

# June Activities

Monday	Tuesday	Wednesday	Thursday	Friday
----- Weekly Events -----				
8:00am Cont'l Breakfast 8:45am Circuit Exercise 9:30am Coffee Hour 9:45am Chair Exercise 10:30am Produce Pickup 11:00am Digital Wellness 11:00am Spanish Class 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Tai Chi Class	8:00am Breakfast 9:00am Walking Group 9:30am Coffee Hour 10:00am Mahjong 12:00pm Lunch* 12:45pm Pinochle 12:45pm Train Dominos 1:00pm Pickleball @ Rec Center* 1:00pm Mahjong Lessons 1:15pm Yoga	8:00am Breakfast 8:45am Circuit Exercise 9:00am Welcome Wagon 9:30am Indoor Walking Group @ Rec Center 9:30am Coffee Hour 9:45am Chair Exercise 11:00am Mind Games 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Digital Wellness	8:00am Breakfast 8:30am Blood Pressure 9:00am Walking Group 9:30am Coffee Hour 9:30am Duplicate Bridge 12:00pm Lunch* 12:45pm Board Games 12:45pm Pinochle 12:45pm Yahtzee 1:00pm Pickleball @ Rec Center* 1:00pm Social Stitchers 1:15pm Yoga	8:00am Cont'l Breakfast 8:45am Line Dancing Exercise 9:30am Coffee Hour 9:45am Chair Exercise 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Mahjong @ Rec Center* 1:00pm Close  *pre-registration required
<b>1</b>	<b>2</b> 9:30am Caregiver Support 10:00am Matter of Balance*	<b>3</b> 12:45pm The Notables 1:15pm Watercolor Art	<b>4</b> 10:00am Matter of Balance* 2:15pm Grief Support	<b>5</b>
<b>8</b> 10:00am State Rep. Friel's Mobile Office 10:00am Sports Desk 1:00pm CCFB Taste It	<b>9</b> No Breakfast 10:00am Late Opening 10:00am SeniorLAW* 10:00am Matter of Balance* 10:30am Art on Canvas 4:00pm Game Night*	<b>10</b> 10:00am Blood Pressure 12:00pm Birthday Lunch 1:00pm Bingo	<b>11</b> 10:00am Matter of Balance*	<b>12</b> 10:45am Mind Matters: America 250 PA
<b>15</b> No Spanish Class	<b>16</b> 10:00am Matter of Balance* 12:00pm State Sen. Muth's Mobile Office	<b>17</b> 9:30am Caregiver Support 1:15pm Watercolor Art 2:15pm Grief Support	<b>18</b> 10:00am Matter of Balance* 4:00pm Third Thursday: Summer Mahjong	<b>19</b> 10:30am Honoring Juneteenth
<b>22</b> 1:00pm Mind Matters: Army History - 250 Years of Service	<b>23</b> 10:00am Matter of Balance*	<b>24</b> 1:00pm Movie: Remarkably Bright Creatures (2026)	<b>25</b> 10:00am Ease into Art 10:00am Matter of Balance*	<b>26</b> 10:30am Bingo
<b>29</b> 2:00pm Book Club	<b>30</b>	<b>July 1</b> 3:00pm BBQ Drive Thru	<b>July 2</b> 10:30am Mind Matters: Betsy Ross 1:00pm Center Closes	<b>July 3</b>  <b>Center Closed</b>

Activities subject to change. Please check website for updates. Participation in any program is at your own risk in accordance with the Liability Waiver on the back page of the Participants Form.