



March
2026



As the snow melts and warmer days arrive, there’s no better time to visit the Senior Center! Before long, we’ll be enjoying meals and games out on our beautiful patio under the umbrellas. It’s the perfect season to reconnect, get active, and try something new. We’re excited to share that new programs are starting and our current programs continue to grow!

Walking Groups – Now Three Days a Week!

- **Tuesdays at 9:00 AM** – Black Rock Sanctuary 953 Black Rock Road, Phoenixville
- **Wednesdays at 9:30 AM** – Indoor at Phoenixville Recreation Center 501 Franklin Ave, Phoenixville
- **Thursdays at 9:00 AM** – Charlestown Park 100 Academic Way, Phoenixville

**Center
opens late
3/10 at 10am**

Join us for fresh air, friendship, and fitness!

Mahjong is Booming!

Mahjong has become one of our fastest-growing programs, thanks in part to our **Thursday afternoon lessons at 1:00 PM**. The excitement has grown so much that we’re hosting a **Mahjong March Madness Event** for Third Thursday in March!

Interested? Be sure to check out the flyer in this newsletter on page 5 for all the details.

Amazon Wish List

New items have been added to our Amazon Wish List! Your support helps us continue offering quality programs and activities.

View the list here: <https://a.co/4BvQM5e>

Welcome Our New VIP Sponsors!

We are thrilled to welcome two new VIP sponsors to our growing list of local businesses that support the Center:

- **Maddie's Castle** 178 Bridge Street, Phoenixville Offers **10% off items (excluding pet food)**
- **Our Deli Cafe** 498 Nutt Road, Phoenixville Offers **10% off your bill**

You can find the full list of VIP sponsors on our website:

<https://phoenixvilleseniorcenter.org/VIPvendors/>

Renewal of VIP cards will begin in **June 2026**. Look for more information in the May newsletter!

We can’t wait to see you at the
Center this spring!

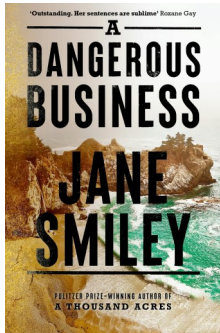


Book Club Monday

March 30th at 2pm

"A Dangerous Business"

by Jane Smiley



A mystery set in 1850s Gold Rush California, as two young prostitutes—best friends Eliza and Jean—follow a trail of missing girls.

Please see Christine for a copy of the book. Supplies are limited. If you are unable to attend Book Club, please return your copy to the Phoenixville Library before the day of class.

Art Classes at the Center

Watercolor Art Class

Weds 3/4 & 3/18 at 1:15pm

Acrylic Art on Canvas

Tues 3/10 at 10:30am



SPORTS DESK

SECOND MONDAY EACH MONTH
AT 10AM!

March 9th



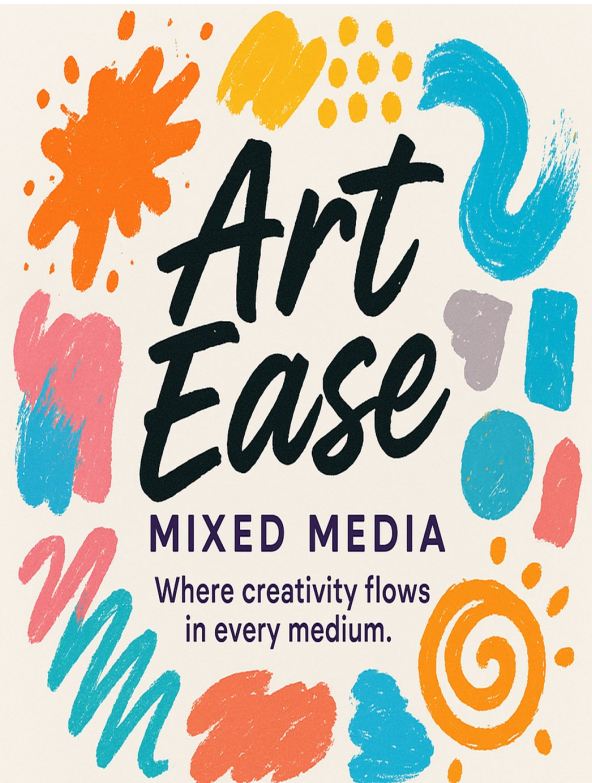
Movie Day

March 24th 10 am



The Ballad of Wallis Island

The Ballad of Wallis Island follows an eccentric lottery winner who invites his favorite estranged folk duo to perform a private show on his remote island, rekindling old tensions and unexpected connections.



Thursday, March 26th 10am Fee \$5

GAME NIGHT!

Tuesday March 10th

3pm to 5:30pm

\$10 adults/\$5 children under 12



Pizza, snacks
and drinks
offered!



Cash Bingo

\$5 to play

Friday March 13th at 10:30am

Wednesday March 25th at 1pm

Have you ever wanted to learn how to play Mahjong?

Now is your chance!! **Every Tuesday afternoon at 1pm** the Senior Center will have an instructor to teach the game.

Come be a part of our growing Mahjong group!

Mahjong is a tile-based game that was developed in the 19th century in China and has spread throughout the world since the early 20th century. Similar to the Western card game rummy, mahjong is a game of skill, strategy, and luck.



Digital Skills with Janet

Mondays at 11am and Wednesdays at 1pm

3/2 Safe Smartphone Habits

3/4 Editing Photos

3/9 Resources on Senior Planet/AARP

3/16 Passwords and Passkeys

3/18 Password Manager

3/23 Digital coupon tools

3/25 Supermarket Apps

APRIL 16TH 5PM TO 7PM

SUPPER CLUB

EL LIMON

700 NUTT RD
PHOENIXVILLE



May 21st 5 to 7pm

Elvis is back in the
building!

\$27/\$25 for VIPs



Chester County Food Bank returns to the Center with the ever popular Taste It demonstrations! Learn nutritious recipes with the produce we receive weekly from CCFB.

Monday March 16th at 1pm

Paws for people will bring a new friend for us to love in March.

Zoey the Bernadoodle and her best friend Cherie.

Stay tuned for dates!

Participants' Meeting

Thursday March 12th at 1pm

Join us for an open and engaging discussion! Bring your **questions, concerns, ideas, and positivity** as we connect and work together to make our community even stronger.

Mahjong March Madness

Phoenixville Senior Center Style

Mahjong Event

Thursday March 19th

4pm to 7pm

\$25 to play and eat

\$30 after 3/16. Reserve before 3/18.

Cash prizes/Door prizes

Dinner at 4pm, play starts at 5pm

Beginner friendly, no player eliminations.

Free Parking

Please bring your 2025 mahjong card to play.

<https://givebutter.com/PASC3rdThurs>

Phoenixville Senior Center

153 Church Street Phoenixville

610-935-1515



Post Oscars Movie Chat with Cari

Wednesday, March 18 • 1:00 PM

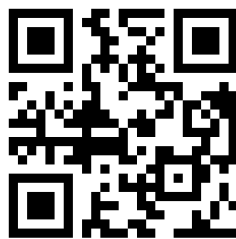
Whether you're a devoted Oscars watcher or simply love a good movie, join us for a lively post Oscars discussion! We'll chat about the films you adored, the ones you missed, and the ones that definitely deserved more love.

Hosted by our go-to movie nerd, Cari, this relaxed conversation is the perfect way to wrap up awards season and discover new films to add to your watch list.

Come for the conversation, stay for the laughs, and maybe leave with a few new movie recommendations!

New items added to our wish list weekly! You can scan this QR code with your phone or follow this link:

<https://a.co/4BvQM5e>



**BOOKMARK
FELTING
CLASS
Monday
March 2nd
at 1pm**

Come create a couple of really cute felt bookmarks to take home.

Fee \$5 Please pre-register!

March Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 B: Continental Breakfast L: Chili Mac n Cheese	3 B: Pancakes & Bacon L: Roast Pork	4 B: Ham & Eggs L: Stewed Chicken & Rice	5 B: Breakfast Hash L: Roast Beef	6 B: Continental Breakfast L: Shrimp Scampi
9 B: Continental Breakfast L: MM Chickpea Curry	10 No Breakfast Center Opens at 10am today L: Tatertot Casserole	11 B: Waffles & Sausage L: Meatloaf	12 B: Frittata L: Pork Carnitas	13 B: Continental Breakfast L: Shrimp & Grits
16 B: Continental Breakfast L: Baked Chicken	17 B: Pork Roll & Eggs L: Corned Beef	18 B: Sausage Gravy & Biscuits L: Chicken & Broccoli	19 B: Bacon & Eggs L: Pork Sandwich	20 B: Continental Breakfast L: Seafood Curry
23 B: Continental Breakfast L: Penne Bake	24 Breakfast B: Tatertot Casserole L: Taco Bowl	25 B: Scrapple & Eggs L: Chicken Bruschetta	26 B: Breakfast Sandwich L: Beef Stew	27 B: Continental Breakfast L: Fish Bake
30 B: Continental Breakfast L: Pork Chops	31 B: Sausage & Eggs L: Enchilada Bake			

Breakfast begins at 8am

Lunch begins at 12pm

Breakfast and Lunch Suggested Donation: \$3*

If you would like an alternate lunch, you may purchase the alt meal of the day for \$3

All lunch and soup reservations are **required** by Friday by 1pm of the prior week.

We cannot guarantee your lunch without prior registration.

Please let us know if you have allergies.

March Activities

Monday	Tuesday	Wednesday	Thursday	Friday
----- Weekly Events -----				
8:00am Cont'l Breakfast 8:45am Circuit Exercise 9:30am Coffee Hour 9:45am Chair Exercise 10:30am Produce Pickup 11:00am Digital Wellness 11:00am Spanish Class 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Tai Chi Class	8:00am Breakfast 9:00am Walking Group 9:30am Coffee Hour 10:00am Mahjong 12:00pm Lunch* 12:45pm Pinochle 12:45pm Train Dominos 1:00pm Pickleball @ Rec Center* 1:15pm Yoga	8:00am Breakfast 8:45am Circuit Exercise 9:00am Welcome Wagon 9:30am Indoor Walking Group @ Rec Center 9:30am Coffee Hour 9:45am Chair Exercise 11:00am Mind Games 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Digital Wellness	8:00am Breakfast 8:30am Blood Pressure 9:00am Walking Group 9:30am Coffee Hour 9:30am Duplicate Bridge 12:00pm Lunch* 12:45pm Board Games 12:45pm Pinochle 12:45pm Yahtzee 1:00pm Pickleball @ Rec Center* 1:00pm Social Stitches 1:15pm Yoga	8:00am Cont'l Breakfast 8:45am Line Dancing Exercise 9:30am Coffee Hour 9:45am Chair Exercise 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Close *pre-registration required
2 1:00pm Felting Craft	3 9:30am Caregiver Support Group 10:30am Montco Dental	4 9:30am Kinetic Stretch 10:00am Blood Pressure 1:15pm Watercolor Art	5	6
9 10:00am State Rep. Friel Mobile Office 10:00am Sports Desk	10 No Breakfast 10:00am Late Opening 10:00am SeniorLAW* 10:30am Art on Canvas 3:00pm Game Night*	11 10:00am Blood Pressure 12:00pm Birthday Lunch 1:00pm Birthday Entertainment - TRAAC Singers	12 1:00pm Participants' Meeting	13 10:30am Bingo
16 1:00pm Taste It Demo w/ CCFB	17 12:00pm State Sen. Muth Mobile Office	18 9:30am Kinetic Stretch 1:00pm Caregiver Support Group 1:00pm Movie Chat w/ Cari 1:15pm Watercolor Art 2:15pm Grief Support	19 1:00pm Montco Dental 5:00pm Third Thursday: Mahjong Madness	20
23	24 10:00am Movie: The Ballad of Wallis Island	25 10:00am Blood Pressure 1:00pm Bingo	26 10:00am Art Ease	27
30 2:00pm Book Club	31			

Activities subject to change. Please check website for updates. Participation in any program is at your own risk in accordance with the Liability Waiver on the back page of the Participants Form.

Programs at the Senior Center—Please see calendar for exact days and times

Monthly	Weekly
<p align="center">Computer Classes</p> <p>Mondays at 11am & Wednesdays at 1pm</p>	<p align="center">Silver Sneakers Circuit—Intermediate \$3 / free for Silver Sneakers & Renew Active Monday & Wednesday 8:45am</p>
<p align="center">Art Class— Watercolor</p> <p>See schedule for dates \$5 fee</p>	<p align="center">Silver Sneakers Classic –Chair Based \$3/ free for Silver Sneakers & Renew Active Monday, Wednesday & Friday 9:45am</p>
<p align="center">Art on Canvas</p> <p>See schedule for date Fee: \$10/ \$9 VIP Supporter</p>	<p align="center">Silver Sneakers Line Dancing \$3/ free for Silver Sneakers & Renew Active Friday at 8:45am</p>
<p align="center">Blood Pressure</p> <p>2nd and 4th Wednesday 10am to 11am Every Thursday 8:30am to 10:30am</p>	<p align="center">Tai Chi \$3 fee/ free for Silver Sneakers, Renew Active Mondays at 1pm</p>
<p align="center">Cash BINGO</p> <p>\$5 to play 5 games</p>	<p align="center">Silver Sneakers Yoga \$3 free for Silver Sneakers & Renew Active Tuesday and Thursday 1:15pm</p>
<p align="center">Monday Morning Sports Desk</p> <p>Second Monday of each month at 10am</p>	<p align="center">Walking with the Center</p> <p>Tuesday 9am at Black Rock Sanctuary 953 Black Rock Road, PA-113</p> <p>Thursdays 9:00am at Charlestown Park 100 Academic Way, Phoenixville</p> <p>Wednesdays 9:30am indoor @Rec Center</p>
<p align="center">Rep Friel’s Mobile Office Hours</p> <p>Second Monday of each month 10am to 12pm</p>	<p align="center">Pickleball @ Rec Center \$3</p> <p>Monday through Fri 1pm to 3pm Must pre-register for this program on Copilot</p>
<p align="center">Senior Law Center</p> <p>Legal services intake clinic. Second Tuesday By appointment only.</p>	<p align="center">Yahtzee every Thursday at 12:45pm</p>
<p align="center">Senator Muth Mobile Office Hours</p> <p>Third Tuesday of each month 12 to 2pm</p>	<p align="center">Mah Jong every Tuesday at 10am</p>
<p align="center">Stretch with Kinetic PT</p> <p>1st and 3rd Wednesday at 9:30am on</p>	<p align="center">Train Dominos Tuesdays at 12:45pm</p>
	<p align="center">Pinochle Tuesday & Thursdays at 12:45pm</p>
	<p align="center">Social Stitchers every Thursday at 1pm</p>

Birthdays Social Lunch

Wednesday March 11th

Lunch at 12pm Entertainment at 1pm



The TRAAC Singers join us once again for the Birthday Social with a selection of Irish/Celtic tunes. 1pm start.

IRENE AHRENDT

ELIZABETH BECKER

MARY BURKHART

NATALIE CALI

RICHARD CAMUSO

KRISTEN CANALE

DAVID CERRULLO

MARY CHATBURN

LORI CLARKE

DAVE EHLINGER

TERRI ENRIGHT

PAUL FIELDING

DOROTHY GAUL

BONNIE GEORGVICH

LISA GRACCHI

PATRICIA HECKMAN

PAM HOWELL

LAURA HUGHES

DOLORES JANFRANSISCO

ARPI KILROY

PATRICIA KLOTZ

PAT KREINER

LINDA KUHLEN

APRIL LEASA

VERONICA LEHMAN

SANDRA LINDSTROM

MICHAEL MADGIN

LILLIAN MATTHEWS

LINDA MCBRIDE

PAT MCGRANAHAN

MIMI MCORMAND

JANICE NEWCOMER

CAROLYN NIPPERT

CAROLYNNE PARK

ANGELA PILEGGI

GERI QUARRACINO

PETER ROBIN

SHARON ROTH

SEAN SAUNDERS

VERNA SAUNDERS

PAMELA SHERRY

DOROTHY SWARTCHICK

VERONICA SZUCS

PEGGY TWEED

MARY VENDETTI

BONNIE WALLACE

ELAINE WENTZEL

MARY WILLIS

WAYNE WISE

LAURENE WISLER

JERZY ZUKOWSKI

Healthy Living into 2026 with the Senior Center

We are pleased to welcome the **MCCC Dental Students** back to the Senior Center for their annual visit.

This partnership provides students with hands-on learning about the senior community and the oral health challenges that can arise with aging. Participants will receive helpful information, practical dental care tips, and complimentary goodies.

We look forward to another educational and enjoyable visit!

Tuesday March 3rd at 10:30 and Thursday March 19th at 1pm



Montgomery County
Community College

Indoor Walking at the Rec Center– 501 Franklin Ave Phoenixville!

Program is every Wednesday morning from 9:30am to 10:30am.

Bi-monthly Caregivers' Support Group with Daemion Counseling Center *Caregiving is hard, and you don't have to do it alone.*

This support group is for active caregivers only, and registration is strongly encouraged. In order to preserve both confidentiality and a non-judgmental, supportive environment, we will request that only caregivers participate in these groups.

The hour will be facilitated by licensed therapists from Daemion Counseling Center.

Tuesday 3/3 at 9:30am and Wednesday 3/18 at 1pm.



Pickleball at the Rec Center!

On the **Team Reach** app

Phoenixville Senior Center@ Rec Center.

New players, please register with the Senior Center to play. Interested in playing earlier @Rec Center? \$3 to play during the earlier times for Senior Center participants.

Contact Christine for a discount card to show when you sign in at the Rec Center.

Grief Support Group at 2:15pm

Only Wednesday 3/18.



Facilitated by
Linsey Cheshire

Kinetic Stretch at 9:30am on



3/4 and 3/18

**Want to help raise money for the
Senior Center with Raise Right
formally Scrip ?**



RaiseRight™

You can help by ordering gift cards through the Senior Center from over 750 brands with the Raise Right program. The rebate on the gift cards go to the funding of the Center's initiatives.

For a current list of participating retailers and offers go to
www.raiseright.com

Order forms can be picked up at the Senior Center. Forms and payments are due no later than close of business on March 18th.

You will be notified when the cards arrive.

Please call Carmela at 610-935-1515 ext 25 with any questions.

Tax Season is Here!

We have a limited number of AARP tax appointments available, and scheduling will begin soon. We will be offering traditional in-person appointments, and some drop off appointments.

Senior Center participants may call to schedule appointments starting in January.

To schedule, please leave a clear message at **610-935-1515 ext 26** with your name, the name of anyone filing with you, your phone number, and the reason for your call. Your call will be returned in the order your message is received. Please be patient as call volume is high. It may take at least a week for a phone call.



The LIHEAP 2025-2026 season is now open! LIHEAP helps people pay their heating bills in the form of a cash grant sent directly to the utility company/fuel provider to be credited to your bill. These grants range from \$300 to \$1,000 based on household size, income, and fuel type. For the application, or help applying, please contact Cari at 610-935-1515 ext. 24 or at cforeman@phoenixvilleseniorcenter.org

Aging Resources

In these challenging times, there is assistance available for those who need it.
 If you need help, please reach out to **Cari at 610-935-1515 ext 24**
 or **cforeman@phoenixvilleseniorcenter.org**

Here is a list of some of the available programs with their gross monthly income limits for a one-person household and asset/resource limits where applicable:

Program Name	Description	Income Limit (if any)
PACE/PACENET	Helps save money on prescription medication costs	PACE: \$1,208/PACENET: \$2,792
LIS/Extra Help with Medicare Part D	Helps with monthly premiums, annual deductibles, and co-payments	Income:\$1,843, assets: \$16,660
Medicare Savings Program	Helps pay Medicare premiums, deductibles, coinsurance, and copayments depending on level of assistance	Income:\$1,660, assets: \$9,090
Medical Assistance	Medicaid for those with Medicare	Income:\$1,235, assets: \$2,000
LIHEAP	Helps people pay their heating bills in the form of a cash grant sent directly to the utility company/fuel provider (Winter Only)	1 person—\$22,590 2 people - \$30,660
SNAP	Supplemental nutrition assistance	\$2,430 for seniors
Property Tax/Rent Rebate	Rebate for property taxes or rental costs	New income limits!
Senior Food Box	Supplemental canned and dry goods	\$2,430

Able-bodied volunteers are needed to help with our Third Thursdays and Special Events set ups and breakdowns.

Duties includes lifting and carrying tables and chairs, serving meals and clean up after any event in the Center.

Call Christine at 610-935-1515 ext 29 if interested or know someone who is.





FOR YOUR INFORMATION

Phoenixville Senior Center Hours

Monday through Thursday 8am to 3pm

Friday 8am to 1pm

Support Vibrant Aging at the Phoenixville Area Senior Center

The Phoenixville Area Senior Center empowers older adults to live active, fulfilling lives through fitness, education, and community connection. As a nonprofit, we rely on your generosity to keep these vital programs going. Your donation helps us expand services, reach more seniors, and build a brighter future for all.

Join us in making a difference—your support matters.

<https://givebutter.com/PASCgiving>
or
you can scan the QR code.



Find us on Social Media!



Phxsrctr153



Phoenixville Area Senior Center

Interested in a tour of the Senior Center?



Know someone who would benefit from our programs? Please join us for our Welcome Wagon every Wednesday from 9am to 10am.

We are not able to conduct tours of the Center during lunch service any day from 11:30 am to 12:45pm.

Senior Law Center is by **appointment only** on the 2nd Tuesday of every month.
To make an appt please call 610-935-1515 ext 29

Reminder!

Parking at the Senior Center during business hours is for participants attending programs during the day. Please do not park at the Center if you are going downtown during business hours. You may be ticketed and towed

Important Lunch Reminders

Pre-registration for lunch is **Friday by 1PM prior** to the week you would like to attend lunch on Copilot.

We cannot guarantee a meal without a prior registration.

Lunch Fees

If you are 60 + years old

\$3 suggested donation

Under 60 years old

\$5.75 payable to staff

Alternate meal

\$3 payable to staff

Phoenixville Area Senior Center Annual Sponsors



Phoenixville Area Senior Center
153 Church Street
Phoenixville, PA 19460
610-935-1515
www.phoenixvilleseniorcenter.org
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Newsletter sponsored by AVT—Applied Video Technology

The Senior Center provides a meeting place for persons over 60 years of age living in the following areas: Spring City, Phoenixville, East and West Vincent, East and West Pikeland, Charlestown and Schuylkill Townships and the surrounding areas.

The Phoenixville Senior Center is supported by:

Chester County Department of Aging Services
Fundraising Events

Various Foundations
The generosity of individual donors



Senior Adult Activity Center of Phoenixville Area is a 501(c)3 charitable organization, contributions to which are tax-deductible as permitted by law. The official registration and financial information of Senior Adult Activity Center of Phoenixville Area may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.