters: Package Scams & Porch Pirates 2:00pm Book Club	<b>24</b> 10:00am Movie: An Affair to Remember 1:00pm Mahjong Lessons	<b>25</b>	<b>26</b> 10:00am Art Ease	<b>27</b> 10:30am Mind Matters: Utility Scams 3:00pm Scrapbook Setup
				<b>28 Saturday</b> 8:00am Scrapbooking Event

Activities subject to change. Please check website for updates. Participation in any program is at your own risk in accordance with the Liability Waiver on the back page of the Participants Form.

Programs at the Senior Center—Please see calendar for exact days and times

Monthly	Weekly
<p align="center"><b>Computer Classes</b></p> <p>Mondays at 11am &amp; Wednesdays at 1pm</p>	<p align="center"><b>Silver Sneakers Circuit—Intermediate</b>  <b>\$3 / free for Silver Sneakers &amp; Renew Active</b>  <b>Monday &amp; Wednesday 8:45am</b></p>
<p align="center"><b>Art Class— Watercolor</b></p> <p>See schedule for dates \$5 fee</p>	<p align="center"><b>Silver Sneakers Classic –Chair Based</b>  <b>\$3/ free for Silver Sneakers &amp; Renew Active</b>  <b>Monday, Wednesday &amp; Friday 9:45am</b></p>
<p align="center"><b>Art on Canvas</b></p> <p>See schedule for date                      Fee: \$10/ \$9 VIP Supporter</p>	<p align="center"><b>Silver Sneakers Line Dancing</b>  <b>\$3/ free for Silver Sneakers &amp; Renew Active</b>  <b>Friday at 8:45am</b></p>
<p align="center"><b>Blood Pressure</b></p> <p>2nd and 4th Wednesday 10am to 11am                      Every Thursday 8:30am to 10:30am</p>	<p align="center"><b>Tai Chi</b>  <b>\$3 fee/ free for Silver Sneakers, Renew Active</b>  <b>Mondays at 1pm</b></p>
<p align="center"><b>Cash BINGO</b></p> <p>\$5 to play 5 games</p>	<p align="center"><b>Silver Sneakers Yoga</b>  <b>\$3 free for Silver Sneakers &amp; Renew Active</b>  <b>Tuesday and Thursday 1:15pm</b></p>
<p align="center"><b>Monday Morning Sports Desk</b></p> <p>Second Monday of each month                      at 10am</p>	<p align="center"><b>Walking with the Center</b></p> <p><b>Tuesday 9am at Black Rock Sanctuary</b>                      953 Black Rock Road, PA-113</p> <p><b>Thursdays 9:00am at Charlestown Park</b>                      100 Academic Way, Phoenixville</p> <p><b>Wednesdays 9:30am indoor @Rec Center</b></p>
<p align="center"><b>Rep Friel’s Mobile Office Hours</b></p> <p>Second Monday of each month                      10am to 12pm</p>	<p align="center"><b>Pickleball @ Rec Center \$3</b></p> <p>Monday through Fri 1pm to 3pm                      Must pre-register for this program on Copilot</p>
<p align="center"><b>Senior Law Center</b></p> <p>Legal services intake clinic.                      Second Tuesday                      By appointment only.</p>	<p align="center"><b>Yahtzee every Thursday at 12:45pm</b></p>
<p align="center"><b>Senator Muth Mobile Office Hours</b></p> <p>Third Tuesday of each month                      12 to 2pm</p>	<p align="center"><b>Mah Jong every Tuesday at 10am</b></p>
<p align="center"><b>Stretch with Kinetic PT</b></p> <p>1st and 3rd Wednesday at 9:30am on</p>	<p align="center"><b>Train Dominos Tuesdays at 12:45pm</b></p>
	<p align="center"><b>Pinochle Tuesday &amp; Thursdays at 12:45pm</b></p>
	<p align="center"><b>Social Stitchers every Thursday at 1pm</b></p>



FOR YOUR INFORMATION

# Phoenixville Senior Center Hours

Monday through Thursday 8am to 3pm

Friday 8am to 1pm

## Support Vibrant Aging at the Phoenixville Area Senior Center

The Phoenixville Area Senior Center empowers older adults to live active, fulfilling lives through fitness, education, and community connection. As a nonprofit, we rely on your generosity to keep these vital programs going. Your donation helps us expand services, reach more seniors, and build a brighter future for all.

**Join us in making a difference—your support matters.**

<https://givebutter.com/PASCgiving>  
or  
you can scan the QR code.



Find us on Social Media!



Phxsrctr153



Phoenixville Area Senior Center

Interested in a tour of the Senior Center?



Know someone who would benefit from our programs? Please join us for our Welcome Wagon every Wednesday from 9am to 10am.

We are not able to conduct tours of the Center during lunch service any day from 11:30 am to 12:45pm.

Senior Law Center is by **appointment only** on the 2nd Tuesday of every month.  
To make an appt please call 610-935-1515 ext 29

### Reminder!

**Parking at the Senior Center during business hours is for participants attending programs during the day.** Please do not park at the Center if you are going downtown during business hours. You may be ticketed and towed

### Important Lunch Reminders

Pre-registration for lunch is **Friday by 1PM prior** to the week you would like to attend lunch on Copilot.

**We cannot guarantee a meal without a prior registration.**

### Lunch Fees

**If you are 60 + years old**

\$3 suggested donation

**Under 60 years old**

\$5.75 payable to staff

**Alternate meal**

\$3 payable to staff

# Aging Resources

In these challenging times, there is assistance available for those who need it.  
 If you need help, please reach out to **Cari at 610-935-1515 ext 24**  
 or **cforeman@phoenixvilleseniorcenter.org**

Here is a list of some of the available programs with their gross monthly income limits for a one-person household and asset/resource limits where applicable:

Program Name	Description	Income Limit (if any)
<b>PACE/PACENET</b>	Helps save money on prescription medication costs	PACE: \$1,208/PACENET: \$2,792
<b>LIS/Extra Help with Medicare Part D</b>	Helps with monthly premiums, annual deductibles, and co-payments	Income:\$1,843, assets: \$16,660
<b>Medicare Savings Program</b>	Helps pay Medicare premiums, deductibles, coinsurance, and copayments depending on level of assistance	Income:\$1,660, assets: \$9,090
<b>Medical Assistance</b>	Medicaid for those with Medicare	Income:\$1,235, assets: \$2,000
<b>LIHEAP</b>	Helps people pay their heating bills in the form of a cash grant sent directly to the utility company/fuel provider (Winter Only)	1 person—\$22,590 2 people - \$30,660
<b>SNAP</b>	Supplemental nutrition assistance	\$2,430 for seniors
<b>Property Tax/Rent Rebate</b>	Rebate for property taxes or rental costs	New income limits!
<b>Senior Food Box</b>	Supplemental canned and dry goods	\$2,430

Able-bodied volunteers are needed to help with our Third Thursdays and Special Events set ups and breakdowns.

Duties includes lifting and carrying tables and chairs, serving meals and clean up after any event in the Center.

Call Christine at 610-935-1515 ext 29 if interested or know someone who is.



**Want to help raise money for the  
Senior Center with Raise Right  
formally Scrip ?**



**RaiseRight™**

You can help by ordering gift cards through the Senior Center from over 750 brands with the Raise Right program. The rebate on the gift cards go to the funding of the Center's initiatives.

For a current list of participating retailers and offers go to  
[www.raiseright.com](http://www.raiseright.com)

Order forms can be picked up at the Senior Center. Forms and payments are due no later than close of business on February 18th.

You will be notified when the cards arrive.

**Please call Carmela at 610-935-1515 ext 25 with any questions.**

**Tax Season is Here!**

We have a limited number of AARP tax appointments available, and scheduling will begin soon. We will be offering traditional in-person appointments, and some drop off appointments.

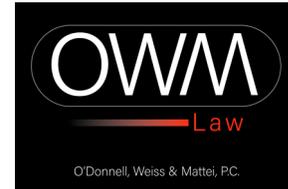
Senior Center participants may call to schedule appointments starting in January.

To schedule, please leave a clear message at **610-935-1515 ext 26** with your name, the name of anyone filing with you, your phone number, and the reason for your call. Your call will be returned in the order your message is received. Please be patient as call volume is high.



The LIHEAP 2025-2026 season is now open! LIHEAP helps people pay their heating bills in the form of a cash grant sent directly to the utility company/fuel provider to be credited to your bill. These grants range from \$300 to \$1,000 based on household size, income, and fuel type. For the application, or help applying, please contact Cari at 610-935-1515 ext. 24 or at [cforeman@phoenixvilleseniorcenter.org](mailto:cforeman@phoenixvilleseniorcenter.org)

# Phoenixville Area Senior Center Annual Sponsors



Phoenixville Area Senior Center  
153 Church Street  
Phoenixville, PA 19460  
610-935-1515  
[www.phoenixvilleseniorcenter.org](http://www.phoenixvilleseniorcenter.org)  
Electronic Service Requested

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Permit No.609

## **Newsletter sponsored by AVT—Applied Video Technology**

The Senior Center provides a meeting place for persons over 60 years of age living in the following areas: Spring City, Phoenixville, East and West Vincent, East and West Pikeland, Charlestown and Schuylkill Townships and the surrounding areas.

**The Phoenixville Senior Center is supported by:**

Chester County Department of Aging Services  
Fundraising Events

Various Foundations  
The generosity of individual donors



Senior Adult Activity Center of Phoenixville Area is a 501(c)3 charitable organization, contributions to which are tax-deductible as permitted by law. The official registration and financial information of Senior Adult Activity Center of Phoenixville Area may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.