April Activities

Monday	Tuesday	Wednesday	Thursday	Friday
---------- Weekly Events ----------				
8:00am Cont'l Breakfast 8:45am Circuit Exercise 9:30am Coffee Hour 9:45am Chair Exercise 10:30am Produce Pickup 11:00am Digital Wellness 11:00am Spanish Class 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Tai Chi Class	8:00am Breakfast 9:00am Walking Group 9:30am Coffee Hour 10:00am Mahjong 12:00pm Lunch* 12:45pm Pinochle 12:45pm Train Dominos 1:00pm Pickleball @ Rec Center* 1:15pm Yoga	8:00am Breakfast 8:45am Circuit Exercise 9:00am Welcome Wagon 9:30am Indoor Walking Group @ Rec Center 9:30am Coffee Hour 9:45am Chair Exercise 11:00am Mind Games 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Digital Wellness	8:00am Breakfast 8:30am Blood Pressure 9:00am Walking Group 9:30am Coffee Hour 9:30am Duplicate Bridge 12:00pm Lunch* 12:45pm Board Games 12:45pm Pinochle 12:45pm Yahtzee 1:00pm Pickleball @ Rec Center* 1:00pm Social Stitchers 1:15pm Yoga	8:00am Cont'l Breakfast 8:45am Line Dancing Exercise 9:30am Coffee Hour 9:45am Chair Exercise 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Close *pre-registration required
		1 9:30am Kinetic Stretch 1:15pm Watercolor Art	2 2:15pm Grief Support	3 Center Closed
6	7 9:30am Caregiver Support Group 10:30am Art on Canvas	8 10:00am Blood Pressure 10:30am CCFB Taste It 12:00pm Birthday Lunch 1:00pm Bingo 2:00pm Memory Care w/ Pville Hospital	9 10:00am Bingocize*	10
13 10:00am State Rep. Friel Mobile Office (cancelled) 10:00am Sports Desk	14 No Breakfast 10:00am Late Opening 10:00am SeniorLAW* 3:00pm Game Night*	15 9:30am Kinetic Stretch 9:30am Caregiver Support Group 1:15pm Watercolor Art 2:15pm Grief Support	16 10:00am Bingocize* 5:00pm Third Thursday: Supper Club @ Bistro on Bridge	17 10:30am Bingo
20	21 12:00pm State Sen. Muth Mobile Office	22 10:00am Blood Pressure Happy Earth Day!	23 10:00am Bingocize* 10:00am Art Ease	24
27 2:00pm Book Club	28 10:00am Movie: My Mother's Wedding	29 1:00pm Bingo w/ Fieldstone @ Chester Springs 1:15pm Watercolor Art	30 10:00am Bingocize*	

Activities subject to change. Please check website for updates. Participation in any program is at your own risk in accordance with the Liability Waiver on the back page of the Participants Form.