

August 2026



With the hot days of summer upon us and air conditioning in high demand, what better place to spend your time than with BVAA? With three campuses to choose from, there is always something happening, and remember, you are welcome to participate in activities at any of our locations.

Here are just a few of the upcoming events at our Phoenixville Campus:

- **Round Up at the Register** throughout the month of August at Kimberton Whole Foods in Kimberton.
- **KI Dispensing Event** on **Thursday, August 13**, at Phoenixville Middle School from **12:00 p.m. to 6:00 p.m.**
- **BVAA Phoenixville Campus Night at the Reading Phillies** on **Sunday, August 30**. Details inside.

We would also like to thank our former Board members for their many years of dedication and service to the Phoenixville Senior Center. In addition, we are grateful to **Marianne Peffall, Dodi Strunk, Buffy MacLelland, and Joel Payton** for joining the BVAA Board and continuing to advocate for the Phoenixville community.

Finally, I am pleased to share some personal news. I have had the privilege of being promoted to **Director of Programming and Wellness** for all BVAA campuses. In this new role, I will oversee programming at all three locations alongside our outstanding activities team. The good news, at least for many of you, is that I will continue to be based in Phoenixville!

I look forward to seeing you at upcoming programs and events and wish everyone a safe, healthy, and enjoyable end of summer.

Christine McManus

Center opens at 10am - August 11th

August Third Thursday

Supper Club at

August 20th @ 5pm



Please RSVP at christine@bvactiveaging.org

Sage Mediterranean 156 Bridge Street Phoenixville

Join us every Third Thursday of each month to see what all the fun is about. We have delicious food, rocking music, games and even murder!!!



September 17th 4 to 6pm
Health Fair

November 19th - 4pm

Winter Mahjong Madness

December 17th - 4pm

Murder on the Polar Express



Art Classes at the Center

Watercolor Art Class

Weds at 1:15pm 8/5 & 8/19

Acrylic Art on Canvas Class

Tues at 10:30am 8/11



August 10th
10am

Digital Skills with Janet



Mondays at 11am and
Wednesdays at 1pm

Aug 3 - Protecting Medical Info Online

Aug 5 - Finding Money Saving Programs Online

Aug 10 - Mobile Health Apps

Aug 17 - Intro to Booking Vacations Online

Aug 19 - Tips for Being News Savvy Online

Aug 24 - Frauds and Scams

Aug 26 - no class

Aug 31 - Mindfulness Apps

Kimberton Whole Foods is Rounding up at the Register for BVAA Phoenixville Campus for the month of August.

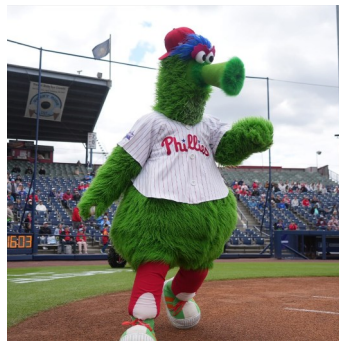


Shop at the Kimberton store and you will have the option to round up to the nearest dollar when you check out and the difference will be donated to Phoenixville Campus.

Your donations from Rounding Up at the Register will go a long way towards helping out our nutrition programs.

**BVAA Phoenixville Campus
night at the Reading Phillies
with the Phillie Phanatic!**

**Sunday August 30th
Game starts at 5:15pm**



We will have 2 free tickets available for our guests on a first come basis. Please pre-register in Copilot before 8/25.

There is no transportation available to this game.



**AmeriCorps
Seniors**

**Come learn about the
Foster Grandparents Mentoring
Program in Phoenixville Schools**

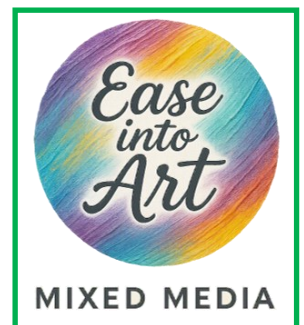
Monday August 31st @ 1pm

If you're interested in mentoring and tutoring children, look no further. Serve as an AmeriCorps Volunteer in our Foster Grandparent program and strive towards healthy futures and success.

Ease into Art Class

**Thursday August 27th
@ 10 am**

**Fee \$5 Please check
out the project at the Center.**





Movie Day -The Sheep Detectives (2026)

Tuesday August 25th 10am

The Sheep Detectives is a whimsical mystery-comedy where a flock of sheep, well-versed in whodunit tales read by their late shepherd, set out to solve his suspicious death.

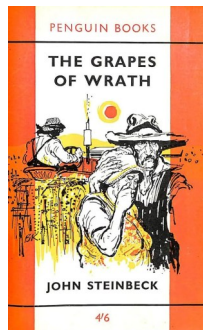
Starring Hugh Jackman, and the voices of Brian Cranston, Emma Thompson, Patrick Stewart and Regina Hall

Book Club

Monday Aug 31st at 2pm

The Grapes of Wrath

John Steinbeck



The Grapes of Wrath follows the

Joad family, tenant farmers

forced off their Oklahoma land due to drought, economic hardship, and bank foreclosures

Please see Christine for a copy of the book. Supplies are limited. If you are unable to attend Book Club, please return your copy to the Phoenixville Library before the day of class.

**mind
matters**

In honor of the dream of the Schuylkill River Passenger Rail line linking Reading, Pottstown and

Phoenixville to Philadelphia eventually becoming a reality (2030?)

Friday August 14th 10am

“The Rise and Fall of PA Railroads”

Friday August 21st 10am

“Why Railroads are Still Important”

Come learn about **LAMP: Library of Accessible Media for Pennsylvanians** on Monday August 10th at 1pm



LAMP provides large print books, audio books, and other library materials in the mail for free so that users can continue to read for life. LAMP also has a free digital audio book and magazine service called BARD available to users on their phones and tablets.



Every Tuesday

10am Mahjong

12:45pm Pinochle

12:45pm Train Dominos

Every Thursday

9:30am Duplicate Bridge

12:45pm Pinochle

12:45pm Yahtzee

Join us Tuesday August 11th

For a fun filled
night!



3pm to 6:30pm

\$10 adults/\$5 children under 12



Cash Bingo

\$5 to play

Wednesday 8/5 at 1pm

Friday 8/28 at 10:30am

Pickleball at the Rec Center
on the **Team Reach app!**

Group: Pickle 153

New players wanting to play from 1 to 3pm , please register with the BVAA—Phoenixville first to play.
Interested in playing earlier @Rec Center?
\$3 to play during the earlier times for BVAA Phoenixville participants.

Morning play at the Rec Center during the summer is suspended due to camps.

Learn to play Mahjong at
BVAA—Phoenixville

Classes will go on vacation in August
and start back on
September 1st

Come be a part of our
growing Mahjong group!



Participant's meeting

Wednesday August 26th @ 1pm

Birthday Social Lunch

Wednesday August 12th

Lunch at 12pm Entertainment at 1pm

Register for lunch on Copilot before 8/7



Violin Concert by Srihari Subramanian

Wednesday August 12th at 1pm



Adenini Adedokun
Donna Albright
Maryann Amici
Cliff Banks
Jim Baxter
Mark Bernstein
Kathleen Brennan
Kathy Brown
Mary Ann Burcin
Maria Chimchiran
Gail Church
Rena Craig
Roberta Cunliffe
Stephan DiSimone
Evelyn Dudonis
Jane Dugdale
Amy Edie
Helen Edwards
Gary Fagan
John Francone

David Frank
Janet Fritsch
Jeanmarie Garman
Marjorie Gavitt
Bronwyn Golaszewski
Francine Grabowski
Marcia Griffiths
Karen Guastavino
Lori Henry-Watson
William Jackson
Pellumb Jakupllari
Ethel Jefferis
Ken Jefferis
Judith Johnston
Shirley Jones
Dorothy Karaban
Sandra Kasky
Susan kaufmann
John Kelly
Anne Lail
Veronica Laino

Louise Lehman
John Lindh
Larry Malcolm
Joan McCracken
Joann McCracken
Barbara Metzger
Anna Noad
Margaret Nugent
Margaret Paladino
Joseph Pannella
Betty Pelen
Debbie Popp
Danielle Quarino
Frank Quarino
Sandra Raggazino
Frank Ranhofer
Tom Reese
Londa Remolde
Tammy Robinson
Kristi Rutledge
Gary Segner

Robin Sexto
Mary Beth Simon
Linda Sindico
Shamanbir Singh
Patricia Slifer
Carol Smith
Jean Smitth
Charles Snook
Ken Stalter
Barbara Thorn
Bonnie Tornetta
Lea Tyler
Linda Ulinski
Lois Wells
Chester Whisler
Gilchrist White
Anita White-Gillyard
Marjorie Wilson
Tom Wyres
Ann Zipkin

Healthy Living with BVAA Phoenixville Campus



Phoenixville Hospital
TOWER HEALTH
Advancing Health. Transforming Lives.

Phoenixville Hospital returns
with their Healthy Seniors

Wednesday August 12th at 2pm
program entitled

“Health Literacy”

(What the heck is my doctor saying)

Please register on Copilot by 8/10

Medicare GUIDE program

Monday August 3rd at 1pm

The **GUIDE (Guiding an Improved Dementia Experience)** is a voluntary Medicare program designed to improve care for people living with dementia and support their caregivers. Learn about the program overview, eligibility criteria, and benefits

Hosted by **Qualicare Home Care**

Indoor Walking Group

Wednesdays at 9:30am Rec Center
501 Franklin Ave, Phoenixville

Outdoor Walking Groups

Tuesday at 9am Black Rock Sanctuary

953 Black Rock Road, Phoenixville

Thursdays at 9am Charlestown Park

100 Academic Way, Phoenixville

Caregivers' Support Group with Daemion Counseling

*Caregiving is hard,
and you don't have
to do it alone.*

*This support group is
for active caregivers only.*



Tuesday August 4th at 9:30am

Wednesday August 19th at 9:30am

Grief Support Group at 2:15pm

Thu August 6th

Wed August 19th



THURSDAY, AUGUST 13, 2026

12:00 PM - 6:00 PM

PHOENIXVILLE MIDDLE SCHOOL

PRE-REGISTRATION RECOMMENDED

Programs at BVAA Phoenixville —Please see calendar for exact days and times

Monthly	Weekly
Computer Classes Mondays at 11am & Wednesdays at 1pm	Silver Sneakers Circuit—Intermediate \$3 / free for Silver Sneakers & Renew Active Monday & Wednesday 8:45am
Art Class— Watercolor See schedule for dates \$5 fee	Silver Sneakers Classic –Chair Based \$3/ free for Silver Sneakers & Renew Active Monday, Wednesday & Friday 9:45am
Art on Canvas See schedule for date Fee: \$10/ \$9 VIP Supporter	Silver Sneakers Line Dancing \$3/ free for Silver Sneakers & Renew Active Friday at 8:45am
Blood Pressure 2nd and 4th Wednesday 10am to 11am Every Thursday 8:30am to 10:30am	Tai Chi \$3 fee/ free for Silver Sneakers, Renew Active Mondays at 1pm
Cash BINGO \$5 to play 5 games	Silver Sneakers Yoga \$3 free for Silver Sneakers & Renew Active Tuesday and Thursday 1:15pm
Monday Morning Sports Desk Second Monday of each month at 10am	Walking with the Center Tuesday 9am at Black Rock Sanctuary 953 Black Rock Road, PA-113 Thursdays 9:00am at Charlestown Park 100 Academic Way, Phoenixville Wednesdays 9:30am indoor @Rec Center
Rep Friel’s Mobile Office Hours Second Monday of each month 10am to 12pm	Pickleball @ Rec Center \$3 Monday through Fri 1pm to 3pm Must pre-register for this program on Team Reach
Senior Law Center Legal services intake clinic. Second Tuesday By appointment only.	Yahtzee every Thursday at 12:45pm
Senator Muth Mobile Office Hours Third Tuesday of each month 12 to 2pm	Mah Jong every Tuesday at 10am
	Train Dominos Tuesdays at 12:45pm
	Pinochle Tuesday & Thursdays at 12:45pm
	Social Stitchers every Thursday at 1pm

August Activities

Monday	Tuesday	Wednesday	Thursday	Friday
----- Weekly Events -----				
8:00am Cont'l Breakfast 8:45am Circuit Exercise 9:30am Coffee Hour 9:45am Chair Exercise 10:30am Produce Pickup 11:00am Digital Wellness 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Tai Chi Class	8:00am Breakfast 9:00am Walking Group 9:30am Coffee Hour 10:00am Mahjong 12:00pm Lunch* 12:45pm Pinochle 12:45pm Train Dominos 1:00pm Pickleball @ Rec Center* 1:00pm Mahjong Lessons 1:15pm Yoga	8:00am Breakfast 8:45am Circuit Exercise 9:00am Welcome Wagon 9:30am Indoor Walking Group @ Rec Center 9:30am Coffee Hour 9:45am Chair Exercise 11:00am Mind Games 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Digital Wellness	8:00am Breakfast 8:30am Blood Pressure 9:00am Walking Group 9:30am Coffee Hour 9:30am Duplicate Bridge 12:00pm Lunch* 12:45pm Board Games 12:45pm Pinochle 12:45pm Yahtzee 1:00pm Pickleball @ Rec Center* 1:00pm Social Stitchers 1:15pm Yoga	8:00am Cont'l Breakfast 8:45am Line Dancing Exercise 9:30am Coffee Hour 9:45am Chair Exercise 12:00pm Lunch* 1:00pm Pickleball @ Rec Center* 1:00pm Mahjong @ Rec Center* 1:00pm Center Closes *pre-registration required
3 1:00pm Medicare Guide Program	4 9:30am Caregiver Support	5 1:15pm Watercolor Art 1:00pm Bingo	6 2:15pm Grief Support	7 No Pickleball
10 10:00am State Rep. Friel's Mobile Office 10:00am Sports Desk 1:00pm LAMP Presentation	11 No Breakfast 10:00am Late Opening 10:00am SeniorLAW* 10:30am Art on Canvas 3:00pm Game Night*	12 10:00am Blood Pressure 12:00pm Birthday Lunch 1:00pm Mini Violin Concert 2:00pm Phoenixville Hospital Presents: Health Literacy	13	14 10:00am Mind Matters: Rise & Fall of PA Railroad
17	18 12:00pm State Sen. Muth's Mobile Office	19 9:30am Caregiver Support 1:15pm Watercolor Art 2:15pm Grief Support	20 5:00pm Third Thursday: Supper Club	21 10:00am Mind Matters: Why Railroads are Still Important
24 10:30am Violin Performance	25 10:00am Movie: The Sheep Detectives 12:00pm State Sen. Muth's Mobile Office	26 10:00am Blood Pressure 1:00pm Participants' Meeting	27 10:00am Ease into Art	28 10:30am Bingo
31 1:00pm Foster Grandparents Presentation 2:00pm Book Club	1 September 9:30am Caregiver Support	2 September 1:15pm Watercolor Art	3 September 2:15pm Grief Support 3:00pm BBQ Drive Thru	4 September

Activities subject to change. Please check website for updates. Participation in any program is at your own risk in accordance with the Liability Waiver on the back page of the Participants Form.

August Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 B: Continental Breakfast L: Sweet & Sour Chicken	4 B: Kielbasa & Eggs L: Enchilada Bake	5 B: Frittata L: Spaghetti & Meat Sauce	6 B: French Toast L: Roast Pork	7 B: Continental Breakfast L: Tuna Salad
10 B: Continental Breakfast L: Chickpea Curry	11 No Breakfast Center Opens at 10am today L: Baked Chicken	12 B: Breakfast Sandwiches L: Meatloaf	13 B: Waffles & Sausage L: Country Style Pork Ribs	14 B: Continental Breakfast L: Chicken Salad
17 B: Continental Breakfast L: Tomato Caprese Sandwich	18 B: Breakfast Hash L: Taco Salad	19 B: Pancakes & Bacon L: Fish Sticks	20 B: Biscuits & Sausage Gravy L: Chili Mac n Cheese	21 B: Continental Breakfast L: Chicken Flatbread
24 B: Continental Breakfast L: Chef Salad	25 B: Bacon & Eggs L: Chicken Fingers	26 B: Cream Chipped Beef L: Cheeseburger	27 B: Sausage & Eggs L: Chicken Cordon Bleu Sandwich	28 B: Continental Breakfast L: Shrimp & Grits
31 B: Continental Breakfast L: Kielbasa				

Breakfast begins at 8am

Lunch begins at 12pm

Breakfast and Lunch Suggested Donation: \$3*

If you would like an alternate lunch, you may purchase the alt meal of the day for \$3

All lunch and soup reservations are **required** by Friday by 1pm of the prior week.

We cannot guarantee your lunch without prior registration.

Please let us know if you have allergies.



**Drive-thru BBQ Fundraiser to
Support the Phoenixville Campus of BVAA**

Last chance to pick up your Summer holiday favorites
from the original Uncle B's BBQ.

Wednesday September 3rd Drive-thru 3pm to 5pm

Item	Pint	Quart	1/2 Hotel pan
Chicken	\$15	\$29	\$57
Pork	\$15	\$29	\$57
Mac & Cheese	\$10	\$19	\$39
Baked Beans	\$10	\$19	\$39
Alabama White Sauce	\$7		
Kansas City BBQ Sauce	\$7		

**To order by August 28th go to
<https://givebutter.com/PASCbqq>
Or scan the QR code at the top.**



BVAA Phoenixville Campus Hours

Monday through Thursday 8am to 3pm

Friday 8am to 1pm

Support Vibrant Aging at BVAA Phoenixville Campus

The Phoenixville Campus of BVAA empowers older adults to live active, fulfilling lives through fitness, education, and community connection. As a nonprofit, we rely on your generosity to keep these vital programs going. Your donation helps us expand services, reach more seniors, and build a brighter future for all.

Join us in making a difference—your support matters.

**[https://
givebutter.com/
PASCgiving](https://givebutter.com/PASCgiving)
or
you can scan the
QR code.**



Find us on Social Media!



Phxsrctr153



Phoenixville Area Senior Center

Interested in a tour
of the
Phoenixville Campus?



Know someone who would benefit from our programs? Please join us for our Welcome Wagon every Wednesday from 9am to 10am.

We are not able to conduct tours of the Center during lunch service any day from 11:30am to 12:45pm.

Senior Law Center is by **appointment only** on the 2nd Tuesday of every month.

To make an appt please call 610-935-1515 ext 29

Reminder!

Parking at the Phoenixville Campus during business hours is for participants attending programs during the day. Please do not park at the Center if you are going downtown during business hours. You may be ticketed and towed

Important Lunch Reminders

Pre-registration for lunch is **Friday by 1PM prior** to the week you would like to attend lunch on Copilot.

We cannot guarantee a meal without a prior registration.

Lunch Fees

If you are 60 + years old

\$3 suggested donation

Under 60 years old

\$5.75 payable to staff

Alternate meal

\$3 payable to staff

Aging Resources

In these challenging times, there is assistance available for those who need it.

If you need help, please reach out to **Cari at 610-935-1515 ext 24**

or **cari@bvactiveaging.org**

Here is a list of some of the available programs with their gross monthly income limits for a one-person household and asset/resource limits where applicable:

Program Name	Description	Income Limit (if any)
PACE/PACENET	Helps save money on prescription medication costs	PACE: \$1,208/PACENET: \$2,792
LIS/Extra Help with Medicare Part D	Helps with monthly premiums, annual deductibles, and co-payments	Income:\$1,843, assets: \$16,660
Medicare Savings Program	Helps pay Medicare premiums, deductibles, coinsurance, and copayments depending on level of assistance	Income:\$1,660, assets: \$9,090
Medical Assistance	Medicaid for those with Medicare	Income:\$1,235, assets: \$2,000
LIHEAP	Helps people pay their heating bills in the form of a cash grant sent directly to the utility company/fuel provider (Winter Only)	1 person—\$22,590 2 people - \$30,660
SNAP	Supplemental nutrition assistance	\$2,430 for seniors
Property Tax/Rent Rebate	Rebate for property taxes or rental costs	New income limits!
Senior Food Box	Supplemental canned and dry goods	\$2,430



New items added to our wish list!

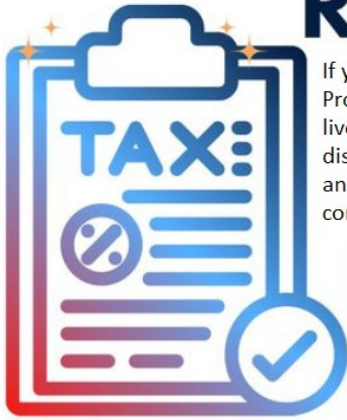
You can scan this QR code with your phone

or follow this link:

<https://a.co/4BvQM5e>



PROPERTY TAX REBATES



If you qualified for the PA State Property Tax/Rent Rebate, and live in one of the following school districts, you might be eligible for an additional rebate! Please contact Cari for information.

Owen J Roberts

Great Valley

Spring-Ford

Downingtown

New School Districts added:

Colonial

North Penn

Wissahickon

Perkiomen Valley

Norristown

Methacton

East Penn

Application deadline is December 31st, 2026 and you can always submit your application online at myPATH.pa.gov or contact Cari for assistance at 610-935-1515 ext. 24 cari@bvactiveaging.org

Benefits You Deserve: Enrollment Assistance



Medicare Part D Extra Help (LIS)

Financial assistance to help pay for prescription drug costs, premiums, and deductibles.



Medicare Savings Programs (MSP)

State-administered help for paying some or all Medicare premiums and cost-sharing.



Medicaid & SNAP

Comprehensive health insurance and monthly assistance to purchase nutritious food.

GET STARTED WITH OUR TEAM



Call
610-383-6900



Email
benefits@bvactiveaging.org



Location:
Coatesville, Downingtown,
Phoenixville

BVAA Phoenixville Campus Annual Sponsors



Brandywine Active Aging Phoenixville Campus
153 Church Street
Phoenixville, PA 19460
610-935-1515
www.bvactiveaging.org
Electronic Service Requested

NONPROFIT ORG
US POSTAGE PAID
Southeastern, PA
Permit No.609

Newsletter sponsored by AVT—Applied Video Technology

BVAA Phoenixville Campus provides a meeting place for persons over 60 years of age living in the following areas: Spring City, Phoenixville,, East and West Vincent, East and West Pikeland, Charlestown and Schuylkill Townships and the surrounding areas.

BVAA Phoenixville is supported by:

Chester County Department of Aging Services, Fundraising events, Various Foundations and the generosity of individual donors.



Brandywine Valley Active Aging Phoenixville Campus is a 501(c)3 charitable organization, contributions to which are tax deductible as permitted by law. The official registration and financial information of Brandywine Valley Active Aging may be obtained from the Pennsylvania Department of State by calling toll free 1-800-732-0999. Registration does not imply endorsement.